

## 2016 Ontario Masters Swimming Championship - 01/04/2016 to 03/04/2016

## Psych Sheet

## Event 1 Women 400 SC Meter IM

Name	Age	Team	Seed Time
1 Wall, Christina	32	Other	4:58.00
2 Togias, Anna	31	Etobicoke	5:21.50
3 Cermak, Carly	31	Barrie Trojans	5:22.05
4 Marshall, Lynn	55	CarletonUMasters	5:34.99
5 Wood, Sara	28	Middlesex	5:50.00
6 FreemN, Anna	26	Etobicoke	5:50.18
7 Armstrong, Sarah	43	Burlington	5:59.00
8 St. Jules, Andrea	26	Granite Masters	6:00.00
9 Smith, Sian	43	Burlington	6:05.00
10 Barron, Kahla	31	Burlington	6:09.00
11 Weind, Sarah	39	Granite Masters	6:10.00
12 Stever, Mary	52	Ontario Unat	6:30.00
13 Lowden, Fiona	55	Burlington	7:35.00
14 Rusu, Liliana	59	Technosport	7:45.00
15 Ruginis, Suzanne	54	Burlington	7:49.66
16 Watson, Pauline	62	UofT Mississauga	8:49.66
17 King, Caroline	52	Granite Masters	8:50.00
18 Lopes, Sonia	60	Oakville Masters	8:50.00
19 Durbin, Deborah	29	Technosport	10:00.00
20 Lee, Faith	57	Etobicoke	10:15.00
21 Lam, Thuc- Anh	53	Oakville Masters	11:10.00
22 Rogers, Patricia	64	Nat Cap Region Y	11:25.00

## Event 2 Men 400 SC Meter IM

Name	Age	Team	Seed Time
1 Kent, Dylan	25	Etobicoke	4:59.03
2 Town, Dave	55	Orillia OldPoops	5:04.00
3 Sabala, Michael	36	Other	5:10.16
4 Titoura, Alexander	36	Golden Hawks	5:12.40
5 Rutledge, Mike	46	Granite Masters	5:25.00
6 van de Water, Chris	35	Granite Masters	5:25.00
7 Hedley, Ben	41	Middlesex	5:30.00
8 Rasmussen, Greg	46	Muskoka Masters	5:30.00
9 Carlsen, Glenn	59	Kisu Masters	5:35.41
10 Rapp, Greg	43	Whitchurch-Stouf	5:39.09
11 Anzai, Tom	55	Swim Ottawa	5:48.55
12 Konior, Matt	50	Windsor Essex	5:50.00
13 Armstrong, Ron	66	Etobicoke	5:55.00
14 Aboud, Mark	60	Granite Masters	5:58.00
15 Landriault, Robert	51	CF Masters	6:00.00
16 Cescon, Jon	39	Granite Masters	6:00.00
17 Wong, Melvyn	24	Mississauga	6:00.00
18 Hewerdine, Johnny	37	Middlesex	6:00.00
19 Hache, John	56	Burlington	6:08.43
20 Stackhouse, Tony	42	Middlesex	6:10.00
21 Grootveld, John	47	Granite Masters	6:15.00
22 Bauer, Rick	37	Middlesex	6:25.20
23 O'Brien, Terry	64	Kingston BlueMar	6:30.00
24 Obal, Michael	60	TO Athletic Club	6:40.00
25 Oliver, Eric	53	Aurora M. Ducks	6:45.00

26 Freeman, Blair	52	Granite Masters	6:45.00
27 Hughsam, Brian	55	Markham Masters	6:47.00
28 van der Linden, Wouter	61	Barrie Trojans	7:00.00
29 Bennett, Jacey	41	Nepean Masters	7:00.00
30 Gentle, Cliff	70	Trillium Y	7:20.00
31 Russell, Gord	56	Middlesex	7:45.00
32 Kenny, Michael	41	Cambridge Mavs	8:00.00
33 Barber, Graeme	73	Technosport	8:35.00
34 Lane, Charlie	78	Etobicoke	9:30.00
35 Chalmers, Jamie	73	CarletonUMasters	9:52.00
36 Nomura, Yoshihiko	79	U of T Masters	10:08.65

## Event 3 Women 800 SC Meter Medley Relay

Team	Relay	Seed Time
1 Burlington	W0 A	11:20.00
1) Haneberry, Petra W41		
2) Armstrong, Sarah W43		
3) Smith, Sian W43		
4) Lleras, Carolina W46		
2 Granite Masters	W0 A	12:14.00
1) Archibald, Joanne W24		
2) Weind, Sarah W39		
3) St. Jules, Andrea W26		
4) Cescon, Kelly W39		
3 Aurora M. Ducks	W109 B	14:00.00
1) Mitchell, Janet W56		
2) Jacob, Casey W51		
3) Dibben, Alicia W42		
4) Corso, Terri W53		
4 Team Atomica	W0 A	14:05.00
1) Walker, Sandra W57		
2) Chiang, Joyce W33		
3) Rollinson, Ayesha W39		
4) Govan, Erica W38		
5 Oakville Masters	W200 A	15:45.00
1) Agnew, Jennifer W55		
2) Jackson, Kathy W52		
3) Lopes, Sonia W60		
4) MacGregor, Mairi W53		
6 Aurora M. Ducks	W109 A	16:00.00
1) Iannucci, Judy W60		
2) Leung-Hagesteijn, Chungyee W60		
3) Traxler, Delfina W56		
4) Donnelly, Elaine W63		

## Event 3A Women 800 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 Middlesex	W0 A	9:30.00
1) Hooker, Angie W38		
2) Wood, Sara W28		
3) Hendrick, Erika W27		
4) Heath, Brooke W31		
2 Team Atomica	W0 C	11:30.00
1) Skain, Cate W19		
2) Govan, Erica W38		
3) Dupuis, Lisa W40		
4) Walker, Suzanne W37		
3 Team Atomica	W0 A	12:05.00
1) Finkelstein, Susan W43		
2) Woodman, Cheryl W43		
3) McIntosh, Angela W44		
4) Chiang, Joyce W33		
4 ThornhillMasters	W120 A	12:15.00
5 Team Atomica	W0 B	13:05.00
1) Rollinson, Ayesha W39		
2) Hamilton, Marni W55		
3) Pollack, Colleen W39		
4) Dolby, Petrina W54		
6 Etobicoke	W120 A	NT

## Event 4 Men 800 SC Meter Medley Relay

Team	Relay	Seed Time
1 Kingston BlueMar	M0 A	8:50.10
1) White, Matthew M30		
2) Ingo, Steve M49		
4) Hart, Brian M52		

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## Event 4 ... (Men 800 SC Meter Medley Relay)

Team	Relay	Seed Time
2 Aurora M. Ducks	M109 A	13:50.00
1) Wilkin, Dave M64	2) Lindquist, Les M65	
3) Napast, Albert M53	4) Hardy, Jim M66	
3 Aurora M. Ducks	M109 B	14:45.00
1) Mitchell, Andy M55	2) So, Jack M43	
3) Costa, Carlos M44	4) Moultray, Jim M58	

## Event 4A Men 800 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 Granite Masters	M120 A	8:30.00
1) Woolven, Eric M20	2) Goler, Jonathan M36	
3) van de Water, Chris M35	4) Spencer, David M30	
2 Kingston BlueMar	M0 A	8:50.05
1) Ingo, Steve M49	2) Hart, Brian M52	
	4) Raleigh, Jack M56	
3 Middlesex	M0 A	9:00.00
1) Hedley, Ben M41	2) Ball, Ian M41	
3) Hewerdine, Johnny M37	4) Ebbs, Timothy M24	
4 Burlington	M0 A	9:40.00
1) Smith, Jason M39	2) Wilson, Ben M40	
3) Tolley, Mark M43	4) Kleven, Jeff M51	
5 ThornhillMasters	M120 A	10:30.00
6 Burlington	M0 B	10:33.00
1) Hache, John M56	2) Blackwood, Michael M62	
3) Phillips, Greg M48	4) Weber, Peter M57	
7 Cambridge Mavs	M0 A	10:45.00
1) Heinbuch, John M59	2) Jenkins, Joe M41	
3) Kenny, Michael M41	4) Streppel, Greg M48	
8 Team Atomica	M0 A	10:50.00
1) Maia, Virgilio M26	2) Pollanen, Michael M48	
3) Faria, Ian M33	4) Skain, John M53	
9 Middlesex	M0 B	14:00.00
1) Teasdale, Robert M52	2) MacLeod, Scott M45	
3) Mann, Mike M44	4) Russell, Gord M56	
10 Technosport	M0 A	14:30.00
1) Barber, Graeme M73	2) Jack, Robert M75	
3) Mijal, Vello M70	4) Olsen, Michael M74	
11 Etobicoke	M120 A	NT
12 Etobicoke	M120 B	NT
13 Granite Masters	M120 B	NT
1) Cescon, Jon M39	2) Woodcock, Blaine M37	
3) Guthrie, Paul M46	4) Brasseur, Jeremy M41	
14 Granite Masters	M120 C	NT
1) Aboud, Mark M60	2) Long, Bryan M31	
3) Ades, Ralph M57	4) Vujaklija, Misa M30	

## Event 5 Mixed 800 SC Meter Medley Relay

Team	Relay	Seed Time
1 Team Atomica	X0 A	10:16.00
1) Maia, Virgilio M26	2) Rollinson, Ayesha W39	
3) Silk, Darian M38	4) Spoel, Cathy W59	

2 Granite Masters	X0 A	11:42.00
1) Fleming, Karen W54	2) Vehovec, Henry M58	
3) Rutledge, Mike M46	4) Osborne, Katie W53	

## Event 5A Mixed 800 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 Middlesex	X0 A	10:00.00
1) Nichols, Heather W28	2) Stackhouse, Tony M42	
3) Esguerra, Esa W22	4) Bauer, Rick M37	
2 Team Atomica	X0 B	10:16.00
1) Maia, Virgilio M26	2) Faria, Ian M33	
3) Rollinson, Ayesha W39	4) Skain, Cate W19	
3 Burlington	X0 A	10:30.00
1) Barron, Kahla W31	2) Gallagher, Sarah W31	
3) Hache, John M56	4) Blackwood, Michael M62	
4 Team Atomica	X0 A	11:50.00
1) Silk, Darian M38	2) Skain, John M53	
3) Dupuis, Lisa W40	4) Tomasich, Lauren W34	
5 Norseman Masters	X240 A	15:00.00
1) Mackintosh, A. J. M58	2) Simone, Andrew M78	
3) Andriewsky, Olga W62	4) Walker, Brenda W51	
6 Trillium Y	X120 A	NT
7 Etobicoke	X120 A	NT
8 Etobicoke	X120 B	NT
9 Granite Masters	X120 A	NT
1) King, Caroline W52	2) Lessem, Joel M49	
3) Noble, Alison W54	4) Freeman, Blair M52	

## Event 6 Men 1500 SC Meter Freestyle

Name	Age	Team	Seed Time
1 Elf, Jessey	22	Guelph Marlins	17:30.21
2 Hayes, Bob	38	Lumsdon Swim&Tri	17:50.00
3 Coombs, Colin	26	Etobicoke	18:00.00
4 Woolven, Eric	20	Granite Masters	18:00.00
5 Pover, William	20	CF Masters	18:03.69
6 van de Water, Chris	35	Granite Masters	18:10.00
7 Sabala, Michael	36	Other	18:30.16
8 Scott, John	55	North Toronto	19:10.00
9 Lacasse-Lamontagne, Marti	43	CF Masters	19:29.00
10 Patrick, Michael	60	Clarington	19:30.00
11 Seawright, Bud	50	Etobicoke	19:30.00
12 Hodson, Peter	53	Golden Hawks	20:00.00
13 Heinbuch, John	59	Cambridge Mavs	20:11.49
14 Tereshchenko, Sergiy	40	ThornhillMasters	20:14.10
15 Ball, Ian	41	Middlesex	20:28.00
16 Parker, Michael	48	Oakville Masters	21:00.00
17 Tolley, Mark	43	Burlington	21:02.35
18 Alderdice, Mike	57	Markham Masters	21:13.00
19 Woodcock, Blaine	37	Granite Masters	21:15.00
20 Watts, Greg	40	CF Masters	21:19.00
21 Kindiak, Greg	50	Markham Masters	21:32.63
22 Stackhouse, Tony	42	Middlesex	21:40.00
23 Smith, Jason	39	Burlington	22:00.00
24 Wilson, Ben	40	Burlington	22:00.00

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## Event 6 ... (Men 1500 SC Meter Freestyle)

Name	Age	Team	Seed Time
25 Famin, Kanstantsin	35	ThornhillMasters	22:00.00
26 Thomas, Andrew	37	CF Masters	22:00.10
27 Dallin, David	35	CF Masters	22:14.00
28 Larose, Martin	37	CF Masters	23:00.00
29 Mandel, Michael	47	North Toronto	23:00.00
30 Manahan, Andy	58	Pickering	23:05.00
31 Chung, Isaac	21	Toroswim	23:14.41
32 van der Linden, Wouter	61	Barrie Trojans	24:00.00
33 Hewerdine, Johnny	37	Middlesex	24:00.00
34 Teasdale, Robert	52	Middlesex	24:00.00
35 Richards, David	70	Burlington	24:26.40
36 Midmer, Michael	42	North Toronto	24:30.00
37 Bennett, Jacey	41	Nepean Masters	25:01.79
38 Lessem, Joel	49	Granite Masters	25:14.00
39 Freeman, Blair	52	Granite Masters	26:00.00
40 Russell, Gord	56	Middlesex	26:00.00
41 McCatty, Phillip	32	Burlington	26:00.00
42 Pollanen, Michael	48	Team Atomica	26:15.00
43 Swerhun, Richard	58	UofT Mississauga	26:18.00
44 Faria, Ian	33	Team Atomica	27:00.00
45 Braaksmas, Harry	77	North Toronto	27:06.12
46 MacLeod, Scott	45	Middlesex	27:30.00
47 Van Velzen, Peter	55	Whitchurch-Stouffville	27:30.00
48 Aragon, German	49	ThornhillMasters	27:30.00
49 Murray, Kevin	53	Soo Masters	28:00.00
50 Xu, Francesco (Haoge)	21	Middlesex	29:00.00
51 Olsen, Michael	74	Technosport	29:30.00
52 Kenny, Michael	41	Cambridge Mavs	30:00.00
53 Smith, Chris	84	Trillium Y	32:00.00
54 Stewart, Matt	42	London Sdm	35:05.00
55 Simone, Andrew	78	Norseman Masters	35:50.00
56 Kennard, Allan	67	Granite Masters	40:00.50

## Event 7 Women 1500 SC Meter Freestyle

Name	Age	Team	Seed Time
1 Dennis, Stephanie	30	Ontario Unat	19:00.00
2 Morissette-Barriault, Freder	22	CF Masters	21:46.45
3 Weind, Sarah	39	Granite Masters	21:49.00
4 de Laat, Marcela	44	Etobicoke	21:54.74
5 Desmarais, Catherine	36	CF Masters	22:00.00
6 van de Water, Melanie	38	Granite Masters	22:00.00
7 Lyons, Kelly	53	North York	22:00.00
8 Woodman, Cheryl	43	Team Atomica	22:22.22
9 Monaco, Sarah	26	ThornhillMasters	22:44.82
10 Cescon, Kelly	39	Granite Masters	23:30.00
11 Marshall, Lynn	55	CarletonUMasters	24:00.00
12 Hooker, Angie	38	Middlesex	24:00.00
13 Forsey, Dianne	51	ThornhillMasters	24:30.00
14 Bayne, Kate	38	Aurora M. Ducks	25:00.00
15 Gallagher, Sarah	31	Burlington	25:21.99
16 MacGregor, Mairi	53	Oakville Masters	25:40.00

17 Ohara-Hoke, Lori	54	Guelph Marlins	26:00.00
18 Allen, Michelle	32	Mississauga	26:00.00
19 Swerhun, Kathryn	57	UofT Mississauga	26:18.00
20 Walker, Sandra	57	Team Atomica	26:45.00
21 Lowden, Fiona	55	Burlington	27:00.00
22 Walker, Brenda	51	Norseman Masters	27:00.00
23 LeBlanc, Dawn	40	CF Masters	27:30.00
24 Henderson, Robin	57	CarletonUMasters	27:50.00
25 Hamilton, Marni	55	Team Atomica	28:00.00
26 Ceccato, Natalie	40	Team Atomica	28:00.00
27 Jackson, Kathy	52	Oakville Masters	28:05.00
28 Angus, Patricia	72	Technosport	28:05.00
29 Noble, Alison	54	Granite Masters	29:00.00
30 Force, Katherine	27	North Toronto	29:00.00
31 Walsh, Francesca	32	CF Masters	29:21.00
32 Aboud, Teri	56	Granite Masters	29:30.00
33 Zimmer, Jodie	47	London Sdm	29:58.07
34 Dolby, Petrina	54	Team Atomica	30:00.00
35 Pollack, Colleen	39	Team Atomica	30:00.00
36 Tomasich, Lauren	34	Team Atomica	30:00.00
37 Shields, Colleen	65	Etobicoke	30:00.00
38 Kung, Elaine	41	Norseman Masters	30:00.00
39 Durbin, Deborah	29	Technosport	30:00.00
40 Brown, Jackie	60	Markham Masters	30:27.79
41 Edwards, Darryl	52	ThornhillMasters	32:00.00
42 McParlan, Sue	57	Burlington	35:00.00
43 McIntosh, Frances	83	Guelph Marlins	36:05.00
44 Gunther, Ann	71	Trillium Y	37:00.00
45 Rattray, Kathryn	76	Burlington	37:17.58
46 Hines, Elaine	73	Ontario	38:00.00
47 Lane, Virginia C.	70	London Sdm	38:36.73

## Event 8 Men 100 SC Meter Freestyle

Name	Age	Team	Seed Time
1 Anderson, Eric	24	UofT Mississauga	52.00
2 Ross, Craig	36	Guelph Marlins	52.70
3 McKinnon, Peter	52	Orillia OldPops	54.09
4 Kim, Aiden	21	CF Masters	54.29
5 Statkevicius, Al	40	Etobicoke	54.94
6 Spencer, David	30	Granite Masters	55.00
7 Hedley, Ben	41	Middlesex	55.41
8 Dirvonskis, Paulius	27	Etobicoke	55.50
9 Ingo, Steve	49	Kingston BlueMar	55.50
10 Prudhomme, Marc	34	CF Masters	55.90
11 Lindquist, Daniel	36	Aurora M. Ducks	56.05
12 Sabala, Michael	36	Other	56.16
13 Hall, Luke	27	North Toronto	56.24
14 Thomson, Dugald	34	CF Masters	56.50
15 Kleven, Jeff	51	Burlington	56.98
16 Long, Bryan	31	Granite Masters	57.00
17 McArton, John	42	Ontario Unat	57.00
18 Clinkard, David	32	Middlesex	57.03
19 Sindrey, Garth	40	CF Masters	57.06

## 2016 Ontario Masters Swimming Championship - 01/04/2016 to 03/04/2016

## Psych Sheet

## Event 8 ... (Men 100 SC Meter Freestyle)

Name	Age	Team	Seed Time						
20	Smith, Pete	44	Burlington	57.15	71	Nesovic, Jake	49	Trillium Y	1:04.00
21	van de Water, Chris	35	Granite Masters	57.50	72	Armstrong, Ron	66	Etobicoke	1:04.04
22	Rayner, Leo	26	ThornhillMasters	57.50	73	Lacombe, David	30	CF Masters	1:04.10
23	Holden, Christopher	24	CF Masters	58.00	74	McLaren, Trevor	38	CF Masters	1:04.10
24	Kelly, James	40	CF Masters	58.00	75	Landy, Andrew	54	Kingston BlueMar	1:04.38
25	MacNeil, Brett	45	CF Masters	58.00	76	Guthrie, Paul	46	Granite Masters	1:04.90
26	Goler, Jonathan	36	Granite Masters	58.00	77	van de Water, Mike	47	Nepean Masters	1:05.00
27	White, Matthew	30	Kingston BlueMar	58.00	78	Gogan, Vincent	51	North Toronto	1:05.00
28	Sanajko, Michael	24	ThornhillMasters	58.00	79	McCluggage, Adam	31	ThornhillMasters	1:05.00
29	Dada Ortiz, Alejandro	36	Aurora M. Ducks	58.14	80	Wong, Cameron	25	ThornhillMasters	1:05.00
30	Chung, Isaac	21	Toroswim	58.26	81	Jalleau, Alexandre	44	Trillium Y	1:05.00
31	Patrick, Michael	60	Clarington	58.50	82	Cotrone, Jason	43	Ontario Unat	1:05.05
32	Nagy, Christopher	42	Etobicoke	58.50	83	Demirov, Kostadin	48	North Toronto	1:05.11
33	Pimot, Christopher	34	North Toronto	58.50	84	Dent, Mitch	58	North Toronto	1:05.50
34	Singer, Jason	39	North Toronto	58.50	85	Urdanivia, Javier	43	Trillium Y	1:05.50
35	Elf, Jessey	22	Guelph Marlins	58.89	86	Sestito, Anthony	37	UofT Mississauga	1:05.52
36	Tsakiltsidis, Sokratis	30	Ryerson Masters	58.89	87	Saulnier, Dain	19	CF Masters	1:05.79
37	Tihanyi, Andrey	37	North Toronto	59.59	88	Dore, Adam	33	CF Masters	1:06.00
38	Christian, Dan	49	Aurora M. Ducks	59.70	89	Bone, Jack	18	Guelph Marlins	1:06.00
39	Scott, John	55	North Toronto	59.80	90	Hejazi, Fouad	27	Mississauga Life	1:06.00
40	Le Roux, Paul	38	Oakville Masters	59.90	91	Krozkin, Gabriel	42	North Toronto	1:06.00
41	Rebstock, Tom	55	Oakville Masters	59.95	92	D'Onofrio, Philippe	33	Toroswim	1:06.00
42	Woodbridge, Oliver	41	CF Masters	1:00.00	93	Greifenberger, David	53	Ontario Unat	1:06.00
43	Veisman, Herbert	50	Granite Masters	1:00.00	94	Bauer, Rick	37	Middlesex	1:06.30
44	Streppel, Greg	48	Cambridge Mavs	1:00.00	95	Keffer, Shawn	39	Cambridge Mavs	1:06.34
45	Pover, William	20	CF Masters	1:00.05	96	Kehler, Samuel	27	CF Masters	1:06.61
46	Ball, Ian	41	Middlesex	1:00.05	97	Luke, Paul	50	Alderwood	1:07.00
47	Raleigh, Jack	56	Kingston BlueMar	1:00.09	98	Phillips, Greg	48	Burlington	1:07.00
48	Stewart, Matt	42	London Sdm	1:00.25	99	Dallin, David	35	CF Masters	1:07.00
49	Tereshchenko, Sergiy	40	ThornhillMasters	1:00.55	100	McGill, Stephen	35	CF Masters	1:07.00
50	Brasseur, Jeremy	41	Granite Masters	1:01.43	101	Hart, Brian	52	Kingston BlueMar	1:07.00
51	Warburton, Sean	48	Granite Masters	1:01.44	102	Andrassy, Tomas	49	Mississauga	1:07.00
52	Price, Nick	28	Laurentian	1:01.50	103	Reavie, David	21	Ryerson Masters	1:07.00
53	Wong, Matthew	26	UofT Mississauga	1:01.50	104	Barrie, Tucker	60	Ontario Unat	1:07.01
54	Thomas, Andrew	37	CF Masters	1:01.85	105	Blackwood, Michael	62	Burlington	1:08.00
55	Belanger-Melancon, Pierre-	27	CF Masters	1:01.90	106	Foster, Nick	56	Etobicoke	1:08.00
56	Landriault, Robert	51	CF Masters	1:02.00	107	Shaka, Adam	42	Mississauga Life	1:08.00
57	Hanham, Alex	46	London Sdm	1:02.00	108	Deitel, Wayne	47	North York	1:08.00
58	Smelt, Chris	53	North Toronto	1:02.00	109	Sodonis, Frank	60	Nepean Masters	1:08.05
59	Velez, Mario	48	Oakville Masters	1:02.00	110	Gilbert, Nick	60	London Sdm	1:09.00
60	Sheyanov, Marko	24	Mississauga	1:02.27	111	Rieper, Ralph	57	North York	1:09.00
61	Jarvis, Andrew	25	CF Masters	1:02.49	112	Naroski, Shaun	54	Ontario Unat	1:09.96
62	Langlois, William	22	CF Masters	1:02.50	113	Derenzis, Craig	39	CF Masters	1:10.00
63	Wyatt, David	51	Burlington	1:02.80	114	Sinai, David	37	CF Masters	1:10.00
64	Wilson, Jason	43	Cambridge Mavs	1:02.80	115	Nagel, Daniel	47	ThornhillMasters	1:10.00
65	Silk, Darian	38	Team Atomica	1:03.00	116	Cramer, Thomas	46	Trillium Y	1:10.00
66	Meredith, Iain	37	CF Masters	1:03.00	117	MacLean, John	60	Trillium Y	1:10.00
67	Kent, Robert	52	Etobicoke	1:03.00	118	Bregman, Michael	62	Granite Masters	1:11.00
68	van Niekerk, Will	45	Oakville Masters	1:03.00	119	Larose, Martin	37	CF Masters	1:11.14
69	Avery, Mark	42	Owen Sound	1:03.20	120	So, Jack	43	Aurora M. Ducks	1:11.48
70	Goncalves, Louie	50	Mississauga	1:03.34	121	Connors, Trevor	44	B-Train	1:12.00
					122	Helber, Florian	27	Burlington	1:12.00
					123	Watts, Greg	40	CF Masters	1:12.00

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## Psych Sheet

## Event 8 ... (Men 100 SC Meter Freestyle)

Name	Age	Team	Seed Time
124 Saw, Ryan	37	Nepean Masters	1:12.00
125 Lester, Gordon	42	North Toronto	1:12.00
126 Fullarton, Andrew	30	U of T Masters	1:12.00
127 Huang, Jianan Erick	20	U of T Masters	1:12.00
128 Wong, Gordon	63	Soo Masters	1:12.50
129 Freeman, Peter	56	Ryerson Masters	1:13.00
130 Patrick, Bob	57	Owen Sound	1:13.40
131 Skain, John	53	Team Atomica	1:14.00
132 Lessem, Joel	49	Granite Masters	1:14.00
133 Proctor, Greg	57	UofT Mississauga	1:14.00
134 Macdonald, Dan	38	London Sdm	1:15.00
135 Chiu, Bernard	32	ThornhillMasters	1:15.00
136 Michalski, Arne	46	Ontario Unat	1:15.00
137 Robson, Mark	65	ArnpriorGreyfish	1:15.54
138 Rohn, Greg	55	Norseman Masters	1:16.00
139 Trauber, Ami	77	North York	1:16.30
140 Gentle, Cliff	70	Trillium Y	1:17.05
141 Straka, Peter	73	Trillium Y	1:17.25
142 Lee, Hin Lun	34	ThornhillMasters	1:18.00
143 Teisanu, Adrian	42	Etobicoke	1:19.00
144 Gemmink, Paul	58	Pickering	1:19.00
145 Cawthray, Stewart	44	Burlington	1:20.00
146 Hervey, Jason	40	Granite Masters	1:20.00
147 Russell, Gord	56	Middlesex	1:20.00
148 Jones, Philip	48	North Toronto	1:20.00
149 Csidei, Andreas	46	Oakville Masters	1:20.00
150 Christopher, Aaron	36	Trillium Y	1:20.00
151 Macaulay, Scott	66	Ontario Unat	1:20.00
152 Roldan, Alfredo	59	Oakville Masters	1:20.00
153 Aragon, German	49	ThornhillMasters	1:20.00
154 Thomson, Eric	68	Nepean Masters	1:20.74
155 Aksenov, Vadim	35	Mississauga	1:21.00
156 Miller, Jeffrey	62	North Toronto	1:22.47
157 MacLean, Robert (Bob)	72	Alderwood	1:25.00
158 Mann, Mike	44	Middlesex	1:25.00
159 Ambridge, Chris	56	Ryerson Masters	1:25.00
160 Olsen, Michael	74	Technosport	1:25.00
161 Van Velzen, Peter	55	Whitchurch-Stouff	1:25.00
162 Colpitts, Charles	72	Nepean Masters	1:26.00
163 Churcher, Jed	43	Etobicoke	1:28.05
164 Mackintosh, A. J.	58	Norseman Masters	1:30.00
165 Sacho, Brian	55	Ontario Unat	1:30.00
166 McCatty, Phillip	32	Burlington	1:30.00
167 Bordash, Greg	52	Pickering	1:38.00
168 Wolfel, Gerhard	76	Pickering	1:40.00
169 Nomura, Yoshihiko	79	U of T Masters	1:44.03
170 Lane, Charlie	78	Etobicoke	1:45.00
171 Lenard, John	79	North York	1:45.00
172 Weinstein, Randy	41	Toroswim	1:45.00
173 Martin, Stuart	82	Golden Hawks	1:55.00
174 Winters, Hank	75	Ontario Unat	1:55.00

175 Gayford, John	70	Oakville Masters	1:59.00
176 Tsitsiura, Aliaksei	68	ThornhillMasters	1:59.70
177 Monne, John	86	Etobicoke	2:00.00
178 Fani, Hossein	33	Ryerson Masters	2:00.00
179 Yarkony, Menashe	84	North York	2:04.00
180 Kwan, Dan	61	North York	2:10.00
181 Tierney, Larry	78	Ontario Unat	2:10.00
182 Rodrigues, Larry	82	North York	2:20.00
183 Kennard, Allan	67	Granite Masters	2:27.67
184 Kotecha, Mitesh	46	Norseman Masters	4:00.00

## Event 9 Women 100 SC Meter Freestyle

Name	Age	Team	Seed Time
1 Wood, Emily	25	CF Masters	1:03.00
2 Primorac, Marijana	37	Barrie Trojans	1:03.04
3 Fabes, Melanie	36	North Toronto	1:03.05
4 McPherson, Erica	35	Cambridge Mavs	1:03.50
5 Huggins, Nikki	37	Owen Sound	1:03.67
6 Biasutto, Marina	23	UofT Mississauga	1:03.87
7 Osborne, Katie	53	Granite Masters	1:04.60
8 Hendrick, Erika	27	Middlesex	1:05.00
9 Scott, Rebecca	46	Oshawa	1:05.11
10 Matuszczak, Julia	19	UofT Mississauga	1:05.25
11 House, Janna	29	Middlesex	1:05.40
12 Chadwick, Lisa	28	Cobra Masters	1:06.00
13 Derbentseva, Natalia	41	Golden Hawks	1:06.00
14 Dennis, Stephanie	30	Ontario Unat	1:06.00
15 Marshall, Lynn	55	CarletonUMasters	1:06.15
16 Morissette-Barriault, Freder	22	CF Masters	1:06.57
17 Mayrand, Marie-Pier	24	CF Masters	1:06.58
18 van de Water, Melanie	38	Granite Masters	1:07.00
19 MacDougall, Terri	52	Middlesex	1:07.00
20 MacDonald, Mallory	28	CF Masters	1:07.08
21 Sutcliffe, Alyce	26	Ontario Unat	1:07.08
22 Blight, Kathy	42	Owen Sound	1:07.63
23 Ferguson, Alexandra	29	Other	1:07.71
24 Boyarski, Beverley	37	London Sdm	1:08.00
25 Wan, Karen	23	Ontario Unat	1:08.00
26 Ley-Glass, Rhonda	42	Orillia OldPoops	1:08.67
27 Plante, Marjolaine	37	CF Masters	1:08.80
28 Smith, Julia	45	Windsor Essex	1:09.00
29 Sao Miguel, Emma	29	CF Masters	1:09.07
30 Chiki, Colleen	43	Burlington	1:09.99
31 Bubenickova, Lenka	37	Trillium Y	1:10.00
32 Mcdonald, Diana	54	Ontario Unat	1:10.00
33 Lleras, Carolina	46	Burlington	1:10.35
34 Merritt, Cathy	64	Nepean Masters	1:10.50
35 Labbe, Mylene	43	CF Masters	1:10.58
36 Rodgers, Lynn	45	Etobicoke	1:11.00
37 Simonetti, Suzy	39	North Toronto	1:11.08
38 Langmuir, Kay	57	Kingston BlueMar	1:11.50
39 Fraser, Jocelyn	43	Burlington	1:11.91
40 Ellegood, Jennifer	36	North Toronto	1:12.00

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## Event 9 ... (Women 100 SC Meter Freestyle)

Name	Age	Team	Seed Time
41 Oliver, Michele	59	North York	1:12.00
42 Clayton, Jacqueline	51	Mississauga	1:12.24
43 Georgieva, Marina	27	Granite Masters	1:12.37
44 Archibald, Joanne	24	Granite Masters	1:12.43
45 Hildebrant, Katie	25	Aurora M. Ducks	1:13.40
46 Wilson, Angela	23	Guelph Marlins	1:13.91
47 Farrell, Sarah	51	Granite Masters	1:14.00
48 O'Brien, Alicia	39	Pickering	1:14.00
49 Choi, Clare	40	CF Masters	1:14.21
50 Hanna, Michaela	52	Nepean Masters	1:14.30
51 Weir, Sue	60	Trillium Y	1:14.30
52 Smith, Rachel	44	Trillium Y	1:15.00
53 Welds, Karen	53	Clarington	1:15.55
54 Desmarais, Catherine	36	CF Masters	1:15.66
55 Visentin, Bonnie	46	Team Atomica	1:15.75
56 Allie, Tracy	29	CF Masters	1:16.00
57 Doyle, Melissa	35	CF Masters	1:16.00
58 Quinlan, Lesley	38	CF Masters	1:16.00
59 Leonard, Jill	47	Oakville Masters	1:16.00
60 Greenwood, Shelagh	44	Aurora M. Ducks	1:17.00
61 Borysek, Brittany	31	Aurora M. Ducks	1:18.00
62 Brett, Kathryn	30	CF Masters	1:19.00
63 Santilly, Lisa	46	Markham Masters	1:19.49
64 Hilson, Aimee	37	Burlington	1:19.58
65 Roy, Laura	54	CF Masters	1:19.67
66 Duklas, Michelle	25	Ryerson Masters	1:19.93
67 Bolognesi, Claudia	48	Team Atomica	1:20.00
68 Caverly, Hilarie	27	CF Masters	1:20.00
69 Soutter, Kirsten	47	Clarington	1:20.00
70 Baker, Jillian	43	U of T Masters	1:20.00
71 Griffiths, Allison	40	UofT Mississauga	1:20.00
72 Iannucci, Judy	60	Aurora M. Ducks	1:20.13
73 McMinn, Lori	51	North Shore	1:21.00
74 Noble, Anne-Marie	40	Middlesex	1:21.12
75 Moisan-Vallee, Stephanie	31	CF Masters	1:21.54
76 Ragotte, Kate	27	North Toronto	1:22.00
77 LeBlanc, Dawn	40	CF Masters	1:23.00
78 Zimmer, Jodie	47	London Sdm	1:23.00
79 Winmill, Heather	53	Burlington	1:23.50
80 Katsiroumpas, Kathy	43	Team Atomica	1:25.00
81 Salgo, Nicole	43	Guelph Marlins	1:25.00
82 Nichols, Heather	28	Middlesex	1:25.00
83 Lossing, Julie	55	Other	1:25.00
84 Murphy, Sarah	39	Toroswim	1:25.00
85 Wagland, Wendy	69	Ontario Unat	1:25.20
86 Armstrong, Kristin	44	Dufferin	1:26.00
87 Bhaidani, Saleema	26	Trillium Y	1:26.04
88 Mariano, Ellen	41	CF Masters	1:27.82
89 Zirger, Brigitte	64	Nepean Masters	1:30.00
90 Bedley, Carol	42	Etobicoke	1:30.00
91 Lau, Phoebe	19	Ryerson Masters	1:30.00

92 Bilous, Rochelle	50	Burlington	1:31.75
93 Birkett, Stephanie	62	Team Atomica	1:32.04
94 Ratel, Marie-Hélène	27	Toroswim	1:32.70
95 Dolby, Petrina	54	Team Atomica	1:33.00
96 O'Neil, Kelly	28	Ryerson Masters	1:33.00
97 Brown, Jackie	60	Markham Masters	1:33.72
98 Lambert, Courtney	34	CF Masters	1:34.57
99 Macpherson, Erin	26	Middlesex	1:35.00
100 Jesson, Sandra	54	Mississauga Life	1:35.00
101 Jackson, Kathy	52	Oakville Masters	1:35.00
102 Roseborough, Austyn	23	Toroswim	1:35.00
103 Rousseau, Susan	56	Oakville Masters	1:35.07
104 Walker, Suzanne	37	Team Atomica	1:38.00
105 McFadyen Brown, Laura	46	Middlesex	1:39.20
106 Duclos, Andrea	49	Mississauga	1:40.00
107 Angus, Patricia	72	Technosport	1:42.00
108 Baker, Shannon	44	Burlington	1:44.00
109 Bertelink, Tineke	74	Etobicoke	1:44.50
110 Hervey, Holly	39	Granite Masters	1:45.00
111 Zimmer, Sue	66	London Sdm	1:45.00
112 DeMelo, Alison	45	Trillium Y	1:45.00
113 Smith, Tanya	41	Alderwood	1:45.21
114 McGouran, Mary	60	Markham Masters	1:48.37
115 Carey, Beth	59	Trillium Y	1:56.11
116 Hernandez, Patricia	49	Burlington	2:00.00
117 Racher, Hilary	34	Ontario Unat	2:00.00
118 Srivastava, Rolie	50	Guelph Marlins	2:10.00
119 Kovach, Kathleen	65	Markham Masters	2:20.18
120 Mundy, Alyssa	18	Middlesex	2:25.00
121 Malloch, Barrie	75	Alderwood	2:30.00
122 Jantzi, Kristy	39	Middlesex	2:30.00
123 Moustgaard, Maureen	69	Laurentian	2:54.00

## Event 10 Men 50 SC Meter Breaststroke

Name	Age	Team	Seed Time
1 Kim, Aiden	21	CF Masters	29.75
2 Dirvonskis, Paulius	27	Etobicoke	31.30
3 Mano, Kabir	32	Etobicoke	31.31
4 Hotta, Jordan	25	Laurentian	31.50
5 Mednick, Avi	39	ThornhillMasters	31.50
6 Anderson, Eric	24	UofT Mississauga	32.25
7 Hall, Luke	27	North Toronto	32.43
8 Seto, Chris	44	TO Athletic Club	33.00
9 Town, Dave	55	Orillia OldPoops	33.03
10 Nightingale, Chris	35	Owen Sound	33.12
11 Sabala, Michael	36	Other	33.16
12 McPherson, Stuart	41	Cambridge Mavs	33.20
13 Ognean, Ovidiu	47	Windsor Essex	33.35
14 Cernele, Jeff	26	North Toronto	33.50
15 Williamson, Matthew	52	Trillium Y	33.50
16 Boulanger, Alexandre	34	Toroswim	33.73
17 Swanson, Nicholas	22	CF Masters	34.00
18 Shivers, Todd	41	Barrie Trojans	34.45

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## Event 10 ... (Men 50 SC Meter Breaststroke)

Name	Age	Team	Seed Time
19 Cescon, Jon	39	Granite Masters	34.69
20 Cotrone, Jason	43	Ontario Unat	34.88
21 Gomis, Jaume	43	Golden Hawks	34.90
22 Silk, Darian	38	Team Atomica	35.00
23 Heilbron, Gavin	57	Aurora M. Ducks	35.00
24 Brown, Nicholas	45	Burlington	35.00
25 Smith, Pete	44	Burlington	35.00
26 Woodbridge, Oliver	41	CF Masters	35.00
27 Kent, Robert	52	Etobicoke	35.00
28 Naylor, Tom	54	Etobicoke	35.00
29 Ades, Ralph	57	Granite Masters	35.02
30 Vehovec, Henry	58	Granite Masters	35.08
31 Milanov, Yavor	28	Ryerson Masters	35.33
32 Grootveld, John	47	Granite Masters	35.50
33 Vanderby, Doug	57	North Toronto	35.99
34 Sanajko, Michael	24	ThornhillMasters	36.00
35 Wong, Cameron	25	ThornhillMasters	36.00
36 Westcott, Bill	56	Nepean Masters	36.05
37 Anzai, Tom	55	Swim Ottawa	36.55
38 Wilkin, Dave	64	Aurora M. Ducks	36.80
39 Tong, Ryan	31	Burlington	37.00
40 Dore, Adam	33	CF Masters	37.00
41 Fifer, Matt	37	Cngatineau	37.00
42 Hache, John	56	Burlington	37.22
43 Molina, Rene	47	UofT Mississauga	37.70
44 Keffer, Shawn	39	Cambridge Mavs	37.94
45 Deitel, Wayne	47	North York	37.97
46 Oliver, Eric	53	Aurora M. Ducks	38.00
47 Phillips, Greg	48	Burlington	38.00
48 Hanham, Alex	46	London Sdm	38.00
49 Saw, Ryan	37	Nepean Masters	38.00
50 Speidel, Friedrich	54	Burlington	38.05
51 Galvin, Tyler	22	Ryerson Masters	38.18
52 Branton, Scott	49	Clarington	38.37
53 Reavie, David	21	Ryerson Masters	39.00
54 Lund, Derek	57	Ontario Unat	39.00
55 Rebstock, Tom	55	Oakville Masters	39.00
56 Blackwood, Michael	62	Burlington	40.00
57 Cawthray, Stewart	44	Burlington	40.00
58 Sinai, David	37	CF Masters	40.00
59 Ebbs, Timothy	24	Middlesex	40.00
60 Kotecha, Mitesh	46	Norseman Masters	40.00
61 Jones, Philip	48	North Toronto	40.00
62 Nagel, Daniel	47	ThornhillMasters	40.00
63 Greifenberger, David	53	Ontario Unat	40.00
64 Helber, Florian	27	Burlington	40.37
65 Connors, Trevor	44	B-Train	41.00
66 Lester, Gordon	42	North Toronto	41.06
67 Sheridan, Brian	71	Etobicoke	41.50
68 Jeysman, Rick	63	Markham Masters	41.55
69 Lyon, David	50	Burlington	41.90

70 Robson, Mark	65	ArnpriorGreyfish	42.45
71 Patrick, Bob	57	Owen Sound	42.69
72 Miller, Jeffrey	62	North Toronto	42.88
73 Mekuz, Nathan	44	North Toronto	43.00
74 von Zuben, Chuck	67	Trillium Y	43.00
75 Haites, Erik	73	TO Athletic Club	43.05
76 Thomson, Eric	68	Nepean Masters	43.50
77 Teisanu, Adrian	42	Etobicoke	43.53
78 Walsh, Sean	49	Clarington	43.85
79 Skain, John	53	Team Atomica	44.00
80 Hardy, Jim	66	Aurora M. Ducks	44.03
81 Thurlbeck, Gregg	58	Alderwood	45.00
82 Hejazi, Fouad	27	Mississauga Life	45.00
83 Strahlendorf, Peter	61	Trillium Y	45.00
84 Bordash, Greg	52	Pickering	45.01
85 Lindquist, Les	65	Aurora M. Ducks	45.38
86 Vadiello, Miguel	47	Guelph Marlins	46.00
87 Gemmink, Paul	58	Pickering	46.00
88 Doyle, Michael	57	Markham Masters	48.00
89 Robinson, Gregory	60	Toroswim	48.03
90 Henne, Wally	81	Trillium Y	49.00
91 Liepner, Michael	78	Oakville Masters	49.27
92 Teasdale, Robert	52	Middlesex	50.00
93 Mijal, Vello	70	Technosport	50.00
94 Rogers, Phil	66	Nat Cap Region Y	51.00
95 Yip, Terry	66	Nepean Masters	52.00
96 Gulidov, Viktor	75	Ontario Unat	54.00
97 Maruki, Hideo	81	North York	54.47
98 Mann, Mike	44	Middlesex	55.00
99 Kwan, Dan	61	North York	55.00
100 Jack, Robert	75	Technosport	55.00
101 Ruginis, Dan	57	Burlington	55.00
102 Monne, John	86	Etobicoke	57.05
103 Tsitsiura, Aliaksei	68	ThornhillMasters	59.80
104 Newton, Lionel	72	Granite Masters	1:00.00
105 Liu, Weidong	49	North York	1:00.00
106 Weinstein, Randy	41	Toroswim	1:00.00
107 Martin, Stuart	82	Golden Hawks	1:04.00
108 Ross, Stephen	58	Granite Masters	1:04.65
109 Tierney, Larry	78	Ontario Unat	1:10.00
110 Yarkony, Menashe	84	North York	1:15.49
111 Rodrigues, Larry	82	North York	1:40.00
112 Fani, Hossein	33	Ryerson Masters	2:00.00
113 Ruiz, Luis	73	Ontario Unat	2:10.00
114 Brodie, Richard	56	Other	44:05.00

## Event 11 Women 50 SC Meter Breaststroke

Name	Age	Team	Seed Time
1 Heath, Brooke	31	Middlesex	34.79
2 McCabe, Allison	30	Granite Masters	36.00
3 Wood, Sara	28	Middlesex	36.19
4 Primorac, Marijana	37	Barrie Trojans	37.03
5 Armstrong, Sarah	43	Burlington	37.50

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## Event 11 ... (Women 50 SC Meter Breaststroke)

Name	Age	Team	Seed Time
6 Togias, Anna	31	Etobicoke	37.50
7 MacDougall, Terri	52	Middlesex	38.00
8 Tremblay, Sylvie	50	Oakville Masters	38.05
9 Scott, Rebecca	46	Oshawa	38.75
10 Blight, Kathy	42	Owen Sound	39.32
11 Gregson Pagan, Erin	46	Cambridge Mavs	39.89
12 Anderson, Julie	50	Aurora M. Ducks	40.00
13 Rose, Whitney	28	Middlesex	40.00
14 Chvatal, Jana	39	Trillium Y	40.00
15 Hannigan, Frances	32	Barrie Trojans	40.66
16 Haneberry, Petra	41	Burlington	42.00
17 Vidotto, Danica	26	Ryerson Masters	42.01
18 Matuszczak, Julia	19	UofT Mississauga	42.05
19 Merritt, Cathy	64	Nepean Masters	42.30
20 Keyser, Catie	28	CF Masters	43.00
21 Morissette-Barriault, Freder	22	CF Masters	43.00
22 Bothwell, Catharine	47	Ontario Unat	43.00
23 Lee, Anne	51	Soo Masters	43.50
24 Diemert, Virginia	52	Owen Sound	43.55
25 Farrell, Sarah	51	Granite Masters	43.82
26 Rodgers, Lynn	45	Etobicoke	44.00
27 Bennett, Nicole	52	Aurora M. Ducks	44.01
28 Langmuir, Kay	57	Kingston BlueMar	44.38
29 Ruginis, Suzanne	54	Burlington	44.40
30 Santilly, Lisa	46	Markham Masters	44.95
31 Dibben, Alicia	42	Aurora M. Ducks	45.00
32 Wolfel, Ursula	53	Pickering	45.00
33 Baker, Jillian	43	U of T Masters	45.00
34 Barker, Janice	41	Burlington	45.18
35 McTavish, Sandie	61	London Sdm	45.24
36 Visentin, Bonnie	46	Team Atomica	45.60
37 Tory, Nicola	54	Granite Masters	45.72
38 Ward, Samantha	51	Oakville Masters	46.00
39 Bedley, Carol	42	Etobicoke	46.00
40 Galamiyeva, Kate	29	Burlington	46.23
41 Gruer, Anna	41	ThornhillMasters	46.70
42 Navarro, Maria	47	Oakville Masters	47.00
43 Jacob, Casey	51	Aurora M. Ducks	47.43
44 Lambert, Courtney	34	CF Masters	47.65
45 Borysek, Brittany	31	Aurora M. Ducks	48.00
46 Soutter, Kirsten	47	Clarington	48.00
47 Dhanvantari, Savita	51	London Sdm	48.00
48 McMinn, Lori	51	North Shore	48.00
49 Leonard, Jill	47	Oakville Masters	48.00
50 Jackson, Kathy	52	Oakville Masters	49.00
51 Pulham, Nancy	49	Ontario Unat	49.00
52 Lopes, Sonia	60	Oakville Masters	49.30
53 Winmill, Heather	53	Burlington	49.50
54 Lau, Phoebe	19	Ryerson Masters	50.00
55 Dolby, Petrina	54	Team Atomica	52.00
56 Kiss MacDonald, Eva	57	Granite Masters	54.00

57 Wolf-Becker, Catherine	58	Norseman Masters	54.00
58 Long, Shannon	31	Burlington	55.00
59 O'Neil, Kelly	28	Ryerson Masters	55.00
60 Carey, Beth	59	Trillium Y	55.74
61 DeMelo, Alison	45	Trillium Y	56.18
62 Lee, Faith	57	Etobicoke	57.00
63 Baker, Shannon	44	Burlington	1:00.00
64 Jantzi, Kristy	39	Middlesex	1:00.00
65 Hernandez, Patricia	49	Burlington	1:00.05
66 McFadyen Brown, Laura	46	Middlesex	1:01.90
67 Smith, Tanya	41	Alderwood	1:06.50
68 Konzelmann, Irene	80	Clarington	1:08.50
69 Belluz, Janet	71	Burlington	1:10.00
70 Srivastava, Rolie	50	Guelph Marlins	1:10.00
71 Lam, Thuc- Anh	53	Oakville Masters	1:11.00
72 Tsitsiura, Volha	65	ThornhillMasters	1:21.80
73 Mundy, Alyssa	18	Middlesex	1:25.00
74 Malloch, Barrie	75	Alderwood	1:50.00
75 Del Vecchio, Anne-Sophie	44	Granite Masters	50:35.00

## Event 12 Men 200 SC Meter Butterfly

Name	Age	Team	Seed Time
1 Vorona, Ivan	34	Cote Saint Luc	2:20.00
2 Laszkowski, Krystian	41	Ontario Unat	2:21.50
3 Singer, Jason	39	North Toronto	2:23.00
4 Sabala, Michael	36	Other	2:30.16
5 Rutledge, Mike	46	Granite Masters	2:32.00
6 Titoura, Alexander	36	Golden Hawks	2:37.50
7 Chisholm, Bill	61	North Toronto	2:40.00
8 Donofrio, Zachary	28	Other	2:40.00
9 Ball, Ian	41	Middlesex	2:45.00
10 Carlsen, Glenn	59	Kisu Masters	2:47.40
11 Konior, Matt	50	Windsor Essex	2:50.00
12 Hodson, Peter	53	Golden Hawks	2:55.00
13 Sherman, Phil	53	Richmond Hill	2:55.00
14 Mateer, Glen	55	Trillium Y	2:58.00
15 Hewerdine, Johnny	37	Middlesex	3:00.00
16 Branton, Scott	49	Clarington	3:05.66
17 O'Brien, Terry	64	Kingston BlueMar	3:10.00
18 Wong, Melvyn	24	Mississauga	3:10.00
19 Hughsam, Brian	55	Markham Masters	3:25.00
20 Bennett, Jacey	41	Nepean Masters	3:30.00
21 Napast, Albert	53	Aurora M. Ducks	3:33.33
22 van der Linden, Wouter	61	Barrie Trojans	4:00.00
23 Kenny, Michael	41	Cambridge Mavs	4:00.00
24 Richards, David	70	Burlington	4:15.00
25 Costa, Carlos	44	Aurora M. Ducks	5:00.00
26 Xu, Francesco (Haoge)	21	Middlesex	5:00.00
27 Chalmers, Jamie	73	CarletonUMasters	5:55.00

## Event 13 Women 200 SC Meter Butterfly

Name	Age	Team	Seed Time
1 Dennis, Stephanie	30	Ontario Unat	2:35.00



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## Event 13...(Women 200 SC Meter Butterfly)

Name	Age	Team	Seed Time
2 Togias, Anna	31	Etobicoke	2:38.50
3 Marshall, Lynn	55	CarletonUMasters	2:39.99
4 St. Jules, Andrea	26	Granite Masters	2:50.00
5 Smith, Sian	43	Burlington	2:55.00
6 van de Water, Melanie	38	Granite Masters	3:05.00
7 Weind, Sarah	39	Granite Masters	3:10.00
8 Painting, Wendy	39	Guelph Marlins	3:14.97
9 de Laat, Marcela	44	Etobicoke	3:19.68
10 Rich, Kristi	30	Middlesex	3:25.00
11 Stever, Mary	52	Ontario Unat	3:30.00
12 Gallagher, Sarah	31	Burlington	3:32.47
13 Lowden, Fiona	55	Burlington	4:00.00
14 Ohara-Hoke, Lori	54	Guelph Marlins	4:02.53
15 Bothwell, Catharine	47	Ontario Unat	4:04.04
16 Watson, Pauline	62	UofT Mississauga	4:09.95
17 Rusu, Liliana	59	Technosport	4:10.00
18 Traxler, Delfina	56	Aurora M. Ducks	4:15.00
19 Angus, Patricia	72	Technosport	4:20.00
20 Oliver, Judie	84	North York	4:25.18
21 King, Caroline	52	Granite Masters	4:46.00
22 Lopes, Sonia	60	Oakville Masters	4:50.00
23 Rogers, Patricia	64	Nat Cap Region Y	6:35.00

## Event 14 Men 100 SC Meter IM

Name	Age	Team	Seed Time
1 Dirvonskis, Paulius	27	Etobicoke	1:04.00
2 Cernele, Jeff	26	North Toronto	1:04.00
3 Town, Dave	55	Orillia OldPoops	1:04.00
4 Tsakiltidis, Sokratis	30	Ryerson Masters	1:04.50
5 Statkevicius, Al	40	Etobicoke	1:04.94
6 Kleven, Jeff	51	Burlington	1:04.96
7 Long, Bryan	31	Granite Masters	1:05.00
8 McArton, John	42	Ontario Unat	1:05.00
9 Mednick, Avi	39	ThornhillMasters	1:05.00
10 Mano, Kabir	32	Etobicoke	1:05.11
11 White, Matthew	30	Kingston BlueMar	1:06.00
12 Nagy, Christopher	42	Etobicoke	1:06.10
13 Hedley, Ben	41	Middlesex	1:06.21
14 Boulanger, Alexandre	34	Toroswim	1:06.23
15 McPherson, Stuart	41	Cambridge Mavs	1:06.50
16 Verblac, Viktor	28	Ontario Unat	1:06.50
17 Grace, Chuck	59	London Sdm	1:07.00
18 Hall, Luke	27	North Toronto	1:07.00
19 Tihanyi, Andrey	37	North Toronto	1:08.00
20 Brown, Nicholas	45	Burlington	1:09.50
21 Cescon, Jon	39	Granite Masters	1:09.70
22 Kimani, Joseph	38	North York	1:09.98
23 Naylor, Tom	54	Etobicoke	1:10.00
24 Singer, Jason	39	North Toronto	1:10.00
25 Tereshchenko, Sergiy	40	ThornhillMasters	1:10.19
26 Anzai, Tom	55	Swim Ottawa	1:10.55

27 Ades, Ralph	57	Granite Masters	1:11.63
28 Smelt, Chris	53	North Toronto	1:12.00
29 van Niekerk, Will	45	Oakville Masters	1:12.00
30 Wilkin, Dave	64	Aurora M. Ducks	1:12.05
31 Cotrone, Jason	43	Ontario Unat	1:12.05
32 Goncalves, Louie	50	Mississauga	1:12.12
33 Gomis, Jaume	43	Golden Hawks	1:13.00
34 Williamson, Matthew	52	Trillium Y	1:13.00
35 Wilson, Jason	43	Cambridge Mavs	1:13.50
36 Aboud, Mark	60	Granite Masters	1:13.50
37 McCluggage, Adam	31	ThornhillMasters	1:14.00
38 Wyatt, David	51	Burlington	1:14.80
39 Swanson, Nicholas	22	CF Masters	1:15.00
40 Stewart, Matt	42	London Sdm	1:15.00
41 Ebbs, Timothy	24	Middlesex	1:15.00
42 Velez, Mario	48	Oakville Masters	1:15.00
43 Sanajko, Michael	24	ThornhillMasters	1:15.00
44 Wong, Cameron	25	ThornhillMasters	1:15.00
45 Fifer, Matt	37	Cngatineau	1:15.00
46 Armstrong, Ron	66	Etobicoke	1:15.05
47 Smyth, Mark	41	Granite Masters	1:15.05
48 Meredith, Iain	37	CF Masters	1:15.19
49 Urdanivia, Javier	43	Trillium Y	1:15.80
50 Nesovic, Jake	49	Trillium Y	1:16.00
51 Molina, Rene	47	UofT Mississauga	1:16.00
52 Galvin, Tyler	22	Ryerson Masters	1:16.12
53 Hebert, Paul	63	Ontario Unat	1:16.14
54 Silk, Darian	38	Team Atomica	1:18.00
55 Thomas, Andrew	37	CF Masters	1:18.30
56 Bauer, Rick	37	Middlesex	1:19.10
57 Blackwood, Michael	62	Burlington	1:20.00
58 Gallagher, Tim	56	Granite Masters	1:20.00
59 Vujaklija, Misa	30	Granite Masters	1:20.00
60 Price, Nick	28	Laurentian	1:20.00
61 Andrassy, Tomas	49	Mississauga	1:20.00
62 Reavie, David	21	Ryerson Masters	1:20.00
63 Lena, Daniel	32	ThornhillMasters	1:20.00
64 Huang, Jianan Erick	20	U of T Masters	1:20.00
65 D'Onofrio, Philippe	33	Toroswim	1:20.00
66 Lund, Derek	57	Ontario Unat	1:20.00
67 Buck, Christopher	44	UofT Mississauga	1:20.02
68 Barrie, Tucker	60	Ontario Unat	1:20.03
69 Oliver, Eric	53	Aurora M. Ducks	1:22.00
70 Krozkin, Gabriel	42	North Toronto	1:22.00
71 Rieper, Ralph	57	North York	1:22.00
72 Speidel, Friedrich	54	Burlington	1:24.00
73 Lyon, David	50	Burlington	1:24.16
74 Hart, Brian	52	Kingston BlueMar	1:25.00
75 Jalleau, Alexandre	44	Trillium Y	1:25.00
76 Proctor, Greg	57	UofT Mississauga	1:25.00
77 Wong, Gordon	63	Soo Masters	1:25.50
78 So, Jack	43	Aurora M. Ducks	1:26.23
79 O'Brien, Terry	64	Kingston BlueMar	1:28.00

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## Event 14...(Men 100 SC Meter IM)

Name	Age	Team	Seed Time
80 Teisanu, Adrian	42	Etobicoke	1:29.55
81 Naroski, Shaun	54	Ontario Unat	1:29.59
82 Helber, Florian	27	Burlington	1:29.66
83 Connors, Trevor	44	B-Train	1:30.00
84 Haites, Erik	73	TO Athletic Club	1:30.00
85 Fullarton, Andrew	30	U of T Masters	1:30.00
86 Sheridan, Brian	71	Etobicoke	1:31.00
87 Weber, Peter	57	Burlington	1:32.40
88 Hardy, Jim	66	Aurora M. Ducks	1:33.00
89 Gentle, Cliff	70	Trillium Y	1:33.00
90 Churcher, Jed	43	Etobicoke	1:33.04
91 Mitchell, Andy	55	Aurora M. Ducks	1:34.00
92 Salmon, Bill	61	London Sdm	1:35.00
93 Roldan, Alfredo	59	Oakville Masters	1:35.00
94 Macdonald, Dan	38	London Sdm	1:37.08
95 Vadillo, Miguel	47	Guelph Marlins	1:38.62
96 Jeysman, Rick	63	Markham Masters	1:38.63
97 Lindquist, Les	65	Aurora M. Ducks	1:40.00
98 Russell, Gord	56	Middlesex	1:40.00
99 Csidei, Andreas	46	Oakville Masters	1:40.00
100 Gemmink, Paul	58	Pickering	1:40.00
101 Rebstock, Tom	55	Oakville Masters	1:40.00
102 Spencer, Doug	68	London Sdm	1:43.00
103 Larose, Martin	37	CF Masters	1:45.00
104 Liepner, Michael	78	Oakville Masters	1:49.43
105 Costa, Carlos	44	Aurora M. Ducks	1:50.00
106 Shin, John	50	Granite Masters	1:50.00
107 Mijal, Vello	70	Technosport	1:50.00
108 Lee, Hin Lun	34	ThornhillMasters	1:50.00
109 Henne, Wally	81	Trillium Y	1:52.00
110 Wolfel, Gerhard	76	Pickering	1:55.00
111 Barber, Graeme	73	Technosport	1:55.00
112 Bordash, Greg	52	Pickering	1:56.00
113 Jack, Robert	75	Technosport	2:00.00
114 Macaulay, Scott	66	Ontario Unat	2:00.00
115 Smith, Chris	84	Trillium Y	2:06.00
116 Maruki, Hideo	81	North York	2:17.09
117 Monne, John	86	Etobicoke	2:18.00
118 Yip, Terry	66	Nepean Masters	2:20.00
119 Winters, Hank	75	Ontario Unat	2:20.00
120 Sabala, Michael	36	Other	2:30.16
121 Mann, Mike	44	Middlesex	3:00.00
122 Harback, Jamie	51	Middlesex	3:10.00
123 Ruiz, Luis	73	Ontario Unat	3:59.00
124 Kotecha, Mitesh	46	Norseman Masters	4:00.00
125 Rodrigues, Larry	82	North York	8:00.00

## Event 15 Women 100 SC Meter IM

Name	Age	Team	Seed Time
1 Heath, Brooke	31	Middlesex	1:09.89
2 McCabe, Allison	30	Granite Masters	1:12.00

3 Thompson-Edwards, Mered	43	Orillia OldPoops	1:12.19
4 Armstrong, Sarah	43	Burlington	1:13.00
5 Primorac, Marijana	37	Barrie Trojans	1:13.05
6 Tapson, Michelle	37	Etobicoke	1:13.26
7 Tremblay, Sylvie	50	Oakville Masters	1:14.00
8 Matuszczak, Julia	19	UofT Mississauga	1:14.32
9 Boyarski, Beverley	37	London Sdm	1:15.00
10 Rose, Whitney	28	Middlesex	1:15.00
11 Dennis, Stephanie	30	Ontario Unat	1:15.00
12 Wan, Karen	23	Ontario Unat	1:15.00
13 Haneberry, Petra	41	Burlington	1:17.02
14 Lleras, Carolina	46	Burlington	1:17.35
15 Mayrand, Marie-Pier	24	CF Masters	1:19.00
16 MacDougall, Terri	52	Middlesex	1:19.00
17 Smith, Julia	45	Windsor Essex	1:19.00
18 Derbentseva, Natalia	41	Golden Hawks	1:20.00
19 Weind, Sarah	39	Granite Masters	1:20.00
20 Esguerra, Esa	22	Middlesex	1:20.00
21 Hooker, Angie	38	Middlesex	1:20.00
22 Hogan, Dayna	26	North Toronto	1:20.00
23 Lai, Gloria	23	Ryerson Masters	1:20.00
24 MacDonald, Mallory	28	CF Masters	1:20.01
25 Gregson Pagan, Erin	46	Cambridge Mavs	1:20.16
26 Hannigan, Frances	32	Barrie Trojans	1:20.75
27 Wilson, Angela	23	Guelph Marlins	1:21.40
28 Georgieva, Marina	27	Granite Masters	1:22.73
29 Diemert, Virginia	52	Owen Sound	1:23.45
30 Archibald, Joanne	24	Granite Masters	1:23.79
31 Ellegood, Jennifer	36	North Toronto	1:23.90
32 Watt, Lindsay	30	Etobicoke	1:24.00
33 Wolfel, Ursula	53	Pickering	1:25.00
34 Bothwell, Catharine	47	Ontario Unat	1:25.00
35 Greenwood, Shelagh	44	Aurora M. Ducks	1:26.00
36 Hildebrant, Katie	25	Aurora M. Ducks	1:26.54
37 Visentin, Bonnie	46	Team Atomica	1:26.85
38 O'Brien, Alicia	39	Pickering	1:27.00
39 Weir, Sue	60	Trillium Y	1:27.20
40 Noble, Anne-Marie	40	Middlesex	1:27.29
41 Painting, Wendy	39	Guelph Marlins	1:27.34
42 Sao Miguel, Emma	29	CF Masters	1:27.87
43 Chvatal, Jana	39	Trillium Y	1:28.00
44 Bennett, Nicole	52	Aurora M. Ducks	1:29.01
45 Morissette-Barriault, Freder	22	CF Masters	1:29.09
46 Barker, Janice	41	Burlington	1:29.39
47 Katsiroumpas, Kathy	43	Team Atomica	1:30.00
48 Bayne, Kate	38	Aurora M. Ducks	1:30.00
49 Bubenickova, Lenka	37	Trillium Y	1:30.00
50 Roy, Laura	54	CF Masters	1:30.15
51 Tory, Nicola	54	Granite Masters	1:30.85
52 Allie, Tracy	29	CF Masters	1:31.50
53 Fraser, Jocelyn	43	Burlington	1:31.64
54 Hilson, Aimee	37	Burlington	1:31.74
55 Navarro, Maria	47	Oakville Masters	1:32.16

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## Event 15...(Women 100 SC Meter IM)

Name	Age	Team	Seed Time
56 Chiki, Colleen	43	Burlington	1:33.00
57 McMinn, Lori	51	North Shore	1:33.00
58 Santilly, Lisa	46	Markham Masters	1:33.43
59 Borysek, Brittany	31	Aurora M. Ducks	1:35.00
60 Salgo, Nicole	43	Guelph Marlins	1:35.00
61 Fleming, Karen	54	Granite Masters	1:35.00
62 Nichols, Heather	28	Middlesex	1:35.00
63 Hanna, Michaela	52	Nepean Masters	1:35.00
64 Baker, Jillian	43	U of T Masters	1:35.00
65 Gruer, Anna	41	ThornhillMasters	1:35.50
66 Lowden, Fiona	55	Burlington	1:36.00
67 Iannucci, Judy	60	Aurora M. Ducks	1:37.00
68 Duklas, Michelle	25	Ryerson Masters	1:37.38
69 McTavish, Sandie	61	London Sdm	1:37.97
70 Armstrong, Kristin	44	Dufferin	1:39.00
71 Jacob, Casey	51	Aurora M. Ducks	1:40.00
72 Mariano, Ellen	41	CF Masters	1:40.00
73 Moisan-Vallee, Stephanie	31	CF Masters	1:40.00
74 Oliveira, Carla	43	Etobicoke	1:40.00
75 Hanson, Liz	49	Granite Masters	1:40.00
76 Pulham, Nancy	49	Ontario Unat	1:40.00
77 Long, Shannon	31	Burlington	1:42.00
78 Ruginis, Suzanne	54	Burlington	1:42.01
79 Galamiyeva, Kate	29	Burlington	1:42.41
80 Cheung, Wendy	46	Other	1:44.00
81 Tzenova, Mina	26	Etobicoke	1:44.58
82 Macpherson, Erin	26	Middlesex	1:45.00
83 Zirger, Brigitte	64	Nepean Masters	1:45.00
84 Dhanvantari, Savita	51	London Sdm	1:47.00
85 Wagland, Wendy	69	Ontario Unat	1:49.40
86 Jenkins, Meghan	37	Burlington	1:50.00
87 Mahood, Linda	56	Guelph Marlins	1:50.00
88 Duclos, Andrea	49	Mississauga	1:50.00
89 Ragotte, Kate	27	North Toronto	1:50.00
90 Ratel, Marie-Hélène	27	Toroswim	1:50.00
91 LeBlanc, Dawn	40	CF Masters	1:51.40
92 Oliver, Judie	84	North York	1:53.51
93 Rousseau, Susan	56	Oakville Masters	1:54.58
94 Henderson, Robin	57	CarletonUMasters	1:55.00
95 Murphy, Sarah	39	Toroswim	1:55.00
96 Aboud, Teri	56	Granite Masters	2:00.00
97 Roseborough, Austyn	23	Toroswim	2:00.00
98 Soutter, Kirsten	47	Clarington	2:05.00
99 Lee, Faith	57	Etobicoke	2:05.00
100 McGouran, Mary	60	Markham Masters	2:14.73
101 Belluz, Janet	71	Burlington	2:20.00
102 Jantzi, Kristy	39	Middlesex	2:30.00
103 Lam, Thuc- Anh	53	Oakville Masters	2:30.00
104 Racher, Hilary	34	Ontario Unat	2:30.00
105 Rogers, Patricia	64	Nat Cap Region Y	2:35.00
106 Bryce, Glad	82	Trillium Y	2:35.65

107 Kovach, Kathleen	65	Markham Masters	2:48.18
108 Lane, Virginia C.	70	London Sdm	3:01.67
109 Moustgaard, Maureen	69	Laurentian	4:08.00

## Event 16 Men 400 SC Meter Medley Relay

Team	Relay	Seed Time
1 Ryerson Masters	M0 A	1:50.00
1) Milanov, Yavor M28	2) Galvin, Tyler M22	
3) Tsakiltisidis, Sokratis M30	4) Freeman, Peter M56	
2 CF Masters	M0 A	4:20.00
1) Prudhomme, Marc M34	2) Sindrey, Garth M40	
3) Kim, Aiden M21	4) Thomson, Dugald M34	
3 CF Masters	M0 B	4:25.00
1) Pover, William M20	2) Thomas, Andrew M37	
3) Kelly, James M40	4) Holden, Christopher M24	
4 Kingston BlueMar	M0 A	4:26.10
1) White, Matthew M30	2) Ingo, Steve M49	
	4) Hart, Brian M52	
5 Middlesex	M0 A	4:30.00
1) Clinkard, David M32	2) Hewerdine, Johnny M37	
3) Ball, Ian M41	4) Hedley, Ben M41	
6 Burlington	M0 A	4:31.00
1) Kleven, Jeff M51	2) Tong, Ryan M31	
3) Smith, Pete M44	4) Brown, Nicholas M45	
7 Granite Masters	M0 A	4:39.00
1) Warburton, Sean M48	2) Cescon, Jon M39	
3) Veisman, Herbert M50	4) van de Water, Chris M35	
8 CF Masters	M0 C	4:45.00
1) Dore, Adam M33	2) Watts, Greg M40	
3) MacNeil, Brett M45	4) McGill, Stephen M35	
9 CF Masters	M0 D	4:45.00
1) Jarvis, Andrew M25	2) Woodbridge, Oliver M41	
3) Larose, Martin M37	4) Dallin, David M35	
10 Middlesex	M0 B	5:00.00
1) Ebbs, Timothy M24	2) Stackhouse, Tony M42	
3) Xu, Francesco (Haoge) M21	4) Bauer, Rick M37	
11 Granite Masters	M0 B	5:00.00
1) Gallagher, Tim M56	2) Grootveld, John M47	
3) Smyth, Mark M41	4) Aboud, Mark M60	
12 Toroswim	M120 A	5:06.00
1) Chung, Isaac M21	2) Robinson, Gregory M60	
3) Boulanger, Alexandre M34	4) D'Onofrio, Philippe M33	
13 Aurora M. Ducks	M0 A	5:20.00
1) Lindquist, Daniel M36	2) Oliver, Eric M53	
3) So, Jack M43		
14 Nepean Masters	M0 A	5:30.00
1) van de Water, Mike M47	2) Saw, Ryan M37	
3) Bennett, Jacey M41	4) Sodonis, Frank M60	
15 Burlington	M0 B	5:43.00
1) Weber, Peter M57	2) Blackwood, Michael M62	
3) Hache, John M56	4) Richards, David M70	
16 ThornhillMasters	M120 A	5:45.00

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## Event 16 ... (Men 400 SC Meter Medley Relay)

Team	Relay	Seed Time
17 Middlesex	M0 C	6:00.00
1) MacLeod, Scott M45	2) Mann, Mike M44	
3) Teasdale, Robert M52	4) Russell, Gord M56	
18 Granite Masters	M0 C	6:15.00
1) Shin, John M50	2) Lessem, Joel M49	
3) Ades, Ralph M57	4) Hervey, Jason M40	
19 Technosport	M0 A	8:00.00
1) Jack, Robert M75	2) Mijal, Vello M70	
3) Barber, Graeme M73	4) Olsen, Michael M74	
20 Trillium Y	M120 A	NT
21 Guelph Marlins	M120 A	NT
22 Etobicoke	M120 A	NT
23 Etobicoke	M120 B	NT

## Event 17 Women 400 SC Meter Medley Relay

Team	Relay	Seed Time
1 Middlesex	W0 A	4:45.00
1) Rose, Whitney W28	2) Wood, Sara W28	
3) Heath, Brooke W31	4) Hendrick, Erika W27	
2 Burlington	W0 A	4:57.00
1) Haneberry, Petra W41	2) Armstrong, Sarah W43	
3) Smith, Sian W43	4) Chiki, Colleen W43	
3 Middlesex	W0 B	5:00.00
1) Esguerra, Esa W22	2) House, Janna W29	
3) Rich, Kristi W30	4) Macpherson, Erin W26	
4 Middlesex	W0 C	5:00.00
1) Hooker, Angie W38	2) MacDougall, Terri W52	
3) Noble, Anne-Marie W40	4) Nichols, Heather W28	
5 Aurora M. Ducks	W0 A	5:40.00
1) Mitchell, Janet W56	2) Anderson, Julie W50	
3) Bennett, Nicole W52	4) Greenwood, Shelagh W44	
6 CF Masters	W0 B	5:45.00
1) Plante, Marjolaine W37	2) MacDonald, Mallory W28	
3) Mayrand, Marie-Pier W24	4) Doyle, Melissa W35	
7 CF Masters	W0 A	6:00.00
1) Choi, Clare W40	2) Keyser, Catie W28	
3) Allie, Tracy W29	4) Roy, Laura W54	
8 CF Masters	W0 C	6:00.00
1) Labbe, Mylene W43	2) LeBlanc, Dawn W40	
3) Mariano, Ellen W41	4) Brett, Kathryn W30	
9 Team Atomica	W0 A	6:28.00
1) Visentin, Bonnie W46	2) McIntosh, Angela W44	
3) Katsiroumpas, Kathy W43	4) Bolognesi, Claudia W48	
10 Granite Masters	W0 A	6:32.00
1) Farrell, Sarah W51	2) Kiss MacDonald, Eva W57	
3) Georgieva, Marina W27	4) Hervey, Holly W39	
11 Burlington	W0 B	6:34.00
1) Winmill, Heather W53	2) Ruginis, Suzanne W54	
3) Lowden, Fiona W55	4) Baker, Shannon W44	
12 ThornhillMasters	W120 A	6:45.00
13 Guelph Marlins	W120 A	NT
14 Etobicoke	W120 A	NT

## Event 18 Mixed 400 SC Meter Medley Relay

Team	Relay	Seed Time
1 Granite Masters	X0 A	4:38.00
1) Long, Bryan M31	2) McCabe, Allison W30	
3) St. Jules, Andrea W26	4) Spencer, David M30	
2 Oakville Masters	X160 B	4:59.00
1) Tremblay, Sylvie W50	2) Leonard, Jill W47	
3) Velez, Mario M48	4) Le Roux, Paul M38	
3 North Toronto	X0 A	4:59.99
1) Gogan, Vincent M51	2) Hogan, Dayna W26	
3) Singer, Jason M39	4) Fabes, Melanie W36	
4 Granite Masters	X0 D	5:03.00
1) Fleming, Karen W54	2) Vehovec, Henry M58	
3) Rutledge, Mike M46	4) Osborne, Katie W53	
5 Granite Masters	X0 C	5:17.00
1) Archibald, Joanne W24	2) Vujaklija, Misa M30	
3) Weind, Sarah W39	4) Brasseur, Jeremy M41	
6 London Sdm	X0 A	5:20.00
1) Stewart, Matt M42	2) Zimmer, Jodie W47	
3) Boyarski, Beverley W37	4) Hanham, Alex M46	
7 Granite Masters	X0 B	5:25.00
1) Guthrie, Paul M46	2) Tory, Nicola W54	
3) van de Water, Melanie W38	4) Bregman, Michael M62	
8 Clarington	X0 A	5:30.00
1) Welds, Karen W53	2) Walsh, Sean M49	
3) Patrick, Michael M60	4) Soutter, Kirsten W47	
9 Burlington	X0 A	5:34.00
1) Gallagher, Sarah W31	2) Cawthray, Stewart M44	
3) Lleras, Carolina W46	4) Wyatt, David M51	
10 London Sdm	X0 B	5:40.00
1) Salmon, Anneke W60	2) McTavish, Sandie W61	
3) Grace, Chuck M59	4) Gilbert, Nick M60	
11 Team Atomica	X0 A	6:05.00
1) Maia, Virgilio M26	2) Walker, Suzanne W37	
3) Skain, John M53	4) Bolognesi, Claudia W48	
12 Nepean Masters	X0 A	6:10.00
1) Zirger, Brigitte W64	2) Thomson, Eric M68	
3) Merritt, Cathy W64	4) Colpitts, Charles M72	
13 Aurora M. Ducks	X0 B	6:30.00
1) Mitchell, Andy M55	2) Dibben, Alicia W42	
3) Costa, Carlos M44	4) Bayne, Kate W38	
14 Aurora M. Ducks	X0 A	6:40.00
1) Iannucci, Judy W60	2) Hardy, Jim M66	
3) Napast, Albert M53	4) Donnelly, Elaine W63	
15 Oakville Masters	X240 A	7:05.00
1) Liepner, Michael M78	2) Navarro, Maria W47	
3) Lopes, Sonia W60	4) Gayford, John M70	
16 Technosport	X0 A	8:15.00
1) Jack, Robert M75	2) Rusu, Liliana W59	
3) Angus, Patricia W72	4) Olsen, Michael M74	
17 Guelph Marlins	X120 A	NT
18 UofT Mississauga	X120 A	NT
1) Matuszczak, Julia W19	2) Molina, Rene M47	
3) Biasutto, Marina W23	4) Wong, Matthew M26	

## 2016 Ontario Masters Swimming Championship - 01/04/2016 to 03/04/2016

## Psych Sheet

## Event 18...(Mixed 400 SC Meter Medley Relay)

Team	Relay	Seed Time
19 Etobicoke	X120 A	NT

## Event 19 Women 100 SC Meter Backstroke

Name	Age	Team	Seed Time
1 Thompson-Edwards, Mered	43	Orillia OldPoops	1:10.72
2 Huggins, Nikki	37	Owen Sound	1:12.00
3 Jones, Cait	32	North Toronto	1:13.02
4 Fabes, Melanie	36	North Toronto	1:13.05
5 Tapson, Michelle	37	Etobicoke	1:13.87
6 Hooker, Angie	38	Middlesex	1:14.00
7 Tremblay, Sylvie	50	Oakville Masters	1:14.03
8 Marshall, Lynn	55	CarletonUMasters	1:14.99
9 Hendrick, Erika	27	Middlesex	1:15.00
10 Haneberry, Petra	41	Burlington	1:15.05
11 Chadwick, Lisa	28	Cobra Masters	1:16.00
12 Charlton, Rhiannon	35	Burlington	1:17.57
13 Bosak, Janice	44	Oshawa	1:19.11
14 Dineen, Elizabeth	26	Etobicoke	1:19.30
15 Caverly, Hilarie	27	CF Masters	1:19.80
16 Plante, Marjolaine	37	CF Masters	1:20.17
17 Vicens, Beatriz	41	Mississauga Life	1:21.00
18 Hildebrant, Katie	25	Aurora M. Ducks	1:21.54
19 Watt, Lindsay	30	Etobicoke	1:23.00
20 Archibald, Joanne	24	Granite Masters	1:23.01
21 Bothwell, Catharine	47	Ontario Unat	1:24.24
22 Moisan-Vallee, Stephanie	31	CF Masters	1:25.00
23 Hogan, Dayna	26	North Toronto	1:25.00
24 Kirkpatrick, Laura	56	Other	1:25.00
25 Weir, Sue	60	Trillium Y	1:25.00
26 Fraser, Jocelyn	43	Burlington	1:25.11
27 Choi, Clare	40	CF Masters	1:25.21
28 Labbe, Mylene	43	CF Masters	1:25.69
29 Hanna, Michaela	52	Nepean Masters	1:28.60
30 Skomra, Kim	56	Other	1:29.00
31 Smith, Rachel	44	Trillium Y	1:29.00
32 Painting, Wendy	39	Guelph Marlins	1:29.74
33 Fleming, Karen	54	Granite Masters	1:30.00
34 Allie, Tracy	29	CF Masters	1:32.00
35 Navarro, Maria	47	Oakville Masters	1:32.38
36 Salmon, Anneke	60	London Sdm	1:33.00
37 Agnew, Jennifer	55	Oakville Masters	1:33.00
38 Brooks, Emily	20	Orillia OldPoops	1:33.29
39 Welds, Karen	53	Clarington	1:33.35
40 Duklas, Michelle	25	Ryerson Masters	1:33.57
41 Walsh, Francesca	32	CF Masters	1:35.00
42 Megson, Sheila	36	Guelph Marlins	1:38.00
43 Jenkins, Meghan	37	Burlington	1:40.00
44 Nichols, Heather	28	Middlesex	1:40.00
45 Mariano, Ellen	41	CF Masters	1:44.38
46 Bhaidani, Saleema	26	Trillium Y	1:46.90
47 McCabe, Nancy	63	Granite Masters	1:49.50

48 Rousseau, Susan	56	Oakville Masters	1:49.65
49 Brett, Kathryn	30	CF Masters	1:50.00
50 Zirger, Brigitte	64	Nepean Masters	1:50.00
51 Lossing, Julie	55	Other	1:50.00
52 Wagland, Wendy	69	Ontario Unat	1:55.50
53 Oliver, Judie	84	North York	1:59.79
54 Dhanvantari, Savita	51	London Sdm	2:00.00
55 Zimmer, Sue	66	London Sdm	2:00.00
56 Racher, Hilary	34	Ontario Unat	2:00.00
57 Tzenova, Mina	26	Etobicoke	2:00.00
58 Bryce, Glad	82	Trillium Y	2:23.66
59 Kovach, Kathleen	65	Markham Masters	2:24.00
60 Rasmussen, Kalis	92	Etobicoke	2:30.00
61 Jantzi, Kristy	39	Middlesex	2:30.00
62 McIntosh, Frances	83	Guelph Marlins	2:33.00
63 Rattray, Kathryn	76	Burlington	2:36.79
64 Waschuk, Lesia	48	Alderwood	2:45.00
65 Moustgaard, Maureen	69	Laurentian	4:08.00

## Event 20 Men 100 SC Meter Backstroke

Name	Age	Team	Seed Time
1 Anderson, Eric	24	UofT Mississauga	58.00
2 Ross, Craig	36	Guelph Marlins	59.19
3 Maia, Virgilio	26	Team Atomica	1:00.89
4 Prudhomme, Marc	34	CF Masters	1:01.40
5 McKinnon, Peter	52	Orillia OldPoops	1:02.07
6 Town, Dave	55	Orillia OldPoops	1:04.09
7 Milanov, Yavor	28	Ryerson Masters	1:04.35
8 White, Matthew	30	Kingston BlueMar	1:04.50
9 Long, Bryan	31	Granite Masters	1:05.00
10 Ingo, Steve	49	Kingston BlueMar	1:05.00
11 McArton, John	42	Ontario Unat	1:05.00
12 Thomson, Dugald	34	CF Masters	1:06.50
13 Rapp, Greg	43	Whitchurch-Stouf	1:07.09
14 Pover, William	20	CF Masters	1:07.39
15 Titoura, Alexander	36	Golden Hawks	1:07.80
16 Tereshchenko, Sergiy	40	ThornhillMasters	1:09.38
17 Holden, Christopher	24	CF Masters	1:10.00
18 Ebbs, Timothy	24	Middlesex	1:10.00
19 Rasmussen, Greg	46	Muskoka Masters	1:10.00
20 Chung, Isaac	21	Toroswim	1:10.13
21 Kimani, Joseph	38	North York	1:10.79
22 Kelly, James	40	CF Masters	1:11.00
23 MacNeil, Brett	45	CF Masters	1:11.00
24 Sindrey, Garth	40	CF Masters	1:11.50
25 Aboud, Mark	60	Granite Masters	1:13.50
26 van Niekerk, Will	45	Oakville Masters	1:14.00
27 Seawright, Bud	50	Etobicoke	1:15.00
28 Vujaklija, Misa	30	Granite Masters	1:15.00
29 Stewart, Matt	42	London Sdm	1:15.00
30 Gogan, Vincent	51	North Toronto	1:15.00
31 Fifer, Matt	37	Cngatineau	1:15.00
32 Branton, Scott	49	Clarington	1:15.17

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## Event 20 ... (Men 100 SC Meter Backstroke)

Name	Age	Team	Seed Time
33 Belanger-Melancon, Pierre-	27	CF Masters	1:15.52
34 Meredith, Iain	37	CF Masters	1:15.81
35 Hebert, Paul	63	Ontario Unat	1:16.18
36 McLaren, Trevor	38	CF Masters	1:16.34
37 Wilson, Jason	43	Cambridge Mavs	1:17.00
38 Guthrie, Paul	46	Granite Masters	1:18.00
39 Velez, Mario	48	Oakville Masters	1:18.00
40 Kehler, Samuel	27	CF Masters	1:18.76
41 Luke, Paul	50	Alderwood	1:19.00
42 Gallagher, Tim	56	Granite Masters	1:19.00
43 Landy, Andrew	54	Kingston BlueMar	1:19.86
44 Hart, Brian	52	Kingston BlueMar	1:20.00
45 Dallin, David	35	CF Masters	1:22.25
46 Sodonis, Frank	60	Nepean Masters	1:25.00
47 Blagojevic, Voislav	40	ThornhillMasters	1:25.00
48 So, Jack	43	Aurora M. Ducks	1:26.32
49 Wong, Gordon	63	Soo Masters	1:27.50
50 McGill, Stephen	35	CF Masters	1:29.00
51 Rohn, Greg	55	Norseman Masters	1:29.00
52 Thurlbeck, Gregg	58	Alderwood	1:30.00
53 Proctor, Greg	57	UofT Mississauga	1:30.00
54 Thomson, Eric	68	Nepean Masters	1:30.09
55 Robson, Mark	65	ArnpriorGreyfish	1:30.20
56 Patrick, Bob	57	Owen Sound	1:30.53
57 Freeman, Peter	56	Ryerson Masters	1:31.00
58 Weber, Peter	57	Burlington	1:33.10
59 Mitchell, Andy	55	Aurora M. Ducks	1:34.00
60 Straka, Peter	73	Trillium Y	1:34.25
61 Hughsam, Brian	55	Markham Masters	1:35.33
62 Roldan, Alfredo	59	Oakville Masters	1:40.00
63 Spencer, Doug	68	London Sdm	1:44.00
64 Jeysman, Rick	63	Markham Masters	1:44.48
65 Braaksma, Harry	77	North Toronto	1:45.49
66 Salmon, Bill	61	London Sdm	1:48.00
67 Chalmers, Jamie	73	CarletonUMasters	1:49.00
68 Churcher, Jed	43	Etobicoke	1:49.00
69 Mijal, Vello	70	Technosport	1:49.00
70 Jack, Robert	75	Technosport	1:50.00
71 Macaulay, Scott	66	Ontario Unat	1:50.00
72 Colpitts, Charles	72	Nepean Masters	1:55.00
73 Fani, Hossein	33	Ryerson Masters	2:00.00
74 Nomura, Yoshihiko	79	U of T Masters	2:05.99
75 Smith, Chris	84	Trillium Y	2:15.00
76 Harback, Jamie	51	Middlesex	2:30.55
77 Yarkony, Menashe	84	North York	2:52.50
78 Ruiz, Luis	73	Ontario Unat	3:58.09

## Event 21 Women 50 SC Meter Butterfly

Name	Age	Team	Seed Time
1 McCabe, Allison	30	Granite Masters	30.05
2 Bertelink, Cindy	41	Etobicoke	30.50

3 Hendrick, Erika	27	Middlesex	30.88
4 Primorac, Marijana	37	Barrie Trojans	31.05
5 Mayrand, Marie-Pier	24	CF Masters	31.50
6 McPherson, Erica	35	Cambridge Mavs	31.50
7 Togias, Anna	31	Etobicoke	31.50
8 Thompson-Edwards, Mered	43	Orillia OldPoops	31.60
9 Samkova, Zuzana	40	North Toronto	32.05
10 Tremblay, Sylvie	50	Oakville Masters	32.05
11 Osborne, Katie	53	Granite Masters	32.50
12 Jones, Cait	32	North Toronto	32.89
13 Boyarski, Beverley	37	London Sdm	33.00
14 Wan, Karen	23	Ontario Unat	33.00
15 Ellegood, Jennifer	36	North Toronto	33.21
16 Chiki, Colleen	43	Burlington	33.99
17 Lleras, Carolina	46	Burlington	34.00
18 Smith, Sian	43	Burlington	34.00
19 Scott, Rebecca	46	Oshawa	34.12
20 Wilson, Angela	23	Guelph Marlins	34.21
21 Dineen, Elizabeth	26	Etobicoke	34.70
22 Georgieva, Marina	27	Granite Masters	34.80
23 Rollinson, Ayesha	39	Team Atomica	35.00
24 Lai, Gloria	23	Ryerson Masters	35.00
25 Watt, Lindsay	30	Etobicoke	35.50
26 House, Janna	29	Middlesex	35.50
27 Esguerra, Esa	22	Middlesex	36.00
28 Vicens, Beatriz	41	Mississauga Life	36.25
29 Mitchell, Janet	56	Aurora M. Ducks	36.48
30 Ley-Glass, Rhonda	42	Orillia OldPoops	36.84
31 Greenwood, Shelagh	44	Aurora M. Ducks	37.00
32 Labbe, Mylene	43	CF Masters	37.00
33 Hogan, Dayna	26	North Toronto	37.00
34 Merritt, Cathy	64	Nepean Masters	37.20
35 Tory, Nicola	54	Granite Masters	37.28
36 Cowling, Denyse	44	Burlington	37.89
37 Allie, Tracy	29	CF Masters	37.97
38 Fleming, Karen	54	Granite Masters	38.00
39 Bennett, Nicole	52	Aurora M. Ducks	38.01
40 Diemert, Virginia	52	Owen Sound	38.06
41 Moisan-Vallee, Stephanie	31	CF Masters	38.74
42 Lee, Anne	51	Soo Masters	38.90
43 Appleton, Angie	48	Oshawa	39.15
44 Noble, Anne-Marie	40	Middlesex	39.80
45 Visentin, Bonnie	46	Team Atomica	40.00
46 Iannucci, Judy	60	Aurora M. Ducks	40.01
47 Barker, Janice	41	Burlington	40.69
48 Long, Shannon	31	Burlington	41.00
49 Hilson, Aimee	37	Burlington	41.82
50 Roy, Laura	54	CF Masters	42.00
51 Cheung, Wendy	46	Other	42.00
52 Agnew, Jennifer	55	Oakville Masters	42.00
53 Ashworth, Michelle	30	North Toronto	43.00
54 Ohara-Hoke, Lori	54	Guelph Marlins	43.48
55 Gruer, Anna	41	ThornhillMasters	43.50

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## Event 21...(Women 50 SC Meter Butterfly)

Name	Age	Team	Seed Time
56 Katsiroumpas, Kathy	43	Team Atomica	44.00
57 Monaco, Sarah	26	ThornhillMasters	44.37
58 Jenkins, Meghan	37	Burlington	45.00
59 Salmon, Anneke	60	London Sdm	45.00
60 Rich, Kristi	30	Middlesex	45.00
61 Ragotte, Kate	27	North Toronto	45.00
62 Murphy, Sarah	39	Toroswim	45.00
63 Duklas, Michelle	25	Ryerson Masters	45.09
64 Pulham, Nancy	49	Ontario Unat	46.00
65 Bilous, Rochelle	50	Burlington	47.28
66 Mahood, Linda	56	Guelph Marlin	48.00
67 Oliveira, Carla	43	Etobicoke	50.00
68 Watson, Pauline	62	UofT Mississauga	50.56
69 Oliver, Judie	84	North York	51.09
70 Angus, Patricia	72	Technosport	52.00
71 Galamiyeva, Kate	29	Burlington	55.00
72 Henderson, Robin	57	CarletonUMasters	55.00
73 Aboud, Teri	56	Granite Masters	55.00
74 Jesson, Sandra	54	Mississauga Life	55.00
75 Ratel, Marie-Hélène	27	Toroswim	55.00
76 Smith, Tanya	41	Alderwood	55.23
77 VanDyke, Catherine	68	Alderwood	59.00
78 Jantzi, Kristy	39	Middlesex	1:00.00
79 Heit, Sally	53	Granite Masters	1:05.88
80 Lam, Thuc- Anh	53	Oakville Masters	1:06.29
81 Belluz, Janet	71	Burlington	1:10.00
82 Rogers, Patricia	64	Nat Cap Region Y	1:18.00
83 Mundy, Alyssa	18	Middlesex	1:30.00
84 Bryce, Glad	82	Trillium Y	1:39.16

## Event 22 Men 50 SC Meter Butterfly

Name	Age	Team	Seed Time
1 Vorona, Ivan	34	Cote Saint Luc	26.42
2 Hall, Luke	27	North Toronto	27.54
3 Coombs, Colin	26	Etobicoke	28.00
4 Cernele, Jeff	26	North Toronto	28.00
5 Pimot, Christopher	34	North Toronto	28.00
6 Tihanyi, Andrey	37	North Toronto	28.00
7 Rayner, Leo	26	ThornhillMasters	28.20
8 Mano, Kabir	32	Etobicoke	28.47
9 Kleven, Jeff	51	Burlington	28.50
10 Goler, Jonathan	36	Granite Masters	28.50
11 Dada Ortiz, Alejandro	36	Aurora M. Ducks	28.71
12 Tsakiltsidis, Sokratis	30	Ryerson Masters	28.74
13 Nightingale, Chris	35	Owen Sound	28.78
14 Rutledge, Mike	46	Granite Masters	28.90
15 McPherson, Stuart	41	Cambridge Mavs	29.00
16 Veisman, Herbert	50	Granite Masters	29.00
17 Boulanger, Alexandre	34	Toroswim	29.00
18 Swanson, Nicholas	22	CF Masters	29.50
19 Velez, Mario	48	Oakville Masters	29.50

20 Scott, John	55	North Toronto	29.60
21 Ades, Ralph	57	Granite Masters	29.90
22 Hewerdine, Johnny	37	Middlesex	30.00
23 Le Roux, Paul	38	Oakville Masters	30.00
24 McCluggage, Adam	31	ThornhillMasters	30.00
25 Sanajko, Michael	24	ThornhillMasters	30.00
26 Wong, Matthew	26	UofT Mississauga	30.01
27 Raleigh, Jack	56	Kingston BlueMar	30.09
28 Langlois, William	22	CF Masters	30.12
29 Christian, Dan	49	Aurora M. Ducks	30.40
30 Ball, Ian	41	Middlesex	30.52
31 Sheyanov, Marko	24	Mississauga	30.58
32 McGill, Stephen	35	CF Masters	31.00
33 Foster, Nick	56	Etobicoke	31.00
34 Smelt, Chris	53	North Toronto	31.00
35 Heilbron, Gavin	57	Aurora M. Ducks	31.05
36 Urdanivia, Javier	43	Trillium Y	31.19
37 Sestito, Anthony	37	UofT Mississauga	31.19
38 Avery, Mark	42	Owen Sound	31.30
39 Hebert, Paul	63	Ontario Unat	31.48
40 Wilkin, Dave	64	Aurora M. Ducks	31.50
41 Anzai, Tom	55	Swim Ottawa	31.55
42 Naylor, Tom	54	Etobicoke	32.00
43 Hanham, Alex	46	London Sdm	32.00
44 Fifer, Matt	37	Cngatineau	32.00
45 Smyth, Mark	41	Granite Masters	32.05
46 Barrie, Tucker	60	Ontario Unat	32.05
47 Cotrone, Jason	43	Ontario Unat	32.05
48 Buck, Christopher	44	UofT Mississauga	32.40
49 Wyatt, David	51	Burlington	32.50
50 Wilson, Jason	43	Cambridge Mavs	32.50
51 Doman, Greg	50	Granite Masters	33.00
52 Gallagher, Tim	56	Granite Masters	33.00
53 Price, Nick	28	Laurentian	33.00
54 Ebbs, Timothy	24	Middlesex	33.00
55 van de Water, Mike	47	Nepean Masters	33.00
56 Famin, Kanstantsin	35	ThornhillMasters	33.00
57 Lund, Derek	57	Ontario Unat	33.00
58 Greifenberger, David	53	Ontario Unat	33.05
59 Gilbert, Nick	60	London Sdm	33.50
60 Derenzis, Craig	39	CF Masters	34.00
61 Andrassy, Tomas	49	Mississauga	34.00
62 Saw, Ryan	37	Nepean Masters	34.00
63 Krozkin, Gabriel	42	North Toronto	34.00
64 Sherman, Phil	53	Richmond Hill	34.00
65 Huang, Jianan Erick	20	U of T Masters	34.00
66 Kehler, Samuel	27	CF Masters	34.33
67 Cawthray, Stewart	44	Burlington	35.00
68 Deitel, Wayne	47	North York	35.00
69 Jalleau, Alexandre	44	Trillium Y	35.00
70 Molina, Rene	47	UofT Mississauga	35.00
71 Vehovec, Henry	58	Granite Masters	35.08
72 Straka, Peter	73	Trillium Y	35.25

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## Event 22 ... (Men 50 SC Meter Butterfly)

Name	Age	Team	Seed Time
73 Lyon, David	50	Burlington	35.94
74 Wilson, Ben	40	Burlington	36.00
75 Jarvis, Andrew	25	CF Masters	36.00
76 Kotecha, Mitesh	46	Norseman Masters	36.00
77 Mekuz, Nathan	44	North Toronto	36.05
78 O'Brien, Terry	64	Kingston BlueMar	36.50
79 Naroski, Shaun	54	Ontario Unat	36.85
80 Connors, Trevor	44	B-Train	37.00
81 Lester, Gordon	42	North Toronto	37.00
82 Michalski, Arne	46	Ontario Unat	37.00
83 Roldan, Alfredo	59	Oakville Masters	37.00
84 Napast, Albert	53	Aurora M. Ducks	37.15
85 Hejazi, Fouad	27	Mississauga Life	38.00
86 Rogers, Phil	66	Nat Cap Region Y	38.00
87 Cramer, Thomas	46	Trillium Y	38.00
88 Rebstock, Tom	55	Oakville Masters	38.00
89 Moultray, Jim	58	Aurora M. Ducks	39.00
90 Teisanu, Adrian	42	Etobicoke	39.31
91 Vujaklija, Misa	30	Granite Masters	40.00
92 Shaka, Adam	42	Mississauga Life	40.00
93 Fullarton, Andrew	30	U of T Masters	40.00
94 D'Onofrio, Philippe	33	Toroswim	40.00
95 Miller, Jeffrey	62	North Toronto	41.71
96 Lee, Hin Lun	34	ThornhillMasters	42.00
97 Christopher, Aaron	36	Trillium Y	45.00
98 Liepner, Michael	78	Oakville Masters	46.03
99 Yip, Terry	66	Nepean Masters	48.00
100 Shin, John	50	Granite Masters	50.00
101 Mann, Mike	44	Middlesex	55.00
102 Barber, Graeme	73	Technosport	55.00
103 Jack, Robert	75	Technosport	55.00
104 Henne, Wally	81	Trillium Y	55.00
105 Lane, Charlie	78	Etobicoke	59.00
106 Costa, Carlos	44	Aurora M. Ducks	1:00.00
107 Doyle, Michael	57	Markham Masters	1:00.00
108 Maruki, Hideo	81	North York	1:01.83
109 Rodrigues, Larry	82	North York	1:50.00
110 Goncalves, Louie	50	Mississauga	30:03.07
111 Kokai, Tibor	60	ThornhillMasters	41:00.00

## Event 23 Women 200 SC Meter Breaststroke

Name	Age	Team	Seed Time
1 Lau, Phoebe	19	Ryerson Masters	2:20.00
2 Heath, Brooke	31	Middlesex	2:50.00
3 Wood, Sara	28	Middlesex	2:50.00
4 Cermak, Carly	31	Barrie Trojans	2:52.05
5 Armstrong, Sarah	43	Burlington	2:59.00
6 Rose, Whitney	28	Middlesex	3:00.00
7 FreemN, Anna	26	Etobicoke	3:04.37
8 Blight, Kathy	42	Owen Sound	3:07.85
9 Gregson Pagan, Erin	46	Cambridge Mavs	3:09.12

10 Rollinson, Ayesha	39	Team Atomica	3:10.00
11 MacDougall, Terri	52	Middlesex	3:11.00
12 Hannigan, Frances	32	Barrie Trojans	3:15.00
13 Chvatal, Jana	39	Trillium Y	3:15.00
14 Smith, Julia	45	Windsor Essex	3:15.00
15 Bruce, Heather	46	North York Aqua	3:20.00
16 Clayton, Jacqueline	51	Mississauga	3:21.36
17 Keyser, Catie	28	CF Masters	3:25.00
18 Rodgers, Lynn	45	Etobicoke	3:25.00
19 Langmuir, Kay	57	Kingston BlueMar	3:27.24
20 Farrell, Sarah	51	Granite Masters	3:28.57
21 Doyle, Melissa	35	CF Masters	3:30.00
22 Dibben, Alicia	42	Aurora M. Ducks	3:32.00
23 Santilly, Lisa	46	Markham Masters	3:38.65
24 Traxler, Delfina	56	Aurora M. Ducks	3:40.00
25 McTavish, Sandie	51	London Sdm	3:42.71
26 Ruginis, Suzanne	54	Burlington	3:43.04
27 Rusu, Liliana	59	Technosport	3:44.00
28 Ward, Samantha	51	Oakville Masters	3:47.00
29 Jackson, Kathy	52	Oakville Masters	3:51.00
30 Lopes, Sonia	60	Oakville Masters	3:57.00
31 Tzenova, Mina	26	Etobicoke	4:00.00
32 Brown, Jackie	60	Markham Masters	4:23.40
33 Shimano, Lee	62	Alderwood	4:30.00
34 Lee, Faith	57	Etobicoke	4:30.00
35 Belluz, Janet	71	Burlington	5:20.00
36 Gunther, Ann	71	Trillium Y	5:30.00
37 Konzelmann, Irene	80	Clarington	5:35.61
38 Tsitsiura, Volha	65	ThornhillMasters	6:25.00

## Event 24 Men 200 SC Meter Breaststroke

Name	Age	Team	Seed Time
1 Kim, Aiden	21	CF Masters	2:23.83
2 Mano, Kabir	32	Etobicoke	2:36.96
3 Ognean, Ovidiu	47	Windsor Essex	2:44.50
4 Seto, Chris	44	TO Athletic Club	2:45.00
5 Williamson, Matthew	52	Trillium Y	2:45.00
6 Nightingale, Chris	35	Owen Sound	2:45.68
7 Brown, Nicholas	45	Burlington	2:47.50
8 Cescon, Jon	39	Granite Masters	2:47.77
9 Rapp, Greg	43	Whitchurch-Stouf	2:49.09
10 Tong, Ryan	31	Burlington	2:50.00
11 Kent, Robert	52	Etobicoke	2:54.00
12 Grootveld, John	47	Granite Masters	2:54.00
13 Vanderby, Doug	57	North Toronto	2:54.99
14 Diaz, Rodolfo	40	Trillium Y	2:55.00
15 Hewerdine, Johnny	37	Middlesex	3:00.00
16 Galvin, Tyler	22	Ryerson Masters	3:00.00
17 Branton, Scott	49	Clarington	3:04.31
18 Rebstock, Tom	55	Oakville Masters	3:05.00
19 Hache, John	56	Burlington	3:06.12
20 Keffer, Shawn	39	Cambridge Mavs	3:06.34
21 Konior, Matt	50	Windsor Essex	3:07.50



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Psych Sheet

Event 24 ... (Men 200 SC Meter Breaststroke)

Name	Age	Team	Seed Time
22 Oliver, Eric	53	Aurora M. Ducks	3:08.00
23 Doman, Greg	50	Granite Masters	3:10.00
24 Stackhouse, Tony	42	Middlesex	3:10.00
25 Speidel, Friedrich	54	Burlington	3:12.00
26 Hughsam, Brian	55	Markham Masters	3:14.80
27 Blagojevic, Voislav	40	ThornhillMasters	3:15.00
28 Vehovec, Henry	58	Granite Masters	3:16.00
29 Lyon, David	50	Burlington	3:24.46
30 Bauer, Rick	37	Middlesex	3:25.40
31 Vadillo, Miguel	47	Guelph Marlins	3:26.00
32 Jeysman, Rick	63	Markham Masters	3:31.13
33 Napast, Albert	53	Aurora M. Ducks	3:32.57
34 Sheridan, Brian	71	Etobicoke	3:34.00
35 Lindquist, Les	65	Aurora M. Ducks	3:34.15
36 Haites, Erik	73	TO Athletic Club	3:35.00
37 Hardy, Jim	66	Aurora M. Ducks	3:37.05
38 von Zuben, Chuck	67	Trillium Y	3:40.00
39 Gentle, Cliff	70	Trillium Y	3:42.00
40 MacLeod, Scott	45	Middlesex	3:45.00
41 Strahlendorf, Peter	61	Trillium Y	3:45.00
42 Walsh, Sean	49	Clarington	3:55.06
43 Mijal, Vello	70	Technosport	3:59.00
44 Kenny, Michael	41	Cambridge Mavs	4:00.00
45 Robinson, Gregory	60	Toroswim	4:11.09
46 Ruginis, Dan	57	Burlington	4:20.00
47 Yip, Terry	66	Nepean Masters	4:30.00
48 Gulidov, Viktor	75	Ontario Unat	4:30.00
49 Winters, Hank	75	Ontario Unat	4:30.00
50 Evans, Clark	44	Norseman Masters	4:35.00
51 Kwan, Dan	61	North York	4:50.00
52 Tsitsiura, Aliaksei	68	ThornhillMasters	4:58.60
53 Tierney, Larry	78	Ontario Unat	5:25.00
54 Simone, Andrew	78	Norseman Masters	5:35.00

Event 25 Women 200 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 North Toronto	W0 A	1:54.99
1) Hogan, Dayna W26	2) Ashworth, Michelle W30	
3) Samkova, Zuzana W40	4) Fabes, Melanie W36	
2 Middlesex	W0 A	2:00.00
1) Hendrick, Erika W27	2) Rose, Whitney W28	
3) Heath, Brooke W31	4) Wood, Sara W28	
3 Burlington	W0 A	2:01.00
1) Armstrong, Sarah W43	2) Charlton, Rhiannon W35	
3) Haneberry, Petra W41	4) Chiki, Colleen W43	
4 Granite Masters	W0 B	2:06.05
1) Georgieva, Marina W27	2) McCabe, Allison W30	
3) St. Jules, Andrea W26	4) Archibald, Joanne W24	
5 CF Masters	W0 C	2:09.00
1) Morissette-Barriault, Frederick V	2) Quinlan, Lesley W38	
3) Sao Miguel, Emma W29	4) Mayrand, Marie-Pier W24	

6 CF Masters	W0 A	2:10.00
1) Labbe, Mylene W43	2) Desmarais, Catherine W36	
3) Choi, Clare W40	4) MacDonald, Mallory W28	
7 Oshawa	W0 A	2:10.33
1) Scott, Rebecca W46	2) George, Michelle W41	
3) Appleton, Angie W48	4) Bosak, Janice W44	
8 Middlesex	W0 B	2:15.00
1) House, Janna W29	2) Esguerra, Esa W22	
3) Rich, Kristi W30	4) Macpherson, Erin W26	
9 Middlesex	W0 C	2:15.00
1) MacDougall, Terri W52	2) Hooker, Angie W38	
3) Noble, Anne-Marie W40	4) Nichols, Heather W28	
10 CF Masters	W0 B	2:16.00
1) Wood, Emily W25	2) Plante, Marjolaine W37	
3) Walsh, Francesca W32	4) Mariano, Ellen W41	
11 CF Masters	W0 D	2:18.00
1) Moisan-Vallee, Stephanie W31	2) Allie, Tracy W29	
3) Brett, Kathryn W30	4) LeBlanc, Dawn W40	
12 Aurora M. Ducks	W0 B	2:19.00
1) Greenwood, Shelagh W44	2) Corso, Terri W53	
3) Bayne, Kate W38	4) Hildebrant, Katie W25	
13 London Sdm	W0 A	2:20.00
1) McTavish, Sandie W61	2) Zimmer, Jodie W47	
3) Salmon, Anneke W60	4) Boyarski, Beverley W37	
14 Burlington	W0 B	2:22.00
1) Hilson, Aimee W37	2) Barker, Janice W41	
3) Long, Shannon W31	4) Jenkins, Meghan W37	
15 Aurora M. Ducks	W0 A	2:24.00
1) Iannucci, Judy W60	2) Jacob, Casey W51	
3) Mitchell, Janet W56	4) Bennett, Nicole W52	
16 Team Atomica	W0 A	2:27.00
1) McIntosh, Angela W44	2) Visentin, Bonnie W46	
3) Katsiroumpas, Kathy W43	4) Dupuis, Lisa W40	
17 ThornhillMasters	W120 A	2:30.00
18 Oakville Masters	W200 A	2:35.00
1) Lopes, Sonia W60	2) Jackson, Kathy W52	
3) MacGregor, Mairi W53	4) Agnew, Jennifer W55	
19 Granite Masters	W0 A	2:35.00
1) Kiss MacDonald, Eva W57	2) McCabe, Nancy W63	
3) Aboud, Teri W56	4) Tory, Nicola W54	
20 Burlington	W0 C	2:45.00
1) Bilous, Rochelle W50	2) Winmill, Heather W53	
3) Hernandez, Patricia W49	4) Ruginis, Suzanne W54	
21 North York	W0 A	5:00.00
1) Lyons, Kelly W53	2) Hornacek, Lynn W50	
3) Oliver, Michele W59	4) Oliver, Judie W84	
22 Trillium Y	W120 A	NT
23 Guelph Marlins	W120 A	NT
24 Etobicoke	W120 A	NT
25 Etobicoke	W120 B	NT

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Event 26 Men 200 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 Granite Masters	M0 A	1:48.07
1) Long, Bryan M31	2) Goler, Jonathan M36	
3) Brasseur, Jeremy M41	4) van de Water, Chris M35	
2 ThornhillMasters	M120 A	1:49.00
3 North Toronto	M0 A	1:49.99
1) Pimot, Christopher M34	2) Dent, Mitch M58	
3) Smelt, Chris M53	4) Scott, John M55	
4 CF Masters	M0 A	1:50.00
1) Thomson, Dugald M34	2) Holden, Christopher M24	
3) Kelly, James M40	4) Sindrey, Garth M40	
5 Middlesex	M0 A	1:50.00
1) Hedley, Ben M41	2) Ball, Ian M41	
3) Hewerdine, Johnny M37	4) Clinkard, David M32	
6 Aurora M. Ducks	M0 A	1:50.00
1) Wilkin, Dave M64	2) Dada, Alejandro M36	
3) Christian, Dan M49	4) Lindquist, Daniel M36	
7 Burlington	M0 A	1:53.00
1) Wyatt, David M51	2) Tong, Ryan M31	
3) Hache, John M56	4) Phillips, Greg M48	
8 Mississauga	M0 A	1:53.50
1) Andrassy, Tomas M49	2) Wong, Melvyn M24	
3) Goncalves, Louie M50	4) Sheyanov, Marko M24	
9 CF Masters	M0 E	1:54.00
1) Prudhomme, Marc M34	2) Jarvis, Andrew M25	
3) Landriault, Robert M51	4) Thomas, Andrew M37	
10 Granite Masters	M0 B	1:54.09
1) Dennis, Jim M43	2) Kennard, Allan M67	
3) Newton, Lionel M72	4) Vehovec, Henry M58	
11 CF Masters	M0 B	1:55.00
1) Swanson, Nicholas M22	2) Pover, William M20	
3) Woodbridge, Oliver M41	4) MacNeil, Brett M45	
12 CF Masters	M0 D	1:56.00
1) Meredith, Iain M37	2) Kehler, Samuel M27	
3) Dallin, David M35	4) Kim, Aiden M21	
13 CF Masters	M0 F	1:57.00
1) Belanger-Melancon, Pierre-Luc	2) Lacombe, David M30	
3) Lacasse-Lamontagne, Martin M4	4) McGill, Stephen M35	
14 Granite Masters	M0 C	1:58.00
1) Warburton, Sean M48	2) Bregman, Michael M62	
3) Gallagher, Tim M56	4) Rutledge, Mike M46	
15 Middlesex	M0 B	2:00.00
1) Ebbs, Timothy M24	2) Stackhouse, Tony M42	
3) Xu, Francesco (Haoge) M21	4) Bauer, Rick M37	
16 Cambridge Mavs	M0 A	2:00.00
1) Kenny, Michael M41	2) Heinbuch, John M59	
3) Keffer, Shawn M39	4) McPherson, Stuart M41	
17 London Sdm	M0 A	2:00.00
1) Hanham, Alex M46	2) Salmon, Bill M61	
3) Gilbert, Nick M60	4) Stewart, Matt M42	
18 Granite Masters	M0 D	2:00.00
1) Doman, Greg M50	2) Lessem, Joel M49	
3) Guthrie, Paul M46	4) Smyth, Mark M41	

19 CF Masters	M0 C	2:05.00
1) McLaren, Trevor M38	2) Derenzis, Craig M39	
3) Watts, Greg M40	4) Dore, Adam M33	
20 North York	M0 A	2:05.00
1) Trauber, Ami M77	2) Deitel, Wayne M47	
3) Rieper, Ralph M57	4) Kimani, Joseph M38	
21 Burlington	M0 B	2:07.00
1) Weber, Peter M57	2) Speidel, Friedrich M54	
3) Blackwood, Michael M62	4) Lyon, David M50	
22 Nepean Masters	M0 A	2:10.00
1) van de Water, Mike M47	2) Colpitts, Charles M72	
3) Thomson, Eric M68	4) Sodonis, Frank M60	
23 Aurora M. Ducks	M0 B	2:15.00
1) Hardy, Jim M66	2) Lindquist, Les M65	
3) Oliver, Eric M53		
24 ThornhillMasters	M120 B	2:15.00
25 Middlesex	M0 C	2:30.00
1) MacLeod, Scott M45	2) Mann, Mike M44	
3) Russell, Gord M56	4) Teasdale, Robert M52	
26 Technosport	M0 A	2:36.00
1) Barber, Graeme M73	2) Jack, Robert M75	
3) Mijal, Vello M70	4) Olsen, Michael M74	
27 Kingston BlueMar	M0 A	2:46.50
1) Raleigh, Jack M56	2) Landy, Andrew M54	
3) Hart, Brian M52	4) Ingo, Steve M49	
28 Norseman Masters	M200 A	3:05.00
1) Kotecha, Mitesh M46	2) Simone, Andrew M78	
3) Wood, Barry M62	4) Evans, Clark M44	
29 Trillium Y	M120 A	NT
30 Trillium Y	M120 B	NT
31 Guelph Marlins	M120 A	NT
32 UofT Mississauga	M160 A	NT
1) Buck, Christopher M44	2) Molina, Rene M47	
3) Proctor, Greg M57	4) Sestito, Anthony M37	
33 Etobicoke	M120 A	NT
34 Etobicoke	M120 B	NT

Event 27 Mixed 200 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 North Toronto	X0 A	1:49.99
1) Vanderby, Doug M57	2) Fabes, Melanie W36	
3) Samkova, Zuzana W40	4) Scott, John M55	
2 Burlington	X0 D	1:52.00
1) Kleven, Jeff M51	2) Smith, Pete M44	
3) Charlton, Rhiannon W35	4) Armstrong, Sarah W43	
3 Granite Masters	X0 A	1:54.05
1) Aboud, Mark M60	2) van de Water, Melanie W38	
3) Osborne, Katie W53	4) Veisman, Herbert M50	
4 North Toronto	X0 B	1:54.99
1) Gogan, Vincent M51	2) Ellegood, Jennifer W36	
3) Ashworth, Michelle W30	4) Krozkin, Gabriel M42	
5 Clarington	X0 A	1:58.00
1) Welds, Karen W53	2) Soutter, Kirsten W47	
3) Branton, Scott M49	4) Patrick, Michael M60	

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## Event 27 ... (Mixed 200 SC Meter Freestyle Relay)

Event	Team	Relay	Seed Time
6	Oakville Masters	X160 A	1:58.00
	1) van Niekerk, Will M45	2) Leonard, Jill W47	
	3) Tremblay, Sylvie W50	4) Velez, Mario M48	
7	Burlington	X0 B	2:00.00
	1) Lleras, Carolina W46	2) Smith, Sian W43	
	3) Hache, John M56	4) Wyatt, David M51	
8	London Sdm	X0 A	2:00.00
	1) Stewart, Matt M42	2) Zimmer, Jodie W47	
	3) Boyarski, Beverley W37	4) Hanham, Alex M46	
9	Toroswim	X100 A	2:00.50
	1) Chung, Isaac M21	2) Boulanger, Alexandre M34	
	3) Ratel, Marie-Hélène W27	4) D'Onofrio, Philippe M33	
10	Cambridge Mavs	X0 A	2:01.12
	1) McPherson, Erica W35	2) Gregson Pagan, Erin W46	
	3) Wilson, Jason M43	4) Streppel, Greg M48	
11	Team Atomica	X0 A	2:02.00
	1) Rollinson, Ayesha W39	2) Skain, John M53	
	3) Maia, Virgilio M26	4) Skain, Cate W19	
12	Granite Masters	X0 B	2:03.00
	1) Fleming, Karen W54	2) Ades, Ralph M57	
	3) King, Caroline W52	4) Cescon, Jon M39	
13	Orillia OldPoops	X0 A	2:04.00
	1) McKinnon, Peter M52	2) Town, Dave M55	
	3) Thompson-Edwards, Meredith W	4) Ley-Glass, Rhonda W42	
14	Nepean Masters	X0 A	2:09.00
	1) Saw, Ryan M37	2) Merritt, Cathy W64	
	3) Thomson, Eric M68	4) Hanna, Michaela W52	
15	Burlington	X0 C	2:09.00
	1) Cowling, Denyse W44	2) Haneberry, Petra W41	
	3) Cawthray, Stewart M44	4) Smith, Jason M39	
16	Mississauga Life	X0 A	2:10.00
	1) Hejazi, Fouad M27	2) Jesson, Sandra W54	
	3) Vicens, Beatriz W41	4) Shaka, Adam M42	
17	Burlington	X0 E	2:10.00
	1) Galamiyeva, Kate W29	2) Gallagher, Sarah W31	
	3) Helber, Florian M27	4) McCatty, Phillip M32	
18	Owen Sound	X0 A	2:14.00
	1) Blight, Kathy W42	2) Patrick, Bob M57	
	3) Huggins, Nikki W37	4) Nightingale, Chris M35	
19	Granite Masters	X0 D	2:14.00
	1) Hervey, Holly W39	2) Hanson, Liz W49	
	3) Woodcock, Blaine M37	4) Hervey, Jason M40	
20	Granite Masters	X0 E	2:14.00
	1) Noble, Alison W54	2) Newton, Lionel M72	
	3) Farrell, Sarah W51	4) Freeman, Blair M52	
21	CF Masters	X0 A	2:15.00
	1) Sinai, David M37	2) Caverly, Hilarie W27	
	3) Roy, Laura W54	4) Ploughman, Bruce M55	
22	Aurora M. Ducks	X0 B	2:15.00
	1) Napast, Albert M53	2) Borysek, Brittany W31	
	3) Bennett, Nicole W52	4) So, Jack M43	

23	Mississauga	X0 A	2:15.30
	1) Goncalves, Louie M50	2) Clayton, Jacqueline W51	
	3) Duclos, Andrea W49	4) Sheyanov, Marko M24	
24	Oakville Masters	X240 B	2:32.00
	1) Gayford, John M70	2) Ward, Samantha W51	
	3) Navarro, Maria W47	4) Liepner, Michael M78	
25	Aurora M. Ducks	X0 A	2:39.00
	1) Costa, Carlos M44	2) Traxler, Delfina W56	
	3) Dibben, Alicia W42	4) Moultray, Jim M58	
26	Technosport	X0 A	2:40.00
	1) Barber, Graeme M73	2) Rusu, Liliana W59	
	3) Angus, Patricia W72	4) Olsen, Michael M74	
27	London Sdm	X0 B	2:40.00
	1) Gilbert, Nick M60	2) Zimmer, Sue W66	
	3) Dhanvantari, Savita W51	4) Spencer, Doug M68	
28	Granite Masters	X0 C	2:48.05
	1) Del Vecchio, Anne-Sophie W44	2) Vujaklija, Misa M30	
	3) Ross, Stephen M58	4) Heit, Sally W53	
29	North York	X0 A	3:00.00
	1) Lenard, John M79	2) Oliver, Michele W59	
	3) Oliver, Judie W84	4) Trauber, Ami M77	
30	Burlington	X0 A	3:11.00
	1) Richards, David M70	2) Blackwood, Michael M62	
	3) Belluz, Janet W71	4) Rattray, Kathryn W76	
31	Aurora M. Ducks	X0 C	3:30.00
	1) Leger, Tom M55	2) Jacob, Casey W51	
	3) Moultray, Elizabeth W56	4) Mitchell, Andy M55	
32	Trillium Y	X120 A	NT
33	Trillium Y	X120 B	NT
34	Guelph Marlins	X120 A	NT
35	UofT Mississauga	X120 A	NT
	1) Wong, Matthew M26	2) Griffiths, Allison W40	
	3) Sestito, Anthony M37	4) Biasutto, Marina W23	
36	Etobicoke	X120 A	NT
37	Ryerson Masters	X120 A	NT
	1) Duklas, Michelle W25	2) Fani, Hossein M33	
	3) O'Neil, Kelly W28	4) Ambridge, Chris M56	

## Event 28 Men 400 SC Meter Freestyle

Event	Name	Age	Team	Seed Time
1	Kent, Dylan	25	Etobicoke	4:20.00
2	Elf, Jessey	22	Guelph Marlins	4:23.76
3	van de Water, Chris	35	Granite Masters	4:24.00
4	Coombs, Colin	26	Etobicoke	4:27.50
5	Clinkard, David	32	Middlesex	4:33.03
6	Milanov, Yavor	28	Ryerson Masters	4:38.03
7	Prudhomme, Marc	34	CF Masters	4:39.20
8	Carlsen, Glenn	59	Kisu Masters	4:44.75
9	Thomson, Dugald	34	CF Masters	4:45.00
10	Rasmussen, Greg	46	Muskoka Masters	4:45.00
11	Ball, Ian	41	Middlesex	4:47.50
12	Rutledge, Mike	46	Granite Masters	4:48.00
13	Lindquist, Daniel	36	Aurora M. Ducks	4:50.00
14	Kelly, James	40	CF Masters	4:50.00



MASTERS SWIMMING ONTARIO



ThornhillMastersAquaticClub

## 2016 Ontario Masters Swimming Championship - 01/04/2016 to 03/04/2016

## Psych Sheet

## Event 28 ... (Men 400 SC Meter Freestyle)

Name	Age	Team	Seed Time
15 Lacasse-Lamontagne, Marti	43	CF Masters	4:50.00
16 Patrick, Michael	60	Clarington	4:50.00
17 Naylor, Tom	54	Etobicoke	4:50.00
18 Seawright, Bud	50	Etobicoke	4:50.00
19 Raleigh, Jack	56	Kingston BlueMar	4:54.00
20 Avery, Mark	42	Owen Sound	4:55.00
21 Tereshchenko, Sergiy	40	ThornhillMasters	4:55.20
22 Landriault, Robert	51	CF Masters	4:56.70
23 Saulnier, Dain	19	CF Masters	4:58.68
24 MacNeil, Brett	45	CF Masters	5:00.00
25 Grace, Chuck	59	London Sdm	5:00.00
26 Thomas, Andrew	37	CF Masters	5:04.01
27 Konior, Matt	50	Windsor Essex	5:07.00
28 Branton, Scott	49	Clarington	5:08.54
29 Armstrong, Ron	66	Etobicoke	5:10.00
30 Lacombe, David	30	CF Masters	5:10.23
31 Brasseur, Jeremy	41	Granite Masters	5:13.90
32 Heinbuch, John	59	Cambridge Mavs	5:16.55
33 Sherman, Phil	53	Richmond Hill	5:18.00
34 Wilson, Ben	40	Burlington	5:20.00
35 Woodbridge, Oliver	41	CF Masters	5:20.00
36 Chisholm, Bill	61	North Toronto	5:20.00
37 Wong, Matthew	26	UofT Mississauga	5:20.06
38 Dallin, David	35	CF Masters	5:21.00
39 D'Onofrio, Philippe	33	Toroswim	5:23.00
40 Kehler, Samuel	27	CF Masters	5:23.56
41 Smith, Jason	39	Burlington	5:25.00
42 Jalleau, Alexandre	44	Trillium Y	5:25.00
43 Cramer, Thomas	46	Trillium Y	5:30.00
44 Watts, Greg	40	CF Masters	5:31.00
45 Buck, Christopher	44	UofT Mississauga	5:35.25
46 Mateer, Glen	55	Trillium Y	5:37.00
47 Larose, Martin	37	CF Masters	5:45.00
48 Nesovic, Jake	49	Trillium Y	5:45.00
49 Armstrong, Scott	49	North York Aqua	5:45.64
50 Xu, Francesco (Haoge)	21	Middlesex	5:50.00
51 Hejazi, Fouad	27	Mississauga Life	5:50.00
52 MacLean, John	60	Trillium Y	5:50.00
53 Lessem, Joel	49	Granite Masters	5:55.00
54 Weber, Peter	57	Burlington	5:59.60
55 Vadillo, Miguel	47	Guelph Marlins	6:00.00
56 Vujaklija, Misa	30	Granite Masters	6:00.00
57 Kindiak, Greg	50	Markham Masters	6:00.00
58 Famin, Kanstantsin	35	ThornhillMasters	6:00.00
59 Bennett, Jacey	41	Nepean Masters	6:04.81
60 Sinai, David	37	CF Masters	6:05.00
61 Thurlbeck, Gregg	58	Alderwood	6:10.00
62 Russell, Gord	56	Middlesex	6:10.00
63 Richards, David	70	Burlington	6:14.84
64 Skain, John	53	Team Atomica	6:15.00
65 Salmon, Bill	61	London Sdm	6:15.00

66 McCatty, Phillip	32	Burlington	6:15.00
67 Macaulay, Scott	66	Ontario Unat	6:20.00
68 Trauber, Ami	77	North York	6:30.00
69 Swerhun, Richard	58	UofT Mississauga	6:31.00
70 Aksenov, Vadim	35	Mississauga	6:40.00
71 Van Velzen, Peter	55	Whitchurch-Stouf	6:40.00
72 Braaksma, Harry	77	North Toronto	6:56.77
73 MacLean, Robert (Bob)	72	Alderwood	7:00.00
74 Costa, Carlos	44	Aurora M. Ducks	7:00.00
75 MacLeod, Scott	45	Middlesex	7:00.00
76 Olsen, Michael	74	Technosport	7:00.00
77 Barber, Graeme	73	Technosport	7:10.00
78 Evans, Clark	44	Norseman Masters	7:30.00
79 Aragon, German	49	ThornhillMasters	7:30.00
80 Gayford, John	70	Oakville Masters	8:00.00
81 Lane, Charlie	78	Etobicoke	9:00.00
82 Simone, Andrew	78	Norseman Masters	9:10.00
83 Kennard, Allan	67	Granite Masters	9:45.67

## Event 29 Women 400 SC Meter Freestyle

Name	Age	Team	Seed Time
1 Bertelink, Cindy	41	Etobicoke	4:30.50
2 Wood, Emily	25	CF Masters	4:45.00
3 Cermak, Carly	31	Barrie Trojans	4:49.00
4 Wall, Christina	32	Other	4:50.06
5 Biasutto, Marina	23	UofT Mississauga	4:51.82
6 Skain, Cate	19	Team Atomica	5:00.00
7 Dennis, Stephanie	30	Ontario Unat	5:05.00
8 FreemN, Anna	26	Etobicoke	5:07.01
9 Sutcliffe, Alyce	26	Ontario Unat	5:08.15
10 Hooker, Angie	38	Middlesex	5:10.00
11 Morissette-Barriault, Freder	22	CF Masters	5:13.33
12 Lleras, Carolina	46	Burlington	5:18.34
13 Chiki, Colleen	43	Burlington	5:20.00
14 Ferguson, Alexandra	29	Other	5:22.23
15 van de Water, Melanie	38	Granite Masters	5:25.00
16 Osborne, Katie	53	Granite Masters	5:28.50
17 Rollinson, Ayesha	39	Team Atomica	5:30.00
18 Rodgers, Lynn	45	Etobicoke	5:30.00
19 St. Jules, Andrea	26	Granite Masters	5:30.00
20 MacDonald, Mallory	28	CF Masters	5:33.15
21 de Laat, Marcela	44	Etobicoke	5:34.56
22 Lyons, Kelly	53	North York	5:35.00
23 Bubenickova, Lenka	37	Trillium Y	5:35.00
24 Desmarais, Catherine	36	CF Masters	5:35.25
25 Monaco, Sarah	26	ThornhillMasters	5:38.39
26 Bruce, Heather	46	North York Aqua	5:43.00
27 Griffiths, Allison	40	UofT Mississauga	5:45.00
28 Katsiroupas, Kathy	43	Team Atomica	5:50.00
29 Lee, Anne	51	Soo Masters	5:50.00
30 Vidotto, Danica	26	Ryerson Masters	5:52.00
31 Cowling, Denyse	44	Burlington	5:54.30
32 Diemert, Virginia	52	Owen Sound	5:54.95

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## Psych Sheet

## Event 29...(Women 400 SC Meter Freestyle)

Name	Age	Team	Seed Time
33 Hildebrant, Katie	25	Aurora M. Ducks	5:55.35
34 Bayne, Kate	38	Aurora M. Ducks	6:00.00
35 Brett, Kathryn	30	CF Masters	6:00.00
36 Doyle, Melissa	35	CF Masters	6:00.00
37 Ragotte, Kate	27	North Toronto	6:00.00
38 Brooks, Emily	20	Orillia OldPoops	6:01.63
39 Quinlan, Lesley	38	CF Masters	6:02.00
40 Roy, Laura	54	CF Masters	6:11.50
41 Gallagher, Sarah	31	Burlington	6:13.24
42 Dupuis, Lisa	40	Team Atomica	6:15.00
43 Finkelstein, Susan	43	Team Atomica	6:20.00
44 Leonard, Jill	47	Oakville Masters	6:20.00
45 Ashworth, Michelle	30	North Toronto	6:22.00
46 MacGregor, Mairi	53	Oakville Masters	6:27.00
47 Ohara-Hoke, Lori	54	Guelph Marlins	6:30.00
48 Rich, Kristi	30	Middlesex	6:30.00
49 Vicens, Beatriz	41	Mississauga Life	6:30.00
50 Zirger, Brigitte	64	Nepean Masters	6:30.00
51 Lossing, Julie	55	Other	6:30.00
52 Corso, Terri	53	Aurora M. Ducks	6:31.24
53 Salgo, Nicole	43	Guelph Marlins	6:40.00
54 Nichols, Heather	28	Middlesex	6:40.00
55 Swerhun, Kathryn	57	UofT Mississauga	6:41.00
56 LeBlanc, Dawn	40	CF Masters	6:43.00
57 Salmon, Anneke	60	London Sdm	6:50.00
58 Hornacek, Lynn	50	North York	6:50.00
59 McIntosh, Angela	44	Team Atomica	7:00.00
60 Henderson, Robin	57	CarletonUMasters	7:15.00
61 Watson, Pauline	62	UofT Mississauga	7:16.76
62 Jackson, Kathy	52	Oakville Masters	7:19.00
63 Rousseau, Susan	56	Oakville Masters	7:29.14
64 Jesson, Sandra	54	Mississauga Life	7:45.00
65 Andriewsky, Olga	62	Norseman Masters	7:45.00
66 Killeen, Karen	60	Norseman Masters	7:45.00
67 Ratel, Marie-Hélène	27	Toroswim	7:45.00
68 Shimano, Lee	62	Alderwood	8:00.00
69 Megson, Sheila	36	Guelph Marlins	8:00.00
70 McGouran, Mary	60	Markham Masters	8:40.42
71 Edwards, Darryl	52	ThornhillMasters	9:00.00
72 McIntosh, Frances	83	Guelph Marlins	9:15.00
73 Rattray, Kathryn	76	Burlington	9:34.87
74 Gunther, Ann	71	Trillium Y	9:36.00
75 Waschuk, Lesia	48	Alderwood	9:38.77
76 Lane, Virginia C.	70	London Sdm	10:01.61
77 Malloch, Barrie	75	Alderwood	11:00.00

## Event 30 Men 200 SC Meter Freestyle

Name	Age	Team	Seed Time
1 Ross, Craig	36	Guelph Marlins	1:57.77
2 Prudhomme, Marc	34	CF Masters	2:01.50
3 Statkevicius, Al	40	Etobicoke	2:01.94

4 Spencer, David	30	Granite Masters	2:02.00
5 Ingo, Steve	49	Kingston BlueMar	2:02.00
6 Elf, Jessey	22	Guelph Marlins	2:04.98
7 Milanov, Yavor	28	Ryerson Masters	2:05.74
8 Clinkard, David	32	Middlesex	2:06.00
9 McArton, John	42	Ontario Unat	2:06.00
10 Smith, Pete	44	Burlington	2:07.05
11 Dada Ortiz, Alejandro	36	Aurora M. Ducks	2:09.58
12 Lindquist, Daniel	36	Aurora M. Ducks	2:10.00
13 Sindrey, Garth	40	CF Masters	2:10.00
14 Sanajko, Michael	24	ThornhillMasters	2:10.00
15 Streppel, Greg	48	Cambridge Mavs	2:10.00
16 Raafat, Tarek	50	Speedeaus	2:11.63
17 Patrick, Michael	60	Clarington	2:12.05
18 Christian, Dan	49	Aurora M. Ducks	2:13.50
19 Boulanger, Alexandre	34	Toroswim	2:14.00
20 Raleigh, Jack	56	Kingston BlueMar	2:14.05
21 Kelly, James	40	CF Masters	2:15.00
22 Swanson, Nicholas	22	CF Masters	2:15.00
23 Kent, Robert	52	Etobicoke	2:15.00
24 Goler, Jonathan	36	Granite Masters	2:15.00
25 Rasmussen, Greg	46	Muskoka Masters	2:15.00
26 Scott, John	55	North Toronto	2:15.80
27 Lacasse-Lamontagne, Marti	43	CF Masters	2:16.00
28 MacNeil, Brett	45	CF Masters	2:18.00
29 Seawright, Bud	50	Etobicoke	2:18.00
30 Hanna, Glen	44	Pickering	2:18.00
31 Landriault, Robert	51	CF Masters	2:18.40
32 Avery, Mark	42	Owen Sound	2:18.50
33 Rapp, Greg	43	Whitchurch-Stouf	2:19.09
34 Woodbridge, Oliver	41	CF Masters	2:20.00
35 Grace, Chuck	59	London Sdm	2:20.00
36 Thomas, Andrew	37	CF Masters	2:20.83
37 van Niekerk, Will	45	Oakville Masters	2:22.00
38 Reavie, David	21	Ryerson Masters	2:22.00
39 Konior, Matt	50	Windsor Essex	2:22.00
40 Jarvis, Andrew	25	CF Masters	2:22.26
41 Lacombe, David	30	CF Masters	2:22.29
42 Tolley, Mark	43	Burlington	2:22.92
43 Donofrio, Zachary	28	Other	2:23.00
44 D'Onofrio, Philippe	33	Toroswim	2:23.00
45 Brasseur, Jeremy	41	Granite Masters	2:23.35
46 Bone, Jack	18	Guelph Marlins	2:23.83
47 Armstrong, Ron	66	Etobicoke	2:24.00
48 Saulnier, Dain	19	CF Masters	2:24.58
49 Wilson, Ben	40	Burlington	2:25.00
50 Foster, Nick	56	Etobicoke	2:25.00
51 Krozkin, Gabriel	42	North Toronto	2:26.00
52 Bauer, Rick	37	Middlesex	2:26.20
53 Sheyanov, Marko	24	Mississauga	2:26.35
54 Dallin, David	35	CF Masters	2:27.00
55 Guthrie, Paul	46	Granite Masters	2:27.00
56 Nesovic, Jake	49	Trillium Y	2:27.00

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## Event 30 ... (Men 200 SC Meter Freestyle)

Name	Age	Team	Seed Time
57 McLaren, Trevor	38	CF Masters	2:28.03
58 Sestito, Anthony	37	UofT Mississauga	2:28.26
59 Landy, Andrew	54	Kingston BlueMar	2:28.33
60 Smith, Jason	39	Burlington	2:30.00
61 Hart, Brian	52	Kingston BlueMar	2:30.00
62 van de Water, Mike	47	Nepean Masters	2:30.00
63 Belanger-Melancon, Pierre-	27	CF Masters	2:31.44
64 Rieper, Ralph	57	North York	2:32.00
65 Buck, Christopher	44	UofT Mississauga	2:34.50
66 Hejazi, Fouad	27	Mississauga Life	2:35.00
67 Obal, Michael	60	TO Athletic Club	2:35.00
68 Watts, Greg	40	CF Masters	2:38.00
69 Naroski, Shaun	54	Ontario Unat	2:38.07
70 Blackwood, Michael	62	Burlington	2:40.00
71 Phillips, Greg	48	Burlington	2:40.00
72 Mann, Mike	44	Middlesex	2:40.00
73 Csidei, Andreas	46	Oakville Masters	2:40.00
74 Lena, Daniel	32	ThornhillMasters	2:40.00
75 Bregman, Michael	62	Granite Masters	2:42.00
76 Mateer, Glen	55	Trillium Y	2:43.00
77 Armstrong, Scott	49	North York Aqua	2:44.00
78 Sinai, David	37	CF Masters	2:45.00
79 Gilbert, Nick	60	London Sdm	2:45.00
80 Weber, Peter	57	Burlington	2:49.50
81 Bennett, Jacey	41	Nepean Masters	2:49.61
82 MacLean, John	60	Trillium Y	2:50.00
83 So, Jack	43	Aurora M. Ducks	2:53.28
84 Lessem, Joel	49	Granite Masters	2:55.00
85 Rohn, Greg	55	Norseman Masters	2:55.00
86 Gentle, Cliff	70	Trillium Y	2:55.00
87 Macaulay, Scott	66	Ontario Unat	2:55.00
88 Salmon, Bill	61	London Sdm	2:56.00
89 Richards, David	70	Burlington	2:57.32
90 Trauber, Ami	77	North York	2:58.00
91 Kindiak, Greg	50	Markham Masters	3:00.00
92 Pardo, Manny	46	Middlesex	3:00.00
93 Xu, Francesco (Haoge)	21	Middlesex	3:00.00
94 Rogers, Phil	66	Nat Cap Region Y	3:00.00
95 McCatty, Phillip	32	Burlington	3:05.00
96 Braaksma, Harry	77	North Toronto	3:14.67
97 Colpitts, Charles	72	Nepean Masters	3:15.00
98 Ploughman, Bruce	55	CF Masters	3:19.62
99 Menzies, James	50	Etobicoke	3:20.00
100 Mackintosh, A. J.	58	Norseman Masters	3:20.00
101 MacLean, Robert (Bob)	72	Alderwood	3:25.00
102 Olsen, Michael	74	Technosport	3:30.00
103 Jenkins, Joe	41	Cambridge Mavs	3:30.00
104 Alipanah, Shawn	51	ThornhillMasters	3:40.00
105 Lane, Charlie	78	Etobicoke	4:00.00
106 Monne, John	86	Etobicoke	4:00.00
107 Gayford, John	70	Oakville Masters	4:00.00

108 Smith, Chris	84	Trillium Y	4:01.00
109 Winters, Hank	75	Ontario Unat	4:10.00
110 Simone, Andrew	78	Norseman Masters	4:25.00
111 Kennard, Allan	67	Granite Masters	4:50.52

## Event 31 Women 200 SC Meter Freestyle

Name	Age	Team	Seed Time
1 Bertelink, Cindy	41	Etobicoke	2:09.50
2 Matuszczak, Julia	19	UofT Mississauga	2:11.40
3 Cermak, Carly	31	Barrie Trojans	2:15.00
4 Wood, Emily	25	CF Masters	2:18.00
5 Fitzsimmons, Kelly	31	Toroswim	2:18.00
6 Fabes, Melanie	36	North Toronto	2:18.05
7 Biasutto, Marina	23	UofT Mississauga	2:19.08
8 Chadwick, Lisa	28	Cobra Masters	2:20.00
9 Derbentseva, Natalia	41	Golden Hawks	2:20.00
10 Huggins, Nikki	37	Owen Sound	2:22.95
11 Armstrong, Sarah	43	Burlington	2:25.00
12 Hooker, Angie	38	Middlesex	2:25.00
13 Sutcliffe, Alyce	26	Ontario Unat	2:27.27
14 Scott, Rebecca	46	Oshawa	2:27.95
15 Ferguson, Alexandra	29	Other	2:27.95
16 Mariano, Ellen	41	CF Masters	2:30.00
17 Sloan, Meg	26	Middlesex	2:30.00
18 Wan, Karen	23	Ontario Unat	2:30.00
19 MacDonald, Mallory	28	CF Masters	2:30.50
20 Ley-Glass, Rhonda	42	Orillia OldPops	2:33.38
21 Rodgers, Lynn	45	Etobicoke	2:34.00
22 Berry, Lesley	39	Alderwood	2:35.00
23 Osborne, Katie	53	Granite Masters	2:35.00
24 Bubenickova, Lenka	37	Trillium Y	2:35.00
25 Mcdonald, Diana	54	Ontario Unat	2:35.00
26 Simonetti, Suzy	39	North Toronto	2:35.40
27 Dineen, Elizabeth	26	Etobicoke	2:35.68
28 Merritt, Cathy	64	Nepean Masters	2:36.00
29 Smith, Julia	45	Windsor Essex	2:37.00
30 de Laar, Marcela	44	Etobicoke	2:37.71
31 Hayakawa, Rika	47	Clarington	2:38.31
32 Lyons, Kelly	53	North York	2:39.00
33 Judd, Sandra	40	Burlington	2:39.99
34 Desmarais, Catherine	36	CF Masters	2:40.66
35 Sao Miguel, Emma	29	CF Masters	2:41.57
36 Clayton, Jacqueline	51	Mississauga	2:41.62
37 Langmuir, Kay	57	Kingston BlueMar	2:41.99
38 Bruce, Heather	46	North York Aqua	2:42.00
39 Archibald, Joanne	24	Granite Masters	2:42.38
40 Greenwood, Shelagh	44	Aurora M. Ducks	2:45.00
41 Vidotto, Danica	26	Ryerson Masters	2:45.00
42 Cowling, Denyse	44	Burlington	2:45.19
43 Mundy, Alyssa	18	Middlesex	2:46.00
44 Gallagher, Sarah	31	Burlington	2:46.53
45 Brooks, Emily	20	Orillia OldPops	2:47.78
46 Quinlan, Lesley	38	CF Masters	2:48.00

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## Event 31 ... (Women 200 SC Meter Freestyle)

Name	Age	Team	Seed Time
47 Lee, Anne	51	Soo Masters	2:48.00
48 Smith, Rachel	44	Trillium Y	2:48.00
49 Oliver, Michele	59	North York	2:50.00
50 Griffiths, Allison	40	UofT Mississauga	2:50.00
51 McMinn, Lori	51	North Shore	2:52.00
52 Roy, Laura	54	CF Masters	2:54.26
53 Painting, Wendy	39	Guelph Marlins	2:54.57
54 Murphy, Sarah	39	Toroswim	2:55.00
55 Welds, Karen	53	Clarington	2:56.66
56 Toffolo, Robyn	47	Aurora M. Ducks	2:58.00
57 Labbe, Mylene	43	CF Masters	3:00.00
58 Oswald, Jo-Anne	53	Norseman Masters	3:01.00
59 Santilly, Lisa	46	Markham Masters	3:03.54
60 Borysek, Brittany	31	Aurora M. Ducks	3:05.00
61 Zimmer, Jodie	47	London Sdm	3:05.00
62 MacGregor, Mairi	53	Oakville Masters	3:05.00
63 Wagland, Wendy	69	Ontario Unat	3:07.07
64 Winmill, Heather	53	Burlington	3:08.00
65 Nichols, Heather	28	Middlesex	3:10.00
66 McTavish, Sandie	61	London Sdm	3:15.00
67 Iannucci, Judy	60	Aurora M. Ducks	3:16.00
68 Gibson, Jennifer	47	Guelph Marlins	3:20.00
69 Dhanvantari, Savita	51	London Sdm	3:20.00
70 Allen, Michelle	32	Mississauga	3:20.00
71 Macpherson, Erin	26	Middlesex	3:20.00
72 Hornacek, Lynn	50	North York	3:20.00
73 Roseborough, Austyn	23	Toroswim	3:20.00
74 Salgo, Nicole	43	Guelph Marlins	3:22.00
75 Brown, Jackie	60	Markham Masters	3:34.29
76 Killeen, Karen	60	Norseman Masters	3:35.00
77 Carter, Carol	55	Norseman Masters	3:35.14
78 Birkett, Stephanie	62	Team Atomica	3:37.23
79 Spoel, Cathy	59	Team Atomica	3:40.00
80 Andriewsky, Olga	62	Norseman Masters	3:40.00
81 Ratel, Marie-Hélène	27	Toroswim	3:40.38
82 Ferlatte, Krista	52	ThornhillMasters	3:50.00
83 Duench, Stephanie	38	Norseman Masters	4:00.00
84 McGouran, Mary	60	Markham Masters	4:07.23
85 Young, Jennifer	52	Norseman Masters	4:15.00
86 McIntosh, Frances	83	Guelph Marlins	4:25.00
87 Zimmer, Sue	66	London Sdm	4:25.00
88 Hines, Elaine	73	Ontario	4:40.00
89 Rattray, Kathryn	76	Burlington	4:45.06
90 Lane, Virginia C.	70	London Sdm	4:53.71
91 Cornberg, Stacey	38	ThornhillMasters	5:00.00
92 Kovach, Kathleen	65	Markham Masters	5:02.00
93 Malloch, Barrie	75	Alderwood	5:16.00
94 Moustgaard, Maureen	69	Laurentian	6:17.00
95 St Laurent, Ethel	81	Alderwood	6:50.00

## Event 32 Men 50 SC Meter Backstroke

Name	Age	Team	Seed Time
1 Anderson, Eric	24	UofT Mississauga	26.90
2 Maia, Virgilio	26	Team Atomica	27.98
3 McKinnon, Peter	52	Orillia OldPoops	28.09
4 White, Matthew	30	Kingston BlueMar	29.50
5 Milanov, Yavor	28	Ryerson Masters	29.90
6 Long, Bryan	31	Granite Masters	30.00
7 Cernele, Jeff	26	North Toronto	30.00
8 Tihanyi, Andrey	37	North Toronto	30.00
9 Titioura, Alexander	36	Golden Hawks	31.20
10 Nagy, Christopher	42	Etobicoke	31.30
11 Chung, Isaac	21	Toroswim	31.79
12 Shivers, Todd	41	Barrie Trojans	32.14
13 Kimani, Joseph	38	North York	32.17
14 McPherson, Stuart	41	Cambridge Mavs	32.50
15 Ebbs, Timothy	24	Middlesex	33.00
16 Stewart, Matt	42	London Sdm	33.33
17 Wilkin, Dave	64	Aurora M. Ducks	33.50
18 Tolley, Mark	43	Burlington	34.00
19 Gallagher, Tim	56	Granite Masters	34.00
20 Warburton, Sean	48	Granite Masters	34.46
21 Dore, Adam	33	CF Masters	35.00
22 Meredith, Iain	37	CF Masters	35.00
23 Seawright, Bud	50	Etobicoke	35.00
24 Hartmann, Nicholas	21	Royal Military	35.00
25 Wilson, Jason	43	Cambridge Mavs	35.50
26 Anzai, Tom	55	Swim Ottawa	35.55
27 Luke, Paul	50	Alderwood	36.08
28 Landy, Andrew	54	Kingston BlueMar	36.11
29 Guthrie, Paul	46	Granite Masters	36.50
30 Sodonis, Frank	60	Nepean Masters	37.00
31 Rieper, Ralph	57	North York	37.00
32 Hunter, Brian	64	Ontario Unat	37.00
33 Molina, Rene	47	UofT Mississauga	37.00
34 Wong, Gordon	63	Soo Masters	37.50
35 Moultray, Jim	58	Aurora M. Ducks	38.00
36 Connors, Trevor	44	B-Train	38.00
37 Freeman, Blair	52	Granite Masters	38.00
38 Smelt, Chris	53	North Toronto	38.00
39 Lund, Derek	57	Ontario Unat	39.00
40 Proctor, Greg	57	UofT Mississauga	39.00
41 McGill, Stephen	35	CF Masters	40.00
42 Pardo, Manny	46	Middlesex	40.00
43 Shaka, Adam	42	Mississauga Life	40.00
44 Obal, Michael	60	TO Athletic Club	40.00
45 Churcher, Jed	43	Etobicoke	40.09
46 Hughsam, Brian	55	Markham Masters	40.84
47 Rohn, Greg	55	Norseman Masters	41.00
48 Patrick, Bob	57	Owen Sound	41.46
49 Thomson, Eric	68	Nepean Masters	41.89
50 Sheridan, Brian	71	Etobicoke	42.00

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## Event 32 ... (Men 50 SC Meter Backstroke)

Name	Age	Team	Seed Time
51 Roldan, Alfredo	59	Oakville Masters	42.00
52 Straka, Peter	73	Trillium Y	42.25
53 von Zuben, Chuck	67	Trillium Y	43.00
54 Robson, Mark	65	ArnpriorGreyfish	43.03
55 Plum, Roland	56	Middlesex	43.05
56 Liepner, Michael	78	Oakville Masters	43.35
57 Jeysman, Rick	63	Markham Masters	45.83
58 Chalmers, Jamie	73	CarletonUMasters	49.00
59 Spencer, Doug	68	London Sdm	49.00
60 Mijal, Vello	70	Technosport	49.00
61 Menzies, James	50	Etobicoke	50.00
62 MacLeod, Scott	45	Middlesex	50.00
63 Henne, Wally	81	Trillium Y	53.00
64 Jack, Robert	75	Technosport	55.00
65 Colpitts, Charles	72	Nepean Masters	56.00
66 Doyle, Michael	57	Markham Masters	1:00.00
67 Liu, Weidong	49	North York	1:00.00
68 Fani, Hossein	33	Ryerson Masters	1:00.00
69 Alipanah, Shawn	51	ThornhillMasters	1:01.00
70 Harback, Jamie	51	Middlesex	1:02.33
71 Monne, John	86	Etobicoke	1:06.00
72 Yarkony, Menashe	84	North York	1:11.52
73 Rodrigues, Larry	82	North York	1:30.00
74 Strahlendorf, Peter	61	Trillium Y	1:45.00
75 Ruiz, Luis	73	Ontario Unat	2:11.10

## Event 33 Women 50 SC Meter Backstroke

Name	Age	Team	Seed Time
1 Heath, Brooke	31	Middlesex	32.79
2 Fabes, Melanie	36	North Toronto	33.05
3 Tremblay, Sylvie	50	Oakville Masters	33.05
4 Thompson-Edwards, Mered	43	Orillia OldPoops	33.07
5 Hendrick, Erika	27	Middlesex	33.25
6 Jones, Cait	32	North Toronto	33.50
7 Boyarski, Beverley	37	London Sdm	34.00
8 Sloan, Meg	26	Middlesex	34.00
9 Haneberry, Petra	41	Burlington	34.08
10 Huggins, Nikki	37	Owen Sound	34.44
11 Tapson, Michelle	37	Etobicoke	34.56
12 Charlton, Rhiannon	35	Burlington	35.86
13 Esguerra, Esa	22	Middlesex	36.00
14 Rose, Whitney	28	Middlesex	36.00
15 Boulanger, Alisa	33	Granite Masters	36.50
16 Archibald, Joanne	24	Granite Masters	37.00
17 Caverly, Hilarie	27	CF Masters	37.30
18 Kirkpatrick, Laura	56	Other	37.60
19 Dineen, Elizabeth	26	Etobicoke	37.90
20 Derbentseva, Natalia	41	Golden Hawks	38.00
21 Fleming, Karen	54	Granite Masters	38.00
22 Hildebrant, Katie	25	Aurora M. Ducks	38.49
23 Weir, Sue	60	Trillium Y	38.60

24 Judd, Sandra	40	Burlington	39.01
25 Smith, Rachel	44	Trillium Y	39.01
26 Choi, Clare	40	CF Masters	39.28
27 Fraser, Jocelyn	43	Burlington	39.42
28 Keyser, Catie	28	CF Masters	40.00
29 Mitchell, Janet	56	Aurora M. Ducks	40.22
30 Hanna, Michaela	52	Nepean Masters	40.49
31 Matuszczak, Julia	19	UofT Mississauga	40.86
32 Tory, Nicola	54	Granite Masters	41.12
33 Welds, Karen	53	Clarington	41.25
34 Allen, Michelle	32	Mississauga	42.00
35 Navarro, Maria	47	Oakville Masters	42.39
36 Salmon, Anneke	60	London Sdm	43.00
37 Agnew, Jennifer	55	Oakville Masters	43.00
38 McMinn, Lori	51	North Shore	43.07
39 Megson, Sheila	36	Guelph Marlins	45.00
40 Macpherson, Erin	26	Middlesex	45.00
41 Brooks, Emily	20	Orillia OldPoops	45.00
42 Griffiths, Allison	40	UofT Mississauga	45.00
43 Jacob, Casey	51	Aurora M. Ducks	46.34
44 Mahood, Linda	56	Guelph Marlins	47.00
45 Pulham, Nancy	49	Ontario Unat	47.00
46 Berry, Linda	71	Alderwood	47.15
47 Rousseau, Susan	56	Oakville Masters	47.99
48 McCabe, Nancy	63	Granite Masters	49.46
49 Shields, Colleen	65	Etobicoke	50.00
50 O'Neil, Kelly	28	Ryerson Masters	50.00
51 Murphy, Sarah	39	Toroswim	50.00
52 Moultray, Elizabeth	56	Aurora M. Ducks	51.00
53 Zirger, Brigitte	64	Nepean Masters	51.50
54 Wagland, Wendy	69	Ontario Unat	51.50
55 Bertelink, Tineke	74	Etobicoke	52.00
56 Lambert, Courtney	34	CF Masters	52.02
57 Dhanvantari, Savita	51	London Sdm	55.00
58 Zimmer, Sue	66	London Sdm	55.00
59 Jantzi, Kristy	39	Middlesex	1:00.00
60 Lau, Phoebe	19	Ryerson Masters	1:00.00
61 Rasmussen, Kalis	92	Etobicoke	1:05.70
62 Bryce, Glad	82	Trillium Y	1:06.13
63 Srivastava, Rolie	50	Guelph Marlins	1:10.00
64 Hines, Elaine	73	Ontario	1:10.00
65 Kovach, Kathleen	65	Markham Masters	1:12.00
66 Killeen, Karen	60	Norseman Masters	1:15.00
67 St Laurent, Ethel	81	Alderwood	1:45.00
68 Mundy, Alyssa	18	Middlesex	1:46.00
69 Malloch, Barrie	75	Alderwood	1:50.00
70 Moustgaard, Maureen	69	Laurentian	2:06.00

## Event 34 Men 100 SC Meter Butterfly

Name	Age	Team	Seed Time
1 Anderson, Eric	24	UofT Mississauga	57.00
2 Ross, Craig	36	Guelph Marlins	58.11
3 Maia, Virgilio	26	Team Atomica	59.90



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## Event 34 ... (Men 100 SC Meter Butterfly)

Name	Age	Team	Seed Time
4 Vorona, Ivan	34	Cote Saint Luc	59.92
5 Kim, Aiden	21	CF Masters	1:00.26
6 Coombs, Colin	26	Etobicoke	1:01.90
7 Laszkowski, Krystian	41	Ontario Unat	1:02.83
8 Ingo, Steve	49	Kingston BlueMar	1:03.00
9 Boulanger, Alexandre	34	Toroswim	1:03.00
10 Kleven, Jeff	51	Burlington	1:04.00
11 Nagy, Christopher	42	Etobicoke	1:05.00
12 Rutledge, Mike	46	Granite Masters	1:05.00
13 Hall, Luke	27	North Toronto	1:05.00
14 McArton, John	42	Ontario Unat	1:05.00
15 Velez, Mario	48	Oakville Masters	1:06.00
16 Pover, William	20	CF Masters	1:07.75
17 Veisman, Herbert	50	Granite Masters	1:08.00
18 Thomson, Dugald	34	CF Masters	1:10.00
19 Foster, Nick	56	Etobicoke	1:10.00
20 Hewerdine, Johnny	37	Middlesex	1:10.00
21 van de Water, Mike	47	Nepean Masters	1:10.00
22 Christian, Dan	49	Aurora M. Ducks	1:10.90
23 Chisholm, Bill	61	North Toronto	1:11.09
24 Langlois, William	22	CF Masters	1:11.25
25 Wong, Melvyn	24	Mississauga	1:12.00
26 Stackhouse, Tony	42	Middlesex	1:12.01
27 Ognean, Ovidiu	47	Windsor Essex	1:12.30
28 Avery, Mark	42	Owen Sound	1:12.50
29 Sestito, Anthony	37	UofT Mississauga	1:13.64
30 Sherman, Phil	53	Richmond Hill	1:14.00
31 Hebert, Paul	63	Ontario Unat	1:14.91
32 Barrie, Tucker	60	Ontario Unat	1:15.03
33 Raleigh, Jack	56	Kingston BlueMar	1:16.03
34 Andrassy, Tomas	49	Mississauga	1:20.00
35 Mateer, Glen	55	Trillium Y	1:22.00
36 So, Jack	43	Aurora M. Ducks	1:22.02
37 O'Brien, Terry	64	Kingston BlueMar	1:25.00
38 Napast, Albert	53	Aurora M. Ducks	1:27.23
39 Straka, Peter	73	Trillium Y	1:34.26
40 Thurlbeck, Gregg	58	Alderwood	1:40.00
41 Harback, Jamie	51	Middlesex	1:40.00
42 Thompson, Dan	60	Aurora M. Ducks	1:41.02
43 van der Linden, Wouter	61	Barrie Trojans	1:42.00
44 Smith, Chris	84	Trillium Y	2:20.00
45 Xu, Francesco (Haoge)	21	Middlesex	2:30.00

## Event 35 Women 100 SC Meter Butterfly

Name	Age	Team	Seed Time
1 McCabe, Allison	30	Granite Masters	1:09.00
2 Wall, Christina	32	Other	1:10.00
3 Fitzsimmons, Kelly	31	Toroswim	1:10.00
4 Toghias, Anna	31	Etobicoke	1:10.50
5 Smith, Sian	43	Burlington	1:12.00
6 McPherson, Erica	35	Cambridge Mavs	1:12.50

7 Mayrand, Marie-Pier	24	CF Masters	1:13.00
8 Marshall, Lynn	55	CarletonUMasters	1:13.36
9 Hendrick, Erika	27	Middlesex	1:14.00
10 Wilson, Angela	23	Guelph Marlins	1:15.00
11 St. Jules, Andrea	26	Granite Masters	1:15.00
12 Wan, Karen	23	Ontario Unat	1:15.00
13 Lleras, Carolina	46	Burlington	1:15.50
14 Barron, Kahla	31	Burlington	1:17.00
15 Osborne, Katie	53	Granite Masters	1:18.99
16 Chiki, Colleen	43	Burlington	1:20.00
17 Georgieva, Marina	27	Granite Masters	1:24.58
18 Lai, Gloria	23	Ryerson Masters	1:25.00
19 Gallagher, Sarah	31	Burlington	1:25.24
20 Moisan-Vallee, Stephanie	31	CF Masters	1:26.00
21 Painting, Wendy	39	Guelph Marlins	1:26.76
22 de Laat, Marcela	44	Etobicoke	1:29.82
23 Allie, Tracy	29	CF Masters	1:30.00
24 Biasutto, Marina	23	UofT Mississauga	1:30.00
25 Bennett, Nicole	52	Aurora M. Ducks	1:30.01
26 Cowling, Denyse	44	Burlington	1:31.29
27 Hayakawa, Rika	47	Clarington	1:32.15
28 Greenwood, Shelagh	44	Aurora M. Ducks	1:35.00
29 Toffolo, Robyn	47	Aurora M. Ducks	1:35.00
30 Barker, Janice	41	Burlington	1:35.00
31 Rich, Kristi	30	Middlesex	1:40.00
32 Ohara-Hoke, Lori	54	Guelph Marlins	1:47.63
33 Angus, Patricia	72	Technosport	1:55.00
34 Watson, Pauline	62	UofT Mississauga	1:58.73
35 Oliveira, Carla	43	Etobicoke	2:00.00
36 Oliver, Judie	84	North York	2:00.08
37 Lopes, Sonia	60	Oakville Masters	2:07.00
38 Bilous, Rochelle	50	Burlington	2:07.52
39 King, Caroline	52	Granite Masters	2:15.00
40 Rogers, Patricia	64	Nat Cap Region Y	2:55.00
41 Lam, Thuc- Anh	53	Oakville Masters	3:05.00

## Event 36 Men 200 SC Meter IM

Name	Age	Team	Seed Time
1 Prudhomme, Marc	34	CF Masters	2:15.90
2 Town, Dave	55	Orillia OldPoops	2:17.05
3 Kent, Dylan	25	Etobicoke	2:19.00
4 Smith, Pete	44	Burlington	2:20.00
5 Titoura, Alexander	36	Golden Hawks	2:24.70
6 Raafat, Tarek	50	Speedeaus	2:29.10
7 Kelly, James	40	CF Masters	2:30.00
8 Rasmussen, Greg	46	Muskoka Masters	2:30.00
9 Saw, Ryan	37	Nepean Masters	2:30.00
10 Cescon, Jon	39	Granite Masters	2:32.97
11 Thomson, Dugald	34	CF Masters	2:33.00
12 Brown, Nicholas	45	Burlington	2:34.00
13 Thomas, Andrew	37	CF Masters	2:35.00
14 Wilson, Jason	43	Cambridge Mavs	2:35.00
15 Grace, Chuck	59	London Sdm	2:35.00

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## Event 36 ... (Men 200 SC Meter IM)

Name	Age	Team	Seed Time
16 MacNeil, Brett	45	CF Masters	2:36.00
17 Hanna, Glen	44	Pickering	2:39.00
18 Landriault, Robert	51	CF Masters	2:39.47
19 Ades, Ralph	57	Granite Masters	2:39.84
20 Carlsen, Glenn	59	Kisu Masters	2:42.49
21 Tong, Ryan	31	Burlington	2:43.00
22 Konior, Matt	50	Windsor Essex	2:43.50
23 Aboud, Mark	60	Granite Masters	2:44.00
24 Anzai, Tom	55	Swim Ottawa	2:44.55
25 Smelt, Chris	53	North Toronto	2:45.00
26 Nesovic, Jake	49	Trillium Y	2:45.00
27 Saulnier, Dain	19	CF Masters	2:45.02
28 Wong, Matthew	26	UofT Mississauga	2:45.04
29 Smyth, Mark	41	Granite Masters	2:45.05
30 Heinbuch, John	59	Cambridge Mavs	2:46.01
31 Jarvis, Andrew	25	CF Masters	2:46.46
32 Hebert, Paul	63	Ontario Unat	2:47.70
33 Armstrong, Ron	66	Etobicoke	2:48.00
34 Hache, John	56	Burlington	2:49.23
35 Urdanivia, Javier	43	Trillium Y	2:51.30
36 Oliver, Eric	53	Aurora M. Ducks	2:54.00
37 Meredith, Iain	37	CF Masters	2:54.00
38 Doman, Greg	50	Granite Masters	2:55.00
39 Bauer, Rick	37	Middlesex	2:55.20
40 Naroski, Shaun	54	Ontario Unat	2:59.59
41 Hunter, Brian	64	Ontario Unat	2:59.90
42 Sheyanov, Marko	24	Mississauga	3:00.00
43 Wong, Melvyn	24	Mississauga	3:00.00
44 Freeman, Blair	52	Granite Masters	3:08.00
45 Andrassy, Tomas	49	Mississauga	3:08.00
46 Weber, Peter	57	Burlington	3:14.80
47 O'Brien, Terry	64	Kingston BlueMar	3:15.00
48 Vadillo, Miguel	47	Guelph Marlins	3:20.00
49 Obal, Michael	60	TO Athletic Club	3:20.00
50 Hardy, Jim	66	Aurora M. Ducks	3:25.00
51 Sheridan, Brian	71	Etobicoke	3:25.00
52 Lindquist, Les	65	Aurora M. Ducks	3:27.67
53 MacLeod, Scott	45	Middlesex	3:30.00
54 Fullarton, Andrew	30	U of T Masters	3:40.00
55 Plum, Roland	56	Middlesex	3:58.00
56 Barber, Graeme	73	Technosport	4:05.00
57 Henne, Wally	81	Trillium Y	4:08.00
58 Chalmers, Jamie	73	CarletonUMasters	4:18.00
59 Nomura, Yoshihiko	79	U of T Masters	4:37.55
60 Lane, Charlie	78	Etobicoke	4:39.00
61 Gulidov, Viktor	75	Ontario Unat	4:40.00
62 Monne, John	86	Etobicoke	5:15.00
63 Ruiz, Luis	73	Ontario Unat	7:57.02

## Event 37 Women 200 SC Meter IM

Name	Age	Team	Seed Time
1 Chadwick, Lisa	28	Cobra Masters	2:26.00
2 Bertelink, Cindy	41	Etobicoke	2:29.50
3 Matuszczak, Julia	19	UofT Mississauga	2:30.78
4 Cermak, Carly	31	Barrie Trojans	2:34.05
5 Togias, Anna	31	Etobicoke	2:35.50
6 McCabe, Allison	30	Granite Masters	2:37.00
7 Wood, Emily	25	CF Masters	2:40.00
8 Wood, Sara	28	Middlesex	2:40.00
9 Wall, Christina	32	Other	2:40.00
10 Biasutto, Marina	23	UofT Mississauga	2:42.92
11 Rose, Whitney	28	Middlesex	2:45.00
12 Haneberry, Petra	41	Burlington	2:46.03
13 FreemN, Anna	26	Etobicoke	2:48.10
14 St. Jules, Andrea	26	Granite Masters	2:50.00
15 Judd, Sandra	40	Burlington	2:50.05
16 Gregson Pagan, Erin	46	Cambridge Mavs	2:51.23
17 Plante, Marjolaine	37	CF Masters	2:56.31
18 Hannigan, Frances	32	Barrie Trojans	2:57.75
19 Berry, Lesley	39	Alderwood	2:59.00
20 Barron, Kahla	31	Burlington	2:59.00
21 Watt, Lindsay	30	Etobicoke	3:00.00
22 Merritt, Cathy	64	Nepean Masters	3:00.00
23 Georgieva, Marina	27	Granite Masters	3:02.76
24 Painting, Wendy	39	Guelph Marlins	3:08.95
25 Moisan-Vallee, Stephanie	31	CF Masters	3:09.00
26 Desmarais, Catherine	36	CF Masters	3:14.75
27 Brett, Kathryn	30	CF Masters	3:15.00
28 Fleming, Karen	54	Granite Masters	3:15.00
29 Bruce, Heather	46	North York Aqua	3:15.00
30 Quinlan, Lesley	38	CF Masters	3:16.00
31 Lee, Anne	51	Soo Masters	3:18.00
32 Tory, Nicola	54	Granite Masters	3:19.17
33 Mitchell, Janet	56	Aurora M. Ducks	3:24.00
34 Toffolo, Robyn	47	Aurora M. Ducks	3:25.00
35 Allen, Michelle	32	Mississauga	3:30.00
36 McTavish, Sandie	61	London Sdm	3:31.38
37 Jacob, Casey	51	Aurora M. Ducks	3:32.45
38 Dibben, Alicia	42	Aurora M. Ducks	3:35.00
39 Bubenickova, Lenka	37	Trillium Y	3:35.00
40 Rusu, Liliana	59	Technosport	3:39.53
41 Ruginis, Suzanne	54	Burlington	3:40.23
42 Walsh, Francesca	32	CF Masters	3:45.00
43 Oliver, Judie	84	North York	4:02.29
44 Berry, Linda	71	Alderwood	4:02.32
45 Watson, Pauline	62	UofT Mississauga	4:03.06
46 Moultray, Elizabeth	56	Aurora M. Ducks	4:30.00
47 Belluz, Janet	71	Burlington	5:15.00
48 Rogers, Patricia	64	Nat Cap Region Y	5:20.00
49 Duench, Stephanie	38	Norseman Masters	5:20.00

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## Event 38 Men 400 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 North York	M0 A	2:30.00
1) Rieper, Ralph M57	2) Deitel, Wayne M47	
3) Trauber, Ami M77	4) Kimani, Joseph M38	
2 Granite Masters	M0 B	3:50.08
1) Long, Bryan M31	2) Goler, Jonathan M36	
3) Brasseur, Jeremy M41	4) Spencer, David M30	
3 CF Masters	M0 A	3:57.00
1) Thomson, Dugald M34	2) Holden, Christopher M24	
3) Swanson, Nicholas M22	4) Sindrey, Garth M40	
4 Kingston BlueMar	M0 A	3:58.60
1) Raleigh, Jack M56	2) Landy, Andrew M54	
3) Hart, Brian M52	4) Ingo, Steve M49	
5 CF Masters	M0 B	4:00.00
1) Kelly, James M40	2) Pover, William M20	
3) Woodbridge, Oliver M41	4) MacNeil, Brett M45	
6 Middlesex	M0 A	4:00.00
1) Xu, Francesco (Haoge) M21	2) Hewerdine, Johnny M37	
3) Clinkard, David M32	4) Pardo, Manny M46	
7 Granite Masters	M0 A	4:01.00
1) Veisman, Herbert M50	2) Rutledge, Mike M46	
3) Warburton, Sean M48	4) Aboud, Mark M60	
8 CF Masters	M0 E	4:02.00
1) Prudhomme, Marc M34	2) Lacasse-Lamontagne, Martin M4	
3) Landriault, Robert M51	4) Thomas, Andrew M37	
9 Burlington	M0 A	4:02.00
1) Kleven, Jeff M51	2) Brown, Nicholas M45	
3) Phillips, Greg M48	4) Smith, Pete M44	
10 CF Masters	M0 D	4:10.00
1) Meredith, Iain M37	2) Kehler, Samuel M27	
3) Dallin, David M35	4) Kim, Aiden M21	
11 CF Masters	M0 F	4:10.00
1) Belanger-Melancon, Pierre-Luc	2) Lacombe, David M30	
3) Jarvis, Andrew M25	4) McGill, Stephen M35	
12 Aurora M. Ducks	M0 A	4:10.00
1) Thompson, Dan M60	4) Lindquist, Daniel M36	
3) Wilkin, Dave M64		
13 Nepean Masters	M0 A	4:22.00
1) Bennett, Jacey M41	2) Saw, Ryan M37	
3) van de Water, Mike M47	4) Sodonis, Frank M60	
14 CF Masters	M0 C	4:25.00
1) McLaren, Trevor M38	2) Derenzis, Craig M39	
3) Watts, Greg M40	4) Dore, Adam M33	
15 Mississauga	M0 A	4:27.45
1) Andrassy, Tomas M49	2) Wong, Melvyn M24	
3) Goncalves, Louie M50	4) Sheyanov, Marko M24	
16 ThornhillMasters	M120 A	4:30.00
17 Granite Masters	M0 C	4:42.05
1) Bregman, Michael M62	2) Lessem, Joel M49	
3) Doman, Greg M50	4) Ades, Ralph M57	
18 Burlington	M0 B	4:46.00
1) Hache, John M56	2) Weber, Peter M57	
3) Blackwood, Michael M62	4) Richards, David M70	

19 ThornhillMasters	M120 B	4:55.00
20 Aurora M. Ducks	M0 B	5:00.00
1) Moultray, Jim M58	2) Mitchell, Andy M55	
3) Oliver, Eric M53	4) So, Jack M43	
21 Granite Masters	M0 D	5:59.00
1) Cescon, Jon M39	2) Ross, Stephen M58	
3) Shin, John M50	4) Freeman, Blair M52	
22 Middlesex	M0 B	6:00.00
1) MacLeod, Scott M45	2) Mann, Mike M44	
3) Harback, Jamie M51	4) Plum, Roland M56	
23 Technosport	M0 A	6:10.00
1) Barber, Graeme M73	2) Jack, Robert M75	
3) Mijal, Vello M70	4) Olsen, Michael M74	
24 Norseman Masters	M0 A	6:15.00
1) Kotecha, Mitesh M46	2) Brittain, Brian M67	
3) Mackintosh, A. J. M58	4) Rohn, Greg M55	
25 Trillium Y	M120 A	NT
26 Guelph Marlins	M120 A	NT
27 Etobicoke	M120 A	NT
28 Etobicoke	M120 B	NT
29 Ryerson Masters	M120 A	NT
1) Milanov, Yavor M28	2) Freeman, Peter M56	
3) Galvin, Tyler M22	4) Tsakiltidis, Sokratis M30	

## Event 39 Women 400 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 Middlesex	W0 A	4:20.00
1) Sloan, Meg W26	2) Heath, Brooke W31	
3) Wood, Sara W28	4) Hendrick, Erika W27	
2 Burlington	W0 B	4:30.00
1) Armstrong, Sarah W43	2) Smith, Sian W43	
3) Chiki, Colleen W43	4) Lleras, Carolina W46	
3 Burlington	W0 A	4:36.00
1) Charlton, Rhiannon W35	2) Judd, Sandra W40	
3) Haneberry, Petra W41	4) Barron, Kahla W31	
4 Granite Masters	W0 A	4:39.00
1) Archibald, Joanne W24	2) McCabe, Allison W30	
3) St. Jules, Andrea W26	4) Georgieva, Marina W27	
5 CF Masters	W0 A	4:45.00
1) Labbe, Mylene W43	2) Caverly, Hilarie W27	
3) Choi, Clare W40	4) MacDonald, Mallory W28	
6 CF Masters	W0 C	4:46.00
1) Morissette-Barriault, Frederick V	2) Quinlan, Lesley W38	
3) Sao Miguel, Emma W29	4) Mayrand, Marie-Pier W24	
7 Granite Masters	W0 B	4:53.00
1) Lopez-Givens, Alina W44	2) Farrell, Sarah W51	
3) Tory, Nicola W54	4) Osborne, Katie W53	
8 CF Masters	W0 B	5:00.00
1) Wood, Emily W25	2) Plante, Marjolaine W37	
3) Walsh, Francesca W32	4) Mariano, Ellen W41	
9 CF Masters	W0 D	5:00.00
1) Moisan-Vallee, Stephanie W31	2) Allie, Tracy W29	
3) Doyle, Melissa W35	4) Brett, Kathryn W30	

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## Event 39 ... (Women 400 SC Meter Freestyle Relay)

Team	Relay	Seed Time
10 Middlesex	W0 B	5:00.00
1) Rose, Whitney W28	2) Rich, Kristi W30	
3) Nichols, Heather W28	4) House, Janna W29	
11 North York	W0 A	5:00.00
1) Lyons, Kelly W53	2) Hornacek, Lynn W50	
3) Oliver, Michele W59	4) Oliver, Judie W84	
12 Burlington	W0 D	5:20.00
1) Gallagher, Sarah W31	2) Galamiyeva, Kate W29	
3) Barker, Janice W41	4) Cowling, Denyse W44	
13 Team Atomica	W0 A	5:30.00
1) Chiang, Joyce W33	2) Spoel, Cathy W59	
3) Visentin, Bonnie W46	4) Bolognesi, Claudia W48	
14 ThornhillMasters	W120 A	5:30.00
15 Aurora M. Ducks	W0 A	5:40.00
1) Corso, Terri W53	2) Iannucci, Judy W60	
3) Moultray, Elizabeth W56	4) Greenwood, Shelagh W44	
16 Aurora M. Ducks	W0 B	5:40.00
1) Borysek, Brittany W31	2) Toffolo, Robyn W47	
3) Dibben, Alicia W42	4) Hildebrant, Katie W25	
17 Burlington	W0 C	6:40.00
1) Winmill, Heather W53	2) Ruginis, Suzanne W54	
3) Bilous, Rochelle W50	4) Rattray, Kathryn W76	
18 Norseman Masters	W0 A	7:40.00
1) Carter, Carol W55	2) Duench, Stephanie W38	
3) Young, Jennifer W52	4) Killeen, Karen W60	
19 Trillium Y	W120 A	NT
20 Guelph Marlins	W120 A	NT
21 Etobicoke	W120 A	NT

## Event 40 Mixed 400 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 Granite Masters	X0 A	4:26.05
1) Weind, Sarah W39	2) van de Water, Melanie W38	
3) Smyth, Mark M41	4) Guthrie, Paul M46	
2 North Toronto	X0 A	4:29.99
1) Smelt, Chris M53	2) Samkova, Zuzana W40	
3) Fabes, Melanie W36	4) Tihanyi, Andrey M37	
3 London Sdm	X0 A	4:30.00
1) Hanham, Alex M46	2) Zimmer, Jodie W47	
3) Boyarski, Beverley W37	4) Stewart, Matt M42	
4 Nepean Masters	X0 A	4:45.00
1) Zirger, Brigitte W64	2) Colpitts, Charles M72	
3) Bennett, Jacey M41	4) Merritt, Cathy W64	
5 Middlesex	X0 A	5:00.00
1) Stackhouse, Tony M42	2) Hooker, Angie W38	
3) Jantzi, Kristy W39	4) Bauer, Rick M37	
6 London Sdm	X0 B	5:10.00
1) Salmon, Bill M61	2) Salmon, Anneke W60	
3) McTavish, Sandie W61	4) Gilbert, Nick M60	
7 Toroswim	X100 A	5:12.00
1) Fitzsimmons, Kelly W31	2) Ratel, Marie-Hélène W27	
3) Roseborough, Austyn W23	4) D'Onofrio, Philippe M33	

8 CF Masters	X0 A	5:40.00
1) Ploughman, Bruce M55	2) Lambert, Courtney W34	
3) Keyser, Catie W28	4) Larose, Martin M37	
9 Granite Masters	X0 C	5:52.00
1) Hanson, Liz W49	2) King, Caroline W52	
3) Shin, John M50	4) Cescon, Jon M39	
10 Granite Masters	X0 B	6:35.00
1) Noble, Alison W54	2) Gallagher, Tim M56	
3) McCabe, Nancy W63	4) Kennard, Allan M67	
11 Technosport	X0 A	6:40.00
1) Angus, Patricia W72	2) Rusu, Liliana W59	
3) Mijal, Vello M70	4) Olsen, Michael M74	
12 Granite Masters	X0 D	8:20.00
1) Newton, Lionel M72	2) Ross, Stephen M58	
3) Heit, Sally W53	4) Aboud, Teri W56	
13 Trillium Y	X120 A	NT
14 Guelph Marlins	X120 A	NT
15 UofT Mississauga	X100 A	NT
1) Matuszczak, Julia W19	2) Sestito, Anthony M37	
3) Biasutto, Marina W23	4) Wong, Matthew M26	
16 Etobicoke	X120 A	NT
17 Etobicoke	X120 B	NT

## Event 41 Women 50 SC Meter Freestyle

Name	Age	Team	Seed Time
1 Dorrington, Lauren	31	North Toronto	26.29
2 Fabes, Melanie	36	North Toronto	28.05
3 Primorac, Marijana	37	Barrie Trojans	28.06
4 Osborne, Katie	53	Granite Masters	28.40
5 Hendrick, Erika	27	Middlesex	28.75
6 McPherson, Erica	35	Cambridge Mavs	28.95
7 Boyarski, Beverley	37	London Sdm	29.00
8 Hogan, Dayna	26	North Toronto	29.00
9 Samkova, Zuzana	40	North Toronto	29.05
10 Fitzsimmons, Kelly	31	Toroswim	29.05
11 van de Water, Melanie	38	Granite Masters	29.08
12 Biasutto, Marina	23	UofT Mississauga	29.15
13 Mayrand, Marie-Pier	24	CF Masters	29.50
14 Charlton, Rhiannon	35	Burlington	29.89
15 Derbentseva, Natalia	41	Golden Hawks	30.00
16 MacDougall, Terri	52	Middlesex	30.00
17 Sloan, Meg	26	Middlesex	30.00
18 Ferguson, Alexandra	29	Other	30.01
19 MacDonald, Mallory	28	CF Masters	30.29
20 Sutcliffe, Alyce	26	Ontario Unat	30.30
21 Scott, Rebecca	46	Oshawa	30.32
22 Huggins, Nikki	37	Owen Sound	30.40
23 Lai, Gloria	23	Ryerson Masters	30.50
24 Blight, Kathy	42	Owen Sound	30.62
25 House, Janna	29	Middlesex	30.70
26 Ley-Glass, Rhonda	42	Orillia OldPoops	30.76
27 Judd, Sandra	40	Burlington	30.99
28 Barron, Kahla	31	Burlington	31.00

## 2016 Ontario Masters Swimming Championship - 01/04/2016 to 03/04/2016

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## Event 41 ...(Women 50 SC Meter Freestyle)

Name	Age	Team	Seed Time						
29	Bubenickova, Lenka	37	Trillium Y	31.00	80	Attia, Ruthann	35	Aurora M. Ducks	36.00
30	Hooker, Angie	38	Middlesex	31.18	81	Cheung, Wendy	46	Other	36.00
31	Hayakawa, Rika	47	Clarington	31.26	82	Walsh, Francesca	32	CF Masters	36.01
32	Sao Miguel, Emma	29	CF Masters	31.43	83	George, Michelle	41	Oshawa	36.33
33	Lleras, Carolina	46	Burlington	31.46	84	Winmill, Heather	53	Burlington	36.40
34	Hannigan, Frances	32	Barrie Trojans	31.50	85	Nichols, Heather	28	Middlesex	37.00
35	Smith, Julia	45	Windsor Essex	31.50	86	Ward, Samantha	51	Oakville Masters	37.00
36	Chiki, Colleen	43	Burlington	31.55	87	McMinn, Lori	51	North Shore	37.57
37	Lopez-Givens, Alina	44	Granite Masters	31.58	88	Long, Shannon	31	Burlington	38.00
38	Labbe, Mylene	43	CF Masters	32.00	89	Bhaidani, Saleema	26	Trillium Y	38.17
39	Smith, Rachel	44	Trillium Y	32.00	90	Wagland, Wendy	69	Ontario Unat	38.30
40	Rollinson, Ayesha	39	Team Atomica	32.05	91	Cornberg, Stacey	38	ThornhillMasters	39.00
41	Borysek, Brittany	31	Aurora M. Ducks	32.05	92	Bilous, Rochelle	50	Burlington	39.31
42	Simonetti, Suzy	39	North Toronto	32.05	93	Birkett, Stephanie	62	Team Atomica	39.40
43	Langmuir, Kay	57	Kingston BlueMar	32.14	94	Strickland, Susan	52	Etobicoke	39.50
44	Georgieva, Marina	27	Granite Masters	32.47	95	Ratel, Marie-Hélène	27	Toroswim	39.81
45	Boulanger, Alisa	33	Granite Masters	32.50	96	Megson, Sheila	36	Guelph Marlins	40.00
46	Farrell, Sarah	51	Granite Masters	32.50	97	Kiss MacDonald, Eva	57	Granite Masters	40.00
47	Lee, Anne	51	Soo Masters	32.50	98	Noble, Alison	54	Granite Masters	40.00
48	Fraser, Jocelyn	43	Burlington	32.61	99	Dhanvantari, Savita	51	London Sdm	40.00
49	Diemert, Virginia	52	Owen Sound	32.72	100	Pulham, Nancy	49	Ontario Unat	40.00
50	Welds, Karen	53	Clarington	32.82	101	Brett, Kathryn	30	CF Masters	40.50
51	Rodgers, Lynn	45	Etobicoke	33.00	102	Hornacek, Lynn	50	North York	40.52
52	Rich, Kristi	30	Middlesex	33.00	103	Rousseau, Susan	56	Oakville Masters	40.99
53	Bruce, Heather	46	North York Aqua	33.00	104	Mahood, Linda	56	Guelph Marlins	41.00
54	Oliver, Michele	59	North York	33.00	105	Hanson, Liz	49	Granite Masters	41.00
55	Vidotto, Danica	26	Ryerson Masters	33.05	106	Pitek, Teresa	54	Norseman Masters	41.00
56	Tory, Nicola	54	Granite Masters	33.17	107	McCabe, Nancy	63	Granite Masters	41.32
57	Choi, Clare	40	CF Masters	33.27	108	Leung-Hagesteijn, Chungye	61	Aurora M. Ducks	42.00
58	Wilson, Angela	23	Guelph Marlins	33.27	109	Allen, Michelle	32	Mississauga	42.00
59	Weir, Sue	60	Trillium Y	33.70	110	Roseborough, Austyn	23	Toroswim	42.00
60	Hildebrant, Katie	25	Aurora M. Ducks	33.80	111	Veble, Laura	42	Oakville Masters	43.00
61	Hanna, Michaela	52	Nepean Masters	33.89	112	Ferlatte, Krista	52	ThornhillMasters	43.05
62	Greenwood, Shelagh	44	Aurora M. Ducks	34.00	113	Arnold, Karin	40	Oakville Masters	43.05
63	Griffiths, Allison	40	UofT Mississauga	34.00	114	DeMelo, Alison	45	Trillium Y	44.88
64	Bennett, Nicole	52	Aurora M. Ducks	34.01	115	Lambert, Courtney	34	CF Masters	45.00
65	Anderson, Julie	50	Aurora M. Ducks	34.12	116	Angus, Patricia	72	Technosport	45.00
66	Monaco, Sarah	26	ThornhillMasters	34.19	117	Berry, Linda	71	Alderwood	45.25
67	Barker, Janice	41	Burlington	34.23	118	Ki, Kitty	33	ThornhillMasters	45.45
68	Allie, Tracy	29	CF Masters	34.28	119	Bertelink, Tineke	74	Etobicoke	45.50
69	Roy, Laura	54	CF Masters	34.35	120	VanDyke, Catherine	68	Alderwood	46.00
70	Visentin, Bonnie	46	Team Atomica	34.50	121	McGouran, Mary	60	Markham Masters	46.90
71	Bolognesi, Claudia	48	Team Atomica	35.00	122	Spoel, Cathy	59	Team Atomica	47.00
72	Iannucci, Judy	60	Aurora M. Ducks	35.00	123	Gibson, Jennifer	47	Guelph Marlins	47.00
73	Caverly, Hilarie	27	CF Masters	35.00	124	O'Neil, Kelly	28	Ryerson Masters	47.00
74	Macpherson, Erin	26	Middlesex	35.00	125	Smith, Tanya	41	Alderwood	49.21
75	Baker, Jillian	43	U of T Masters	35.00	126	Carey, Beth	59	Trillium Y	49.25
76	Zimmer, Jodie	47	London Sdm	35.02	127	McFadyen Brown, Laura	46	Middlesex	49.30
77	Galamiyeva, Kate	29	Burlington	35.21	128	Heit, Sally	53	Granite Masters	49.99
78	Doyle, Melissa	35	CF Masters	35.29	129	Black, Catherine	44	Granite Masters	50.00
79	Noble, Anne-Marie	40	Middlesex	35.49	130	Zimmer, Sue	66	London Sdm	50.00
					131	Lau, Phoebe	19	Ryerson Masters	50.00
					132	Srivastava, Rolie	50	Guelph Marlins	54.00

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## Event 41 ... (Women 50 SC Meter Freestyle)

Name	Age	Team	Seed Time
133 Leung, Cecilia	36	Granite Masters	55.00
134 Belluz, Janet	71	Burlington	1:00.00
135 Hernandez, Patricia	49	Burlington	1:00.00
136 Bryce, Glad	82	Trillium Y	1:00.44
137 Lane, Virginia C.	70	London Sdm	1:02.59
138 Tsitsiura, Volha	65	ThornhillMasters	1:08.90
139 Mundy, Alyssa	18	Middlesex	1:10.00
140 Malloch, Barrie	75	Alderwood	1:12.00
141 Moustgaard, Maureen	69	Laurentian	1:21.00
142 Konzelmann, Irene	80	Clarington	1:22.26
143 St Laurent, Ethel	81	Alderwood	1:45.00
144 Salgo, Nicole	43	Guelph Marlins	36:05.00
145 Duclos, Andrea	49	Mississauga	38:00.00
146 Del Vecchio, Anne-Sophie	44	Granite Masters	43:17.00

## Event 42 Men 50 SC Meter Freestyle

Name	Age	Team	Seed Time
1 Ross, Craig	36	Guelph Marlins	24.34
2 Kim, Aiden	21	CF Masters	24.37
3 Anderson, Eric	24	UofT Mississauga	24.50
4 Hall, Luke	27	North Toronto	24.84
5 Mano, Kabir	32	Etobicoke	24.88
6 Lindquist, Daniel	36	Aurora M. Ducks	25.00
7 Dirvonskis, Paulius	27	Etobicoke	25.00
8 Spencer, David	30	Granite Masters	25.00
9 Maia, Virgilio	26	Team Atomica	25.01
10 Thompson, Dan	60	Aurora M. Ducks	25.08
11 Sanajko, Michael	24	ThornhillMasters	25.10
12 Vorona, Ivan	34	Cote Saint Luc	25.19
13 Holden, Christopher	24	CF Masters	25.25
14 Sindrey, Garth	40	CF Masters	25.50
15 Ingo, Steve	49	Kingston BlueMar	25.50
16 Thomson, Dugald	34	CF Masters	25.70
17 Chung, Isaac	21	Toroswim	25.70
18 Raafat, Tarek	50	Speedeaus	25.90
19 Smith, Pete	44	Burlington	26.00
20 Long, Bryan	31	Granite Masters	26.00
21 Veisman, Herbert	50	Granite Masters	26.00
22 Cernele, Jeff	26	North Toronto	26.00
23 Tihanyi, Andrey	37	North Toronto	26.00
24 McArton, John	42	Ontario Unat	26.00
25 Price, Nick	28	Laurentian	26.08
26 Clinkard, David	32	Middlesex	26.09
27 Dada Ortiz, Alejandro	36	Aurora M. Ducks	26.24
28 Kleven, Jeff	51	Burlington	26.30
29 Goler, Jonathan	36	Granite Masters	26.50
30 White, Matthew	30	Kingston BlueMar	26.50
31 Nightingale, Chris	35	Owen Sound	26.58
32 Patrick, Michael	60	Clarington	26.59
33 Elf, Jessey	22	Guelph Marlins	26.60
34 Le Roux, Paul	38	Oakville Masters	26.60

35 McPherson, Stuart	41	Cambridge Mavs	26.80
36 Pearsall, Stephen	31	Guelph Marlins	26.87
37 Nagy, Christopher	42	Etobicoke	26.90
38 Warburton, Sean	48	Granite Masters	26.93
39 McGill, Stephen	35	CF Masters	27.00
40 Ebbs, Timothy	24	Middlesex	27.00
41 Pimot, Christopher	34	North Toronto	27.00
42 McCluggage, Adam	31	ThornhillMasters	27.00
43 Brasseur, Jeremy	41	Granite Masters	27.04
44 Raleigh, Jack	56	Kingston BlueMar	27.09
45 Hanham, Alex	46	London Sdm	27.50
46 Sheyanov, Marko	24	Mississauga	27.51
47 Christian, Dan	49	Aurora M. Ducks	27.60
48 Molina, Rene	47	UofT Mississauga	27.70
49 Scott, John	55	North Toronto	27.80
50 Meredith, Iain	37	CF Masters	28.00
51 Woodbridge, Oliver	41	CF Masters	28.00
52 Pardo, Manny	46	Middlesex	28.00
53 Westcott, Bill	56	Nepean Masters	28.00
54 Smelt, Chris	53	North Toronto	28.00
55 Wong, Matthew	26	UofT Mississauga	28.01
56 Heilbron, Gavin	57	Aurora M. Ducks	28.03
57 Tolley, Mark	43	Burlington	28.05
58 Smyth, Mark	41	Granite Masters	28.05
59 Wong, Cameron	25	ThornhillMasters	28.05
60 Langlois, William	22	CF Masters	28.40
61 Hanna, Glen	44	Pickering	28.40
62 Wilkin, Dave	64	Aurora M. Ducks	28.50
63 Kent, Robert	52	Etobicoke	28.50
64 Guthrie, Paul	46	Granite Masters	28.70
65 Avery, Mark	42	Owen Sound	28.80
66 Krozkin, Gabriel	42	North Toronto	28.90
67 Luke, Paul	50	Alderwood	29.00
68 Saw, Ryan	37	Nepean Masters	29.00
69 van de Water, Mike	47	Nepean Masters	29.00
70 Velez, Mario	48	Oakville Masters	29.00
71 Keffer, Shawn	39	Cambridge Mavs	29.09
72 Urdanivia, Javier	43	Trillium Y	29.12
73 Dennis, Jim	43	Granite Masters	29.16
74 Dent, Mitch	58	North Toronto	29.20
75 Sestito, Anthony	37	UofT Mississauga	29.26
76 Landy, Andrew	54	Kingston BlueMar	29.44
77 Deitel, Wayne	47	North York	29.50
78 Hartmann, Nicholas	21	Royal Military	29.67
79 Reavie, David	21	Ryerson Masters	29.83
80 Demirov, Kostadin	48	North Toronto	29.89
81 Belanger-Melancon, Pierre-	27	CF Masters	29.90
82 Sherman, Phil	53	Richmond Hill	29.90
83 Phillips, Greg	48	Burlington	30.00
84 Dore, Adam	33	CF Masters	30.00
85 Foster, Nick	56	Etobicoke	30.00
86 Doman, Greg	50	Granite Masters	30.00
87 Andrassy, Tomas	49	Mississauga	30.00

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## Event 42 ... (Men 50 SC Meter Freestyle)

Name	Age	Team	Seed Time
88 Wong, Gordon	63	Soo Masters	30.00
89 Nagel, Daniel	47	ThornhillMasters	30.00
90 Nesovic, Jake	49	Trillium Y	30.00
91 Buck, Christopher	44	UofT Mississauga	30.00
92 Aragon, German	49	ThornhillMasters	30.00
93 Barrie, Tucker	60	Ontario Unat	30.01
94 Sodonis, Frank	60	Nepean Masters	30.02
95 Obal, Michael	60	TO Athletic Club	30.08
96 Kehler, Samuel	27	CF Masters	30.16
97 Gilbert, Nick	60	London Sdm	30.50
98 Naroski, Shaun	54	Ontario Unat	30.89
99 Smith, Jason	39	Burlington	31.00
100 Derenzis, Craig	39	CF Masters	31.00
101 Rieper, Ralph	57	North York	31.00
102 Chiu, Bernard	32	ThornhillMasters	31.00
103 MacLean, John	60	Trillium Y	31.00
104 Lund, Derek	57	Ontario Unat	31.00
105 Proctor, Greg	57	UofT Mississauga	31.00
106 Lester, Gordon	42	North Toronto	31.06
107 Bregman, Michael	62	Granite Masters	31.20
108 Helber, Florian	27	Burlington	31.27
109 Watts, Greg	40	CF Masters	31.27
110 Mitchell, Andy	55	Aurora M. Ducks	31.99
111 Connors, Trevor	44	B-Train	32.00
112 Teisanu, Adrian	42	Etobicoke	32.00
113 Shaka, Adam	42	Mississauga Life	32.00
114 Greifenberger, David	53	Ontario Unat	32.00
115 Michalski, Arne	46	Ontario Unat	32.00
116 Mekuz, Nathan	44	North Toronto	32.05
117 Straka, Peter	73	Trillium Y	32.25
118 Robson, Mark	65	ArnpriorGreyfish	32.31
119 Sinai, David	37	CF Masters	32.50
120 Lyon, David	50	Burlington	32.53
121 Patrick, Bob	57	Owen Sound	32.93
122 Freeman, Blair	52	Granite Masters	33.00
123 Lessem, Joel	49	Granite Masters	33.00
124 Trauber, Ami	77	North York	33.00
125 Ambridge, Chris	56	Ryerson Masters	33.00
126 Hunter, Brian	64	Ontario Unat	33.00
127 Roldan, Alfredo	59	Oakville Masters	33.00
128 Napast, Albert	53	Aurora M. Ducks	33.54
129 Aksenov, Vadim	35	Mississauga	34.00
130 Rogers, Phil	66	Nat Cap Region Y	34.00
131 Haites, Erik	73	TO Athletic Club	34.00
132 Lee, Hin Lun	34	ThornhillMasters	34.00
133 Christopher, Aaron	36	Trillium Y	34.00
134 Gentle, Cliff	70	Trillium Y	34.00
135 Jenkins, Joe	41	Cambridge Mavs	34.00
136 Churcher, Jed	43	Etobicoke	34.05
137 Blackwood, Michael	62	Burlington	35.00
138 Shin, John	50	Granite Masters	35.00

139 Mackintosh, A. J.	58	Norseman Masters	35.00
140 Rohn, Greg	55	Norseman Masters	35.00
141 von Zuben, Chuck	67	Trillium Y	35.00
142 Macaulay, Scott	66	Ontario Unat	35.00
143 McCatty, Phillip	32	Burlington	35.00
144 Miller, Jeffrey	62	North Toronto	35.73
145 Salmon, Bill	61	London Sdm	36.00
146 Galvin, Tyler	22	Ryerson Masters	36.00
147 Van Velzen, Peter	55	Whitchurch-Stouf	36.00
148 Liepner, Michael	78	Oakville Masters	36.24
149 Ploughman, Bruce	55	CF Masters	37.80
150 Olsen, Michael	74	Technosport	38.00
151 Plum, Roland	56	Middlesex	38.08
152 Sacho, Brian	55	Ontario Unat	38.20
153 Colpitts, Charles	72	Nepean Masters	39.00
154 Spencer, Doug	68	London Sdm	40.00
155 Mann, Mike	44	Middlesex	40.00
156 Alipanah, Shawn	51	ThornhillMasters	40.00
157 Fullarton, Andrew	30	U of T Masters	40.00
158 Harback, Jamie	51	Middlesex	40.66
159 Lenard, John	79	North York	45.00
160 Liu, Weidong	49	North York	45.00
161 Yip, Terry	66	Nepean Masters	46.00
162 Martin, Stuart	82	Golden Hawks	49.00
163 Ross, Stephen	58	Granite Masters	49.05
164 Doyle, Michael	57	Markham Masters	50.00
165 Tierney, Larry	78	Ontario Unat	50.00
166 Tsitsiura, Aliaksei	68	ThornhillMasters	53.50
167 Yarkony, Menashe	84	North York	53.76
168 Newton, Lionel	72	Granite Masters	55.00
169 Kwan, Dan	61	North York	55.00
170 Gayford, John	70	Oakville Masters	55.00
171 Fani, Hossein	33	Ryerson Masters	1:00.00
172 Weinstein, Randy	41	Toroswim	1:00.00
173 Rodrigues, Larry	82	North York	1:00.00
174 Brittain, Brian	67	Norseman Masters	1:30.00
175 Kotecha, Mitesh	46	Norseman Masters	2:00.00
176 Wong, Melvyn	24	Mississauga	27:00.00
177 Goncalves, Louie	50	Mississauga	29:15.01
178 Kokai, Tibor	60	ThornhillMasters	32:50.00
179 Brodie, Richard	56	Other	33:01.00

## Event 43 Women 100 SC Meter Breaststroke

Name	Age	Team	Seed Time
1 Heath, Brooke	31	Middlesex	1:16.78
2 Wood, Sara	28	Middlesex	1:17.05
3 McCabe, Allison	30	Granite Masters	1:19.00
4 Togias, Anna	31	Etobicoke	1:21.50
5 Armstrong, Sarah	43	Burlington	1:22.00
6 Primorac, Marijana	37	Barrie Trojans	1:22.07
7 MacDougall, Terri	52	Middlesex	1:25.00
8 Rose, Whitney	28	Middlesex	1:25.00
9 Hayes, Kaitlyn	24	Ontario Unat	1:25.00

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## Event 43 ... (Women 100 SC Meter Breaststroke)

Name	Age	Team	Seed Time
10 Blight, Kathy	42	Owen Sound	1:25.70
11 Anderson, Julie	50	Aurora M. Ducks	1:26.00
12 Scott, Rebecca	46	Oshawa	1:26.33
13 Morissette-Barriault, Freder	22	CF Masters	1:27.95
14 Judd, Sandra	40	Burlington	1:27.99
15 Chvatal, Jana	39	Trillium Y	1:28.00
16 Gregson Pagan, Erin	46	Cambridge Mavs	1:28.65
17 Hannigan, Frances	32	Barrie Trojans	1:29.41
18 Rollinson, Ayesha	39	Team Atomica	1:30.00
19 Smith, Julia	45	Windsor Essex	1:30.00
20 MacDonald, Mallory	28	CF Masters	1:30.19
21 Freeman, Anna	26	Etobicoke	1:31.32
22 Rodgers, Lynn	45	Etobicoke	1:32.00
23 Keyser, Catie	28	CF Masters	1:32.48
24 Merritt, Cathy	64	Nepean Masters	1:33.40
25 Diemert, Virginia	52	Owen Sound	1:33.48
26 Clayton, Jacqueline	51	Mississauga	1:34.37
27 Quinlan, Lesley	38	CF Masters	1:35.00
28 Farrell, Sarah	51	Granite Masters	1:36.04
29 Dibben, Alicia	42	Aurora M. Ducks	1:38.00
30 Gray, Claudia	51	Norseman Masters	1:38.00
31 Chan Ah Song, Kimberley	22	UofT Mississauga	1:38.00
32 Santilly, Lisa	46	Markham Masters	1:38.68
33 Langmuir, Kay	57	Kingston BlueMar	1:38.79
34 Watt, Lindsay	30	Etobicoke	1:39.00
35 Strickland, Susan	52	Etobicoke	1:40.00
36 McDonald, Diana	54	Ontario Unat	1:40.00
37 Lau, Phoebe	19	Ryerson Masters	1:40.00
38 Mariano, Ellen	41	CF Masters	1:40.52
39 Visentin, Bonnie	46	Team Atomica	1:40.70
40 Gruer, Anna	41	ThornhillMasters	1:40.80
41 Ward, Samantha	51	Oakville Masters	1:41.00
42 Lambert, Courtney	34	CF Masters	1:41.68
43 Ruginis, Suzanne	54	Burlington	1:42.90
44 McTavish, Sandie	61	London Sdm	1:43.00
45 Galamiyeva, Kate	29	Burlington	1:43.07
46 Gibson, Jennifer	47	Guelph Marlins	1:45.00
47 Cheung, Wendy	46	Other	1:45.00
48 Baker, Jillian	43	U of T Masters	1:45.00
49 Rusu, Liliana	59	Technosport	1:46.75
50 Pulham, Nancy	49	Ontario Unat	1:49.00
51 Lopes, Sonia	60	Oakville Masters	1:49.30
52 Long, Shannon	31	Burlington	1:50.00
53 Brett, Kathryn	30	CF Masters	1:55.00
54 Leung-Hagesteijn, Chungye	61	Aurora M. Ducks	2:00.00
55 Ferlatte, Krista	52	ThornhillMasters	2:00.00
56 Hernandez, Patricia	49	Burlington	2:01.00
57 Noble, Alison	54	Granite Masters	2:05.00
58 Brown, Jackie	60	Markham Masters	2:11.20
59 Carey, Beth	59	Trillium Y	2:14.64
60 Konzelmann, Irene	80	Clarington	2:31.62

61 Lam, Thuc- Anh	53	Oakville Masters	2:45.25
62 Gunther, Ann	71	Trillium Y	2:50.00
63 Tsitsiura, Volha	65	ThornhillMasters	2:57.20

## Event 44 Men 100 SC Meter Breaststroke

Name	Age	Team	Seed Time
1 Kim, Aiden	21	CF Masters	1:04.91
2 Mano, Kabir	32	Etobicoke	1:08.01
3 Statkevicius, Al	40	Etobicoke	1:09.94
4 Dirvonskis, Paulius	27	Etobicoke	1:10.00
5 Williamson, Matthew	52	Trillium Y	1:12.50
6 Prudhomme, Marc	34	CF Masters	1:12.70
7 Sindrey, Garth	40	CF Masters	1:13.00
8 Nightingale, Chris	35	Owen Sound	1:13.05
9 Ognean, Ovidiu	47	Windsor Essex	1:13.40
10 Boulanger, Alexandre	34	Toroswim	1:13.76
11 Smith, Pete	44	Burlington	1:14.00
12 Seto, Chris	44	TO Athletic Club	1:14.00
13 Rapp, Greg	43	Whitchurch-Stouf	1:14.05
14 Kelly, James	40	CF Masters	1:15.00
15 Cescon, Jon	39	Granite Masters	1:15.76
16 Vanderby, Doug	57	North Toronto	1:15.99
17 Swanson, Nicholas	22	CF Masters	1:16.00
18 MacNeil, Brett	45	CF Masters	1:17.00
19 Kent, Robert	52	Etobicoke	1:17.00
20 Naylor, Tom	54	Etobicoke	1:17.00
21 Brown, Nicholas	45	Burlington	1:17.50
22 Tong, Ryan	31	Burlington	1:18.00
23 Bone, Jack	18	Guelph Marlins	1:18.23
24 Vehovec, Henry	58	Granite Masters	1:18.90
25 Gomis, Jaume	43	Golden Hawks	1:19.00
26 Ades, Ralph	57	Granite Masters	1:19.70
27 Landriault, Robert	51	CF Masters	1:20.00
28 Woodbridge, Oliver	41	CF Masters	1:20.00
29 Wong, Cameron	25	ThornhillMasters	1:20.00
30 Diaz, Rodolfo	40	Trillium Y	1:20.00
31 Greifenberger, David	53	Ontario Unat	1:22.05
32 Saulnier, Dain	19	CF Masters	1:22.17
33 Hartmann, Nicholas	21	Royal Military	1:22.59
34 Galvin, Tyler	22	Ryerson Masters	1:23.00
35 Sheyanov, Marko	24	Mississauga	1:23.26
36 Saw, Ryan	37	Nepean Masters	1:24.00
37 McLaren, Trevor	38	CF Masters	1:24.21
38 Hache, John	56	Burlington	1:24.56
39 Keffer, Shawn	39	Cambridge Mavs	1:24.73
40 Speidel, Friedrich	54	Burlington	1:24.90
41 Deitel, Wayne	47	North York	1:25.00
42 Reavie, David	21	Ryerson Masters	1:25.00
43 Oliver, Eric	53	Aurora M. Ducks	1:27.00
44 Nagel, Daniel	47	ThornhillMasters	1:27.00
45 Lund, Derek	57	Ontario Unat	1:28.00
46 Hunter, Brian	64	Ontario Unat	1:29.09
47 Doman, Greg	50	Granite Masters	1:30.00



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## Event 44 ... (Men 100 SC Meter Breaststroke)

Name	Age	Team	Seed Time
48 Mann, Mike	44	Middlesex	1:30.00
49 Larose, Martin	37	CF Masters	1:31.00
50 Chiu, Bernard	32	ThornhillMasters	1:31.00
51 So, Jack	43	Aurora M. Ducks	1:31.52
52 Kotecha, Mitesh	46	Norseman Masters	1:32.00
53 Sheridan, Brian	71	Etobicoke	1:33.00
54 Haites, Erik	73	TO Athletic Club	1:33.05
55 Patrick, Bob	57	Owen Sound	1:33.12
56 Lyon, David	50	Burlington	1:34.74
57 Helber, Florian	27	Burlington	1:34.95
58 Wong, Adrian	31	ThornhillMasters	1:35.00
59 Blagojevic, Voislav	40	ThornhillMasters	1:35.00
60 Robson, Mark	65	ArnpriorGreyfish	1:35.70
61 Thomson, Eric	68	Nepean Masters	1:35.90
62 Napast, Albert	53	Aurora M. Ducks	1:37.12
63 Miller, Jeffrey	62	North Toronto	1:37.89
64 Hardy, Jim	66	Aurora M. Ducks	1:38.08
65 Jeysman, Rick	63	Markham Masters	1:39.40
66 Blackwood, Michael	62	Burlington	1:40.00
67 Vadillo, Miguel	47	Guelph Marlins	1:40.00
68 Xu, Francesco (Haoge)	21	Middlesex	1:40.00
69 von Zuben, Chuck	67	Trillium Y	1:40.00
70 Van Velzen, Peter	55	Whitchurch-Stouf	1:40.00
71 Lindquist, Les	65	Aurora M. Ducks	1:40.80
72 Thurlbeck, Gregg	58	Alderwood	1:45.00
73 Lee, Hin Lun	34	ThornhillMasters	1:45.00
74 Robinson, Gregory	60	Toroswim	1:46.33
75 Teisanu, Adrian	42	Etobicoke	1:47.00
76 Henne, Wally	81	Trillium Y	1:51.00
77 Mijal, Vello	70	Technosport	1:52.00
78 Weinstein, Randy	41	Toroswim	2:00.00
79 Gulidov, Viktor	75	Ontario Unat	2:00.00
80 Ruginis, Dan	57	Burlington	2:00.00
81 Tsitsiura, Aliaksei	68	ThornhillMasters	2:09.90
82 Kwan, Dan	61	North York	2:10.00
83 Martin, Stuart	82	Golden Hawks	2:15.00
84 Nomura, Yoshihiko	79	U of T Masters	2:17.63
85 Yip, Terry	66	Nepean Masters	2:25.00
86 Tierney, Larry	78	Ontario Unat	2:30.00
87 Maruki, Hideo	81	North York	2:38.31
88 Simone, Andrew	78	Norseman Masters	2:45.00
89 Fani, Hossein	33	Ryerson Masters	3:00.00

## Event 45 Women 200 SC Meter Backstroke

Name	Age	Team	Seed Time
1 Wall, Christina	32	Other	2:30.00
2 Thompson-Edwards, Mered	43	Orillia OldPoops	2:32.40
3 Fabes, Melanie	36	North Toronto	2:35.05
4 Chadwick, Lisa	28	Cobra Masters	2:39.00
5 Tapson, Michelle	37	Etobicoke	2:39.16
6 Huggins, Nikki	37	Owen Sound	2:40.13

7 Haneberry, Petra	41	Burlington	2:43.05
8 Berry, Lesley	39	Alderwood	2:48.00
9 Jones, Cait	32	North Toronto	2:50.00
10 Caverly, Hilarie	27	CF Masters	2:51.00
11 Wood, Sara	28	Middlesex	2:54.00
12 Tremblay, Sylvie	50	Oakville Masters	2:55.00
13 Hogan, Dayna	26	North Toronto	3:00.00
14 Gregson Pagan, Erin	46	Cambridge Mavs	3:00.74
15 Fraser, Jocelyn	43	Burlington	3:05.80
16 Weir, Sue	60	Trillium Y	3:06.00
17 Fleming, Karen	54	Granite Masters	3:15.00
18 Stever, Mary	52	Ontario Unat	3:15.00
19 Navarro, Maria	47	Oakville Masters	3:15.85
20 Salmon, Anneke	60	London Sdm	3:19.00
21 Agnew, Jennifer	55	Oakville Masters	3:20.00
22 Hanna, Michaela	52	Nepean Masters	3:21.31
23 Brooks, Emily	20	Orillia OldPoops	3:22.00
24 Allen, Michelle	32	Mississauga	3:30.00
25 Smith, Rachel	44	Trillium Y	3:30.00
26 Rusu, Liliana	59	Technosport	3:45.00
27 Ohara-Hoke, Lori	54	Guelph Marlins	3:49.65
28 Berry, Linda	71	Alderwood	3:52.88
29 King, Caroline	52	Granite Masters	4:18.00
30 Megson, Sheila	36	Guelph Marlins	4:25.00
31 Kovach, Kathleen	65	Markham Masters	4:52.00
32 Hines, Elaine	73	Ontario	5:00.00
33 Bryce, Glad	82	Trillium Y	5:01.48
34 Rattray, Kathryn	76	Burlington	5:05.18
35 McIntosh, Frances	83	Guelph Marlins	5:17.00

## Event 46 Men 200 SC Meter Backstroke

Name	Age	Team	Seed Time
1 Maia, Virgilio	26	Team Atomica	2:14.21
2 Kent, Dylan	25	Etobicoke	2:17.00
3 White, Matthew	30	Kingston BlueMar	2:18.00
4 McKinnon, Peter	52	Orillia OldPoops	2:18.00
5 Coombs, Colin	26	Etobicoke	2:20.00
6 Town, Dave	55	Orillia OldPoops	2:22.00
7 Ingo, Steve	49	Kingston BlueMar	2:24.00
8 Titoura, Alexander	36	Golden Hawks	2:25.20
9 Pover, William	20	CF Masters	2:26.67
10 Rapp, Greg	43	Whitchurch-Stouf	2:29.09
11 Kimani, Joseph	38	North York	2:29.56
12 Kleven, Jeff	51	Burlington	2:30.00
13 Rasmussen, Greg	46	Muskoka Masters	2:30.00
14 Le Roux, Paul	38	Oakville Masters	2:30.00
15 Raafat, Tarek	50	Speedeaus	2:31.40
16 Nagy, Christopher	42	Etobicoke	2:33.00
17 Chung, Isaac	21	Toroswim	2:39.30
18 Seawright, Bud	50	Etobicoke	2:40.00
19 Aboud, Mark	60	Granite Masters	2:45.00
20 Stewart, Matt	42	London Sdm	2:45.00
21 Tolley, Mark	43	Burlington	2:46.05

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Event 46 ... (Men 200 SC Meter Backstroke)

Name	Age	Team	Seed Time
22 Stackhouse, Tony	42	Middlesex	2:48.01
23 Wilkin, Dave	64	Aurora M. Ducks	2:50.00
24 van Niekerk, Will	45	Oakville Masters	2:50.00
25 Hebert, Paul	63	Ontario Unat	2:50.00
26 Luke, Paul	50	Alderwood	2:52.00
27 Carlsen, Glenn	59	Kisu Masters	2:56.17
28 Hunter, Brian	64	Ontario Unat	3:03.00
29 Guthrie, Paul	46	Granite Masters	3:05.00
30 Blagojevic, Voislav	40	ThornhillMasters	3:05.00
31 Hache, John	56	Burlington	3:05.35
32 Ringler, Warren	40	Etobicoke	3:09.00
33 Wong, Melvyn	24	Mississauga	3:10.00
34 Obal, Michael	60	TO Athletic Club	3:10.00
35 Wong, Gordon	63	Soo Masters	3:10.50
36 Freeman, Blair	52	Granite Masters	3:15.00
37 Rohn, Greg	55	Norseman Masters	3:15.00
38 Weber, Peter	57	Burlington	3:15.10
39 Thomson, Eric	68	Nepean Masters	3:18.00
40 Lindquist, Les	65	Aurora M. Ducks	3:24.50
41 Moultray, Jim	58	Aurora M. Ducks	3:25.00
42 Richards, David	70	Burlington	3:26.50
43 Sodonis, Frank	60	Nepean Masters	3:30.00
44 Hughsam, Brian	55	Markham Masters	3:34.71
45 van der Linden, Wouter	61	Barrie Trojans	3:35.00
46 Spencer, Doug	68	London Sdm	3:42.00
47 Braaksm, Harry	77	North Toronto	3:46.25
48 Colpitts, Charles	72	Nepean Masters	3:55.00
49 Kenny, Michael	41	Cambridge Mavs	4:00.00
50 Pardo, Manny	46	Middlesex	4:00.00
51 Jack, Robert	75	Technosport	4:00.00
52 Chalmers, Jamie	73	CarletonUMasters	4:05.00
53 Smith, Chris	84	Trillium Y	4:35.00
54 Simone, Andrew	78	Norseman Masters	5:40.00
55 Ruiz, Luis	73	Ontario Unat	7:56.07

Event 47 Women 200 SC Meter Medley Relay

Team	Relay	Seed Time
1 Middlesex	W0 A	2:00.00
1) Hendrick, Erika W27	2) Wood, Sara W28	
3) Heath, Brooke W31	4) Sloan, Meg W26	
2 Middlesex	W0 B	2:00.00
1) Hooker, Angie W38	2) Rose, Whitney W28	
3) Rich, Kristi W30	4) Nichols, Heather W28	
3 Burlington	W0 A	2:15.00
1) Haneberry, Petra W41	2) Armstrong, Sarah W43	
3) Lleras, Carolina W46	4) Charlton, Rhiannon W35	
4 Burlington	W0 B	2:21.00
1) Barron, Kahla W31	2) Judd, Sandra W40	
3) Smith, Sian W43	4) Chiki, Colleen W43	

5 Oshawa	W0 A	2:21.75
1) Bosak, Janice W44	2) Scott, Rebecca W46	
3) Appleton, Angie W48	4) George, Michelle W41	
6 CF Masters	W0 B	2:26.00
1) Allie, Tracy W29	2) Morissette-Barriault, Frederick V	
3) Mayrand, Marie-Pier W24	4) Sao Miguel, Emma W29	
7 CF Masters	W0 A	2:27.00
1) Caverly, Hilarie W27	2) Keyser, Catie W28	
3) Labbe, Mylene W43	4) MacDonald, Mallory W28	
8 London Sdm	W0 A	2:30.00
1) Salmon, Anneke W60	2) McTavish, Sandie W61	
3) Boyarski, Beverley W37	4) Zimmer, Jodie W47	
9 Aurora M. Ducks	W0 A	2:35.00
1) Jacob, Casey W51	2) Anderson, Julie W50	
3) Mitchell, Janet W56	4) Corso, Terri W53	
10 Burlington	W0 C	2:43.00
1) Long, Shannon W31	2) Galamiyeva, Kate W29	
3) Cowling, Denyse W44	4) Gallagher, Sarah W31	
11 Granite Masters	W0 A	2:43.05
1) Black, Catherine W44	2) Kiss MacDonald, Eva W57	
3) Georgieva, Marina W27	4) Cescon, Kelly W39	
12 CF Masters	W0 C	2:45.00
1) Choi, Clare W40	2) Lambert, Courtney W34	
3) Roy, Laura W54	4) Quinlan, Lesley W38	
13 Team Atomica	W0 A	2:50.00
1) Spoel, Cathy W59	2) Visentin, Bonnie W46	
3) Rollinson, Ayesha W39	4) Skain, Cate W19	
14 Aurora M. Ducks	W0 B	2:55.00
1) Borysek, Brittany W31	2) Dibben, Alicia W42	
3) Toffolo, Robyn W47	4) Attia, Ruthann W35	
15 CF Masters	W0 D	3:00.00
1) Walsh, Francesca W32	2) Mariano, Ellen W41	
3) Moisan-Vallee, Stephanie W31	4) Brett, Kathryn W30	
16 Oakville Masters	W0 A	3:00.00
1) MacGregor, Mairi W53	2) Rousseau, Susan W56	
3) Agnew, Jennifer W55	4) Veble, Laura W42	
17 Granite Masters	W0 C	3:14.00
1) McCabe, Nancy W63	2) King, Caroline W52	
3) Aboud, Teri W56	4) Hanson, Liz W49	
18 ThornhillMasters	W120 A	3:15.00
19 Norseman Masters	W0 A	3:35.00
1) Carter, Carol W55	2) Gray, Claudia W51	
3) Pitek, Teresa W54	4) Kung, Elaine W41	
20 Granite Masters	W0 B	3:39.00
1) Noble, Alison W54	2) Del Vecchio, Anne-Sophie W44	
3) Heit, Sally W53	4) Leung, Cecilia W36	
21 Trillium Y	W120 A	NT
22 Guelph Marlins	W120 A	NT
23 Guelph Marlins	W120 B	NT
24 Etobicoke	W120 A	NT

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Event 48 Men 200 SC Meter Medley Relay

Team	Relay	Seed Time
1 North Toronto	M0 A	1:49.99
1) Smelt, Chris M53	2) Vanderby, Doug M57	
3) Pimot, Christopher M34	4) Dent, Mitch M58	
2 Kingston BlueMar	M0 A	1:50.10
1) White, Matthew M30	2) Ingo, Steve M49	
	4) Landy, Andrew M54	
3 CF Masters	M0 A	2:00.00
1) Thomson, Dugald M34	2) Sindrey, Garth M40	
3) Kelly, James M40	4) Holden, Christopher M24	
4 Middlesex	M0 B	2:00.00
1) Pardo, Manny M46	2) Stackhouse, Tony M42	
3) Hewerdine, Johnny M37	4) Clinkard, David M32	
5 Burlington	M0 A	2:03.00
1) Kleven, Jeff M51	2) Tong, Ryan M31	
3) Smith, Pete M44	4) Brown, Nicholas M45	
6 Aurora M. Ducks	M0 A	2:06.00
1) Wilkin, Dave M64	4) Dada, Alejandro M36	
3) Thompson, Dan M60		
7 Granite Masters	M0 A	2:07.04
1) Aboud, Mark M60	2) Cescon, Jon M39	
3) Ades, Ralph M57	4) Rutledge, Mike M46	
8 CF Masters	M0 B	2:08.00
1) Pover, William M20	2) MacNeil, Brett M45	
3) Swanson, Nicholas M22	4) Dore, Adam M33	
9 CF Masters	M0 E	2:09.00
1) Meredith, Iain M37	2) Kim, Aiden M21	
3) Kehler, Samuel M27	4) Jarvis, Andrew M25	
10 CF Masters	M0 D	2:10.00
1) Prudhomme, Marc M34	2) Landriault, Robert M51	
3) Thomas, Andrew M37	4) Belanger-Melancon, Pierre-Luc 1	
11 CF Masters	M0 C	2:15.00
1) McLaren, Trevor M38	2) Woodbridge, Oliver M41	
3) Derenzis, Craig M39	4) Ploughman, Bruce M55	
12 ThornhillMasters	M120 A	2:15.00
13 Granite Masters	M0 B	2:16.04
1) Guthrie, Paul M46	2) Doman, Greg M50	
3) Veisman, Herbert M50	4) Lessem, Joel M49	
14 North York	M0 A	2:17.00
1) Rieper, Ralph M57	2) Deitel, Wayne M47	
3) Kimani, Joseph M38	4) Trauber, Ami M77	
15 Mississauga	M0 A	2:17.25
1) Sheyanov, Marko M24	2) Goncalves, Louie M50	
3) Andrassy, Tomas M49	4) Wong, Melvyn M24	
16 Burlington	M0 B	2:18.00
1) Tolley, Mark M43	2) Helber, Florian M27	
3) Cawthray, Stewart M44	4) Smith, Jason M39	
17 London Sdm	M0 A	2:20.00
1) Stewart, Matt M42	2) Hanham, Alex M46	
3) Gilbert, Nick M60	4) Salmon, Bill M61	
18 Aurora M. Ducks	M0 B	2:22.00
1) Moultray, Jim M58	2) Lindquist, Les M65	
3) Christian, Dan M49	4) Lindquist, Daniel M36	

19 Burlington	M240 C	2:29.00
1) Weber, Peter M57	2) Blackwood, Michael M62	
3) Hache, John M56	4) Richards, David M70	
20 Cambridge Mavs	M0 A	2:29.90
1) Heinbuch, John M59	2) Keffer, Shawn M39	
3) Kenny, Michael M41	4) Streppel, Greg M48	
21 Nepean Masters	M0 A	2:38.00
1) van de Water, Mike M47	2) Thomson, Eric M68	
3) Sodonis, Frank M60	4) Colpitts, Charles M72	
22 Middlesex	M0 A	2:40.00
1) Harback, Jamie M51	2) Mann, Mike M44	
3) MacLeod, Scott M45	4) Russell, Gord M56	
23 ThornhillMasters	M120 B	2:45.00
24 Norseman Masters	M0 A	3:10.00
1) Rohn, Greg M55	2) Brittain, Brian M67	
3) Kotecha, Mitesh M46	4) Simone, Andrew M78	
25 Granite Masters	M0 C	3:29.00
1) Shin, John M50	2) Newton, Lionel M72	
3) Freeman, Blair M52	4) Kennard, Allan M67	
26 Technosport	M0 A	3:40.00
1) Jack, Robert M75	2) Mijal, Vello M70	
3) Barber, Graeme M73	4) Olsen, Michael M74	
27 Trillium Y	M120 A	NT
28 Trillium Y	M120 B	NT
29 Guelph Marlins	M120 A	NT
30 Etobicoke	M120 A	NT
31 Etobicoke	M120 B	NT
32 UofT Mississauga	M160 A	NT
1) Proctor, Greg M57	2) Molina, Rene M47	
3) Sestito, Anthony M37	4) Buck, Christopher M44	

Event 49 Mixed 200 SC Meter Medley Relay

Team	Relay	Seed Time
1 Middlesex	X0 A	2:00.00
1) Ebbs, Timothy M24	2) Esguerra, Esa W22	
3) Xu, Francesco (Hao) M21	4) Mundy, Alyssa W18	
2 Orillia OldPoops	X0 A	2:04.00
1) McKinnon, Peter M52	2) Town, Dave M55	
3) Thompson-Edwards, Meredith W	4) Ley-Glass, Rhonda W42	
3 Granite Masters	X0 C	2:09.09
1) Long, Bryan M31	2) McCabe, Allison W30	
3) van de Water, Melanie W38	4) Goler, Jonathan M36	
4 Oakville Masters	X160 A	2:15.00
1) Tremblay, Sylvie W50	2) Ward, Samantha W51	
3) Velez, Mario M48	4) Le Roux, Paul M38	
5 Granite Masters	X0 A	2:15.09
1) Fleming, Karen W54	2) Vehovec, Henry M58	
3) Osborne, Katie W53	4) Warburton, Sean M48	
6 North York	X0 A	2:17.00
1) Oliver, Michele W59	2) Oliver, Judie W84	
3) Trauber, Ami M77	4) Lenard, John M79	
7 Owen Sound	X0 A	2:20.00
1) Nightingale, Chris M35	2) Blight, Kathy W42	
3) Avery, Mark M42	4) Diemert, Virginia W52	

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## Event 49 ... (Mixed 200 SC Meter Medley Relay)

Team	Relay	Seed Time
8 London Sdm	X0 A	2:20.00
1) Stewart, Matt M42	2) Boyarski, Beverley W37	
3) Hanham, Alex M46	4) Zimmer, Jodie W47	
9 Burlington	X0 B	2:23.00
1) Charlton, Rhiannon W35	2) Ruginis, Suzanne W54	
3) Cawthray, Stewart M44	4) Phillips, Greg M48	
10 Oakville Masters	X200 B	2:23.00
1) van Niekerk, Will M45	2) Lopes, Sonia W60	
3) Parker, Michael M48	4) Navarro, Maria W47	
11 Aurora M. Ducks	X0 A	2:24.00
1) Hildebrant, Katie W25	2) Greenwood, Shelagh W44	
3) Dada, Alejandro M36	4) Christian, Dan M49	
12 Granite Masters	X0 B	2:25.04
1) Archibald, Joanne W24	2) Tory, Nicola W54	
3) Smyth, Mark M41	4) Dennis, Jim M43	
13 Mississauga	X0 A	2:27.15
1) Allen, Michelle W32	2) Clayton, Jacqueline W51	
3) Andrassy, Tomas M49	4) Sheyanov, Marko M24	
14 Cambridge Mavs	X0 A	2:28.90
1) Gregson Pagan, Erin W46	2) McPherson, Stuart M41	
3) McPherson, Erica W35	4) Jenkins, Joe M41	
15 Granite Masters	X0 D	2:29.00
1) Gallagher, Tim M56	2) Lopez-Givens, Alina W44	
3) Weind, Sarah W39	4) Bregman, Michael M62	
16 Nepean Masters	X0 A	2:38.00
1) Hanna, Michaela W52	2) Merritt, Cathy W64	
3) Saw, Ryan M37	4) Sodonis, Frank M60	
17 Burlington	X0 C	2:39.00
1) Blackwood, Michael M62	2) Barker, Janice W41	
3) Bilous, Rochelle W50	4) McCatty, Phillip M32	
18 Aurora M. Ducks	X0 C	2:40.00
1) Iannucci, Judy W60	2) Hardy, Jim M66	
3) Thompson, Dan M60	4) Leung-Hagesteijn, Chungyee W60	
19 Aurora M. Ducks	X0 D	2:40.00
1) Mitchell, Andy M55	2) Oliver, Eric M53	
3) Toffolo, Robyn W47	4) Bennett, Nicole W52	
20 Granite Masters	X0 E	2:41.00
1) Woodcock, Blaine M37	2) Hervey, Holly W39	
3) Grootveld, John M47	4) Black, Catherine W44	
21 Burlington	X0 A	2:46.00
1) Haneberry, Petra W41	2) Speidel, Friedrich M54	
3) Lyon, David M50	4) Belluz, Janet W71	
22 Oakville Masters	X240 C	2:46.00
1) Liepner, Michael M78	2) Agnew, Jennifer W55	
3) Roldan, Alfredo M59	4) MacGregor, Mairi W53	
23 Aurora M. Ducks	X0 B	2:49.00
1) Moultray, Elizabeth W56	2) So, Jack M43	
3) Napast, Albert M53	4) Attia, Ruthann W35	
24 London Sdm	X0 B	3:10.00
1) Spencer, Doug M68	2) Dhanvantari, Savita W51	
3) Gilbert, Nick M60	4) Zimmer, Sue W66	

25 Toroswim	X120 A	3:32.50
1) Chung, Isaac M21	2) Robinson, Gregory M60	
3) Fitzsimmons, Kelly W31	4) Ratel, Marie-Hélène W27	
26 Trillium Y	X120 A	NT
27 Trillium Y	X120 B	NT
28 Guelph Marlins	X120 A	NT
29 Etobicoke	X120 A	NT
30 Etobicoke	X120 B	NT
31 Etobicoke	X120 C	NT
32 UofT Mississauga	X120 A	NT
1) Griffiths, Allison W40	2) Chan Ah Song, Kimberley W22	
3) Wong, Matthew M26	4) Buck, Christopher M44	

## Event 50 Men 800 SC Meter Freestyle

Name	Age	Team	Seed Time
1 Coombs, Colin	26	Etobicoke	9:20.00
2 Milanov, Yavor	28	Ryerson Masters	9:30.00
3 Elf, Jessey	22	Guelph Marlins	9:33.00
4 Rutledge, Mike	46	Granite Masters	9:40.00
5 Carlsen, Glenn	59	Kisu Masters	9:57.21
6 Lacasse-Lamontagne, Marti	43	CF Masters	10:08.00
7 Patrick, Michael	60	Clarington	10:15.00
8 Heinbuch, John	59	Cambridge Mavs	10:29.73
9 Aboud, Mark	60	Granite Masters	10:35.00
10 Brasseur, Jeremy	41	Granite Masters	10:48.19
11 Alderdice, Mike	57	Markham Masters	10:58.00
12 Chisholm, Bill	61	North Toronto	10:59.00
13 Mandel, Michael	47	North Toronto	11:00.00
14 Tolley, Mark	43	Burlington	11:05.00
15 Kindiak, Greg	50	Markham Masters	11:05.42
16 Smith, Jason	39	Burlington	11:10.00
17 Parker, Michael	48	Oakville Masters	11:16.00
18 Watts, Greg	40	CF Masters	11:18.00
19 Wilson, Ben	40	Burlington	11:30.00
20 van de Water, Mike	47	Nepean Masters	11:30.00
21 Cramer, Thomas	46	Trillium Y	11:30.00
22 Stackhouse, Tony	42	Middlesex	11:30.01
23 Kehler, Samuel	27	CF Masters	11:30.59
24 Larose, Martin	37	CF Masters	11:45.00
25 Sinai, David	37	CF Masters	12:20.00
26 Ringler, Warren	40	Etobicoke	12:20.00
27 MacLean, John	60	Trillium Y	12:30.00
28 van der Linden, Wouter	61	Barrie Trojans	12:35.00
29 Bennett, Jacey	41	Nepean Masters	12:48.48
30 Kenny, Michael	41	Cambridge Mavs	13:00.00
31 Lessem, Joel	49	Granite Masters	13:00.00
32 Russell, Gord	56	Middlesex	13:00.00
33 Midmer, Michael	42	North Toronto	13:00.00
34 Armstrong, Scott	49	North York Aqua	13:00.00
35 Wong, Adrian	31	ThornhillMasters	13:00.00
36 McCatty, Phillip	32	Burlington	13:00.00
37 Richards, David	70	Burlington	13:01.43
38 Salmon, Bill	61	London Sdm	13:20.00



MASTERS SWIMMING ONTARIO



ThornhillMastersAquaticClub

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## Event 50 ... (Men 800 SC Meter Freestyle)

Name	Age	Team	Seed Time
39 Trauber, Ami	77	North York	13:30.00
40 Swerhun, Richard	58	UofT Mississauga	13:34.00
41 MacLeod, Scott	45	Middlesex	14:00.00
42 Braaksma, Harry	77	North Toronto	14:21.51
43 Olsen, Michael	74	Technosport	14:30.00
44 Van Velzen, Peter	55	Whitchurch-Stouf	14:30.00
45 Barber, Graeme	73	Technosport	14:35.00
46 Aragon, German	49	ThornhillMasters	14:40.00
47 Thurlbeck, Gregg	58	Alderwood	15:00.00
48 Jenkins, Joe	41	Cambridge Mavs	15:30.00
49 Pardo, Manny	46	Middlesex	16:00.00
50 Alipanah, Shawn	51	ThornhillMasters	20:00.00
51 Kennard, Allan	67	Granite Masters	20:00.50
52 Brown, Nicholas	45	Burlington	21:32.50

35 Kung, Elaine	41	Norseman Masters	15:00.00
36 Pitek, Teresa	54	Norseman Masters	15:00.00
37 Spoel, Cathy	59	Team Atomica	15:30.00
38 Brown, Jackie	60	Markham Masters	15:34.45
39 Andriewsky, Olga	62	Norseman Masters	16:30.00
40 Edwards, Darryl	52	ThornhillMasters	17:00.00
41 Ferlatte, Krista	52	ThornhillMasters	18:00.00
42 McIntosh, Frances	83	Guelph Marlins	18:15.00
43 Hines, Elaine	73	Ontario	19:00.00
44 Rattray, Kathryn	76	Burlington	19:19.84
45 Gunther, Ann	71	Trillium Y	20:00.00
46 Lane, Virginia C.	70	London Sdm	20:14.71
47 Rasmussen, Kalis	92	Etobicoke	23:17.00
48 St Laurent, Ethel	81	Alderwood	35:00.00

## Event 51 Women 800 SC Meter Freestyle

Name	Age	Team	Seed Time
1 Wall, Christina	32	Other	10:00.00
2 Skain, Cate	19	Team Atomica	10:15.00
3 van de Water, Melanie	38	Granite Masters	10:55.00
4 Tapson, Michelle	37	Etobicoke	11:01.16
5 Rollinson, Ayesha	39	Team Atomica	11:10.00
6 Weind, Sarah	39	Granite Masters	11:14.00
7 Rodgers, Lynn	45	Etobicoke	11:25.00
8 de Laet, Marcela	44	Etobicoke	11:27.14
9 Desmarais, Catherine	36	CF Masters	11:30.00
10 Judd, Sandra	40	Burlington	11:35.37
11 Lyons, Kelly	53	North York	11:40.00
12 Bruce, Heather	46	North York Aqua	11:45.00
13 Griffiths, Allison	40	UofT Mississauga	11:50.00
14 Monaco, Sarah	26	ThornhillMasters	11:52.51
15 Archibald, Joanne	24	Granite Masters	12:00.00
16 Cowling, Denyse	44	Burlington	12:25.09
17 Cescon, Kelly	39	Granite Masters	12:42.93
18 Agnew, Jennifer	55	Oakville Masters	12:50.00
19 Toffolo, Robyn	47	Aurora M. Ducks	12:55.00
20 MacGregor, Mairi	53	Oakville Masters	13:15.00
21 Gallagher, Sarah	31	Burlington	13:16.29
22 Zirger, Brigitte	64	Nepean Masters	13:20.00
23 Hanson, Liz	49	Granite Masters	13:30.00
24 Dibben, Alicia	42	Aurora M. Ducks	13:45.00
25 Swerhun, Kathryn	57	UofT Mississauga	13:45.00
26 Salmon, Anneke	60	London Sdm	13:50.00
27 Allen, Michelle	32	Mississauga	14:00.00
28 Roseborough, Austyn	23	Toroswim	14:00.00
29 Chan Ah Song, Kimberley	22	UofT Mississauga	14:00.00
30 Gibson, Jennifer	47	Guelph Marlins	14:24.00
31 Corso, Terri	53	Aurora M. Ducks	14:27.89
32 Mahood, Linda	56	Guelph Marlins	14:30.00
33 Oliveira, Carla	43	Etobicoke	15:00.00
34 Rich, Kristi	30	Middlesex	15:00.00